



Weekly Topic for prayer and meditation, to impact lives.

*Mercredi en Montagne*

AUGUST  
**2022**

IF YOU **LOVE GOD,** PROVE IT  
BY YOUR **OBEDIENCE**

If you love me, keep my commandments.

(John 14:15 NKJV)



Free Distribution

*« Therefore if anyone is in Christ, he is a new creation, the old has gone, the new has come »*

(2 Corinthians 5:17)

**CONTENT:**

- \* One topic of meditation per week
- \* Scripture for daily meditation
- \* Exhortation messages

**FAMILLE  
DE GLOIRE**  
Jean 17:22





**MESSAGE  
OF THE  
LORD FOR  
THE YEAR  
2022**

***Honour God with all your heart***

From **Revelation 4:11** « *You are worthy, O Lord, to receive glory and honour and power, for You created all things, and by your will they exist and were created*» (New King James Version)

The Lord Jesus Christ expresses the need to establish a love relationship with each believer. From Genesis to Revelation, He talks about love and how we should show it to Him: « ***If you love Me, keep my commandments*** » ***John 14:15 (NKJ)***. In other words, if you love me, OBEY my instructions.

**TESTIMONY**

I attended the 'Healing Atmosphere' meeting of the month of June 2022. At the end, one of the leaders prophesied by asking us to hold our phones close to us, and that we would receive significant calls. The next day I received a phone call from my former boss.

Indeed, after the COVID-19, I had lost my job, and it had already been two years that I was unemployed; I am the eldest of a family, and all my younger brothers were counting on me. In the meantime, I had been able to buy a few items to sell to acquaintances, without much result. Following the call of my former boss, he hired me immediately, and what was even more extraordinary was to have found a person who agreed to buy back all the items that remained unsold. Glory to God!

Following this testimony, if you also wish to have a new experience with God, open your heart to Him through this prayer: « ***Lord Jesus Christ, I make a covenant with you today. I open my heart to you and receive you sincerely. Fill me with your love. Amen!*** ». You are now a child of God.

Halleluiah!

Advice: If you are not yet a member of a Christian community, ask the Lord to guide you to one of them to exercise your faith.

Note: *The Bible verses shown are taken from the translations 'New king James Version (NKJV)', 'English Standard Version (ESV)', 'Amplified Bible Classic Edition (AMPC)' and 'New Living Translation (NLT)'*

**Happy year 2022! In perfect serenity!**



August  
2022

## THE VISION

### "Mercredi En Montagne"

*Mercredi en Montagne* is a movement inspired by God for the restoration of lives and families. It operates in prayer cells.

Through this movement, God works to transform a soul so that he can manifest the character of Christ, his life becomes a testimony that promotes the salvation of those close to him (family, neighbour, colleague etc.). Only the Word of God unites all the people who connect to this programme. It welcomes everyone, believer or not, and allows everyone to start or continue serving God in their assembly.

Under the inspiration of the Holy Spirit, edification themes are developed every month in this booklet which is distributed free of charge and the Lord arouses in His people a spirit of consecration and sacrifice for His glory, This is the reason why edification meetings are held every Wednesday afternoon in the different prayer cells (Douala, Yaounde, Bafoussam, Bagangte, Bamendjou, Bangou, Ebolowa, Kribi, Fouban, Bertoua, Tchoutnoun, Baigom, Mbouda, Dschang, also in Canada, and in the Central African Republic).

Spreading the Gospel through the brochures and covering the whole nation remains our challenge. Families, couples, lives are restored; business leaders are won to Christ and impact their businesses. The 'prayer life' ministry was born, prayers are raised at watch times (12am, 2am, 4am, 6am, 8am, 10am, 12pm, 2pm, 4pm, 6pm, 8pm, 10pm) and numerous testimonies of healing, deliverance and life transformations are noted. The Lord has sentries to keep watch. Intense programs multiply throughout the year to create impact. Websites [www.mercredienmontagne.com](http://www.mercredienmontagne.com), [www.ChercheDieu.com](http://www.ChercheDieu.com) and several expansion projects have been launched with the aim of spreading the gospel on the earth. The vision is moving forward in obedience to this divine instruction: **« Enlarge the place of your tent, and let the curtains of your habitations be stretched out; do not hold back; lengthen your cords and strengthen your stakes. For you will spread abroad to the right and to the left, and your offspring will possess the nations and will people the desolate cities» (Isaiah 54: 2-3).**

Glory to God!

## WEDNESDAY PROGRAM

Great prayer union every Wednesday.  
Fasting without food or drink is observed from **00 a.m. to 6 p.m.**

4:30am-5:30am	Morning devotion (Praises, worship, prayer, meditation)
3:00pm-6:00pm	Prayer in cells or individually (cities without cells)
6:30pm-8:00pm	Second meeting (Douala-Ndogbong only)



## DAILY PRAYER CHAIN OPEN TO ALL

### 'PRAYER LIFE'

(The Sentinels)

You, son of God, regardless of your Christian assembly, take at least 5 minutes and join your voice to that of a multitude to raise these prayers where you are (at the market, at home, at the office, in a means of transportation, etc.) at the indicated watch times (12am, 2am, 4am, 6am, 8am, 10am, 12pm, 2pm, 4pm, 6pm, 8pm, 10pm)

This prayer program is inspired by the Holy Spirit and is intended to saturate the spiritual atmosphere of each day by raising up true intercessors for the Heavenly Kingdom.

You can choose one or more hours of watch and thus participate effectively in this chain of prayer. In case of misunderstanding or revelations, please contact us

Our contacts: +237 675 204 082 / 678 660 809

Glory to God who always hears us.



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Hour	PRAYER TOPICS
00 :00 a.m.	<p><b>Pray to break the yokes in the families of MEM and the Church</b></p> <ul style="list-style-type: none"><li>- In the name of Jesus Christ, let's remove every yoke of the enemy that weighs on the families of MEM and on the Church as it is written, <b>«...O My people, who dwell in Zion, do not be afraid of the Assyrian...It shall come to pass in that day that his burden will be taken away from your shoulder, and his yoke from your neck, and the yoke will be destroyed because of the anointing oil» Isaiah 10: 24, 27</b></li><li>- Let's cancel any decree of division, instability and insecurity pronounced against the families of MEM (name them) because <b>« the Son of God came to destroy the works of the devil » 1 John 3: 8b.</b></li></ul>
01 :00 a.m.	<p><b>Pray for the restoration of abused women in the nations</b></p> <ul style="list-style-type: none"><li>- Let's revoke all trauma caused by violence against women so that they may be healed in their hearts and let's pray for the conversion of the perpetrators of these abuses. <b>« Behold, I will bring it health and healing; I will heal them and reveal to them the abundance of peace and truth » Jer 33 :6</b></li><li>- <b>1 John 3: 8b « the Son of God came to destroy the works of the devil ».</b> Let's proclaim the destruction of the works of the devil on women, including sexual abuse, sects, drugs, lesbianism, pedophilia, theft, laziness, etc.</li></ul>
02 :00 a.m.	<p><b>Pray for peace in the world</b></p> <ul style="list-style-type: none"><li>- Let's stop all sources of supply (financial, logistical, human, etc.) for war in the nations of the world (name them) and let's break down any altar erected to maintain wars in the world; <b>« The Lord will break down their altars, He will spoil their images » Hosea 10 : 2</b></li><li>- Let's proclaim the peace of Christ in the world and pray for the restoration of lives and property devastated by war <b>« For the kingdom is the Lord's, and He rules over the nations » Ps 22 : 28</b></li></ul>
03 :00 a.m.	<p><b>Pray for health systems in the nations</b></p> <ul style="list-style-type: none"><li>- <b>Mark 1:34 «...He healed many who were sick with various diseases, and cast out many demons».</b> So let's give thanks to God for the healing of the sick and the demon-possessed; for the medical profession and the people who assist these patients.</li><li>- Let's entrust to the Holy Spirit the health systems in the world, the infrastructures and all the medical personnel (name them) so that the will of God shall be done for the well-being of the sick. <b>Prov 22 : 6</b></li></ul>
04 :00 a.m.	<p><b>Pray for the Church in the world</b></p> <ul style="list-style-type: none"><li>- <b>John 8: 32 « And you shall know the truth, and the truth shall make you free»;</b> let's praise the Lord Jesus who has set us free by revealing to us the truth of His gospel.</li><li>- Let's pray that the Holy Spirit will always grant us the knowledge we need to be truly free from the lies and snares of the enemy because the Lord says : <b>« My people are destroyed for lack of knowledge » Hosea 4: 6</b></li></ul>



05 :00 a.m.	<p><b>Pray for the Ministries in charge of Education in each nation</b></p> <ul style="list-style-type: none"> <li>- Let's give thanks to our Lord for the ministries in charge of education in every nation; let's pray that wisdom and intelligence will be granted to all those involved in education, for an educated and upright people. <b>1 Tim 2 : 2</b></li> <li>- Let's revoke all spirit of laziness, cheating, corruption and distraction which undermines the schools, the students and all educational personnel in the nations. <b>2 Thess 3 : 11-12</b></li> </ul>
06 :00 a.m.	<p><b>Pray for the salvation of the rulers of nations</b></p> <ul style="list-style-type: none"> <li>- <b>John 6: 44 « No one can come to Me unless the Father who sent Me draws him; and I will raise him up at the last day ».</b> Let's implore God our Father for the salvation of the souls of the leaders of each nation.</li> <li>- Let's pray to the Holy Spirit to grant wisdom and understanding to the leaders of each nation so that they will support the Church and lead the nations with justice and uprightness. <b>1 Tim 2 : 1-3</b></li> </ul>
07 :00 a.m.	<p><b>Pray for efficient use of the gifts of the Holy Spirit at MEM and in the Church</b></p> <ul style="list-style-type: none"> <li>- Let's sing and celebrate our Heavenly Father for the reign and dominion of the Holy Spirit over the MEM movement and the Church in Cameroon <b>« For the kingdom is the Lord's, and He rules over the nations » Psalm 22 : 28</b></li> <li>- Let's pray that the Holy Spirit will fill our hearts with an immense thirst for the presence of God within us for a growing manifestation of His gifts at MEM and in the Church in Cameroon. <b>« My soul thirsts for God, for the living God. When shall I come and appear before God? » Psalm 42 : 2</b></li> </ul>
08 :00 a.m.	<p><b>Pray for couples experiencing infertility</b></p> <ul style="list-style-type: none"> <li>- <b>1 Thess 5: 18 « in everything give thanks; for this is the will of God in Christ Jesus for you ».</b> Thus, let's thank God for the couples (list the names) who are currently going through the trials of infertility, for the victory is already won in the name of Jesus Christ.</li> <li>- Let's revoke all decrees of sterility, division, sickness and early death in couples looking for a child in the name of Jesus Christ. <b>Isaiah 54 : 17</b></li> </ul>
09 :00 a.m.	<p><b>Pray for the Ministries in charge of Transport in each nation</b></p> <ul style="list-style-type: none"> <li>- Let's proclaim the dominion of the Holy Spirit over all decrees and decisions made by transportation ministries in every nation for <b>« The name of the Lord is a strong tower; the righteous run to it and are safe » Proverb 18: 10.</b></li> <li>- Let's be grateful for all the means of transport in use in the nations (land, rail, air and sea transport) and let's pray that they will be used for the efficient and safe transport of people and goods. <b>« God is our refuge and strength, a very present help in trouble » Psalm 46: 2.</b></li> </ul>



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10 :00 a.m.	<p><b>Pray for Youth Ministries in Cameroon and in the nations</b></p> <ul style="list-style-type: none"><li>- <b>1 John 4:4 « You are of God, little children, and have overcome them, because He who is in you is greater than he who is in the world ».</b> Let's revoke every spirit of laziness, cheating, corruption, distraction and debauchery that undermines the youth in Cameroon and in the nations. <b>2 Thess 3 : 11-12</b></li><li>- Let's give thanks to our Lord for the ministries in charge of Youth in Cameroon and in the nations, let's pray that wisdom and intelligence will be granted to all those involved in education for an educated and upright people. <b>1 Tim 2 : 2</b></li></ul>
11 :00 a.m.	<p><b>Pray for Christians in cells and/or in prisons in Cameroon and in the nations</b></p> <ul style="list-style-type: none"><li>- Let's sing and celebrate the Lord Jesus who strengthens the faith of the beloved in prison so that they announce the Gospel there with boldness. Indeed, <b>« at midnight Paul and Silas were praying and singing hymns to God, and the prisoners were listening to them... and everyone's chains were loosed » Acts 16: 25-34.</b></li><li>- Let's pray for the improvement of prison conditions and for the impact of the Gospel in prisons in every nation. <b>Acts 16: 25 – 31</b></li></ul>
12 :00 p.m.	<p><b>Pray for the love of Christ in our families</b></p> <ul style="list-style-type: none"><li>- Let's pray for unity within our families, dialogue, truth, forgiveness, reconciliation, fidelity and love in couples and families (name them) and let's proclaim the reign of Christ. <b>1 Cor 3: 11</b></li><li>- Let's pray to the Lord so that the Holy Spirit will fill us with the fear of God and enable us to pray as a family continually as Cornelius and his family did : <b>« a devout man and one who feared God with all his household,...and prayed to God always » Acts 10: 2</b></li></ul>
01 :00 p.m.	<p><b>Pray for abused children in Cameroon and in the nations</b></p> <ul style="list-style-type: none"><li>- Let's pray for the healing and restoration of abused and traumatized children in Cameroon and in the nations <b>« 'For I will restore health to you and heal you of your wounds', says the Lord, 'because they called you an outcast saying: "this is Zion, no one seeks her"' » Jer 30 : 17</b></li><li>- Let's pray for the repentance of those who traumatize and abuse children in Cameroon and in the world because the Lord does not want the death of the sinner but his conversion. <b>Ezekiel 33 : 11</b></li></ul>
02 :00 p.m.	<p><b>Pray for the strengthening of the beloved in the faith in Christ</b></p> <ul style="list-style-type: none"><li>- Let's recommend to the Holy Spirit, the brothers and sisters in Christ who for various reasons have wavered in faith; let's ask the Holy Spirit to strengthen them with the Word of God as Christ did for Apostle Peter in <b>Luke 22: 32 « But I have prayed for you, that your faith should not fail; and when you have returned to Me, strengthen your brethren ».</b></li><li>- Let's pray that the Holy Spirit will expose every lie and trick of Satan that tries Christians in their faith in Jesus Christ. <b>Eph 5 : 11</b></li></ul>





03 :00 p.m.	<p><b>Pray for the proclamation of the Gospel in the nations</b></p> <ul style="list-style-type: none"> <li>- Let's exult with joy for the perseverance of the workers of the Lord's harvest and for the salvation of a multitude of souls in Cameroon. « <b><i>And they continued steadfastly in the apostles' doctrine and fellowship, in the breaking of bread, and in prayers</i></b> » Acts 2: 42.</li> <li>- Let's ask the Holy Spirit to strengthen each worker in the Lord's harvest in times of weakness, trial and temptation because « <b><i>he who endures to the end shall be saved</i></b> » Matthew 24: 13</li> </ul>
04 :00 p.m.	<p><b>Pray for families bound by poverty</b></p> <ul style="list-style-type: none"> <li>- Let's cast down all reasoning of misery, poverty and sterility in the families (list them) because the Lord « <b><i>...sets the poor on high, far from affliction, and makes their families like a flock</i></b> » Ps 107 : 41</li> <li>- Let's cast out all spirit of laziness in the families (name them) and pray to the Lord to put in the hearts of these families members a permanent motivation for the work well done because « <b><i>In all labor there is profit, but idle chatter leads only to poverty</i></b> » Prov 14 : 23</li> </ul>
05 :00 p.m.	<p><b>Pray for those who oppose evangelism in each nation</b></p> <ul style="list-style-type: none"> <li>- Let's bind every demon and every force that veil the Gospel for many and let's destroy all that they use as a veil, for «<b><i>...even if our gospel is veiled, it is veiled to those who are perishing</i></b>» 2 Cor 4: 3.</li> <li>- Let's pray that anyone who opposes the gospel (false pastor, witch doctor, sectarian, atheist, etc.) will meet Jesus Christ and be converted like Saul did. Acts 23 : 6</li> </ul>
06 :00 p.m.	<p><b>Pray for those who have just received Jesus Christ as Lord and Savior</b></p> <ul style="list-style-type: none"> <li>- Let's bless our God for all new born in Christ and proclaim that together we will impact the world as we are the salt of the earth and the light of the world. Matthew 5: 13-16</li> <li>- Let's pray for brothers and sisters new in Christ that by listening to the Word of God, they will renounce carnal desires every day to walk in the Spirit as it is written in Galatians 5: 16 « <b><i>Walk in the Spirit, and you shall not fulfill the lust of the flesh</i></b> »</li> </ul>
07 :00 p.m.	<p><b>Pray for the leadership of the MEM movement and the Church</b></p> <ul style="list-style-type: none"> <li>- Ps 32: 8 « <b><i>I will instruct you and teach you in the way you should go; I will guide you with My eye</i></b> ». Let's bless our God for the revelations and the directives that He gives to the leaders of the MEM movement and the Church.</li> <li>- Let's cancel the attacks and influences of the enemy in the lives of the leaders of the MEM movement and the Church in Cameroon , for « <b><i>No weapon formed against you shall prosper</i></b>» Isaiah 54 : 17</li> </ul>
08 :00 p.m.	<p><b>Pray for the financial prosperity of MEM and of the Church</b></p> <ul style="list-style-type: none"> <li>- Phil 4:19 « <b><i>And my God will provide for all your needs according to his wealth, with glory, in Jesus Christ</i></b> ». Let's pray for the financial prosperity of the MEM movement and the Church in Cameroon so that every need may be met according to the Scripture.</li> <li>- 1 John 3:17 «<b><i>If someone with ample means to live sees his brother in need but closes his heart to him, how can he claim that he loves</i></b></li> </ul>



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**God?»** So let's pray that every Christian, moved by the love of God, shows great financial generosity for the MEM movement and for the Church in Cameroon.

09 :00  
p.m.

#### **Pray for Christians to walk by the Spirit**

- In this day of graces and favors, let's pray for a permanent communion with the Holy Spirit in order to enter into God's plan for us. **Ps 118 : 24**
- **Galatians 5:16 « Walk in the Spirit, and you shall not fulfill the lust of the flesh».** Let's pray for ourselves, for the brothers and sisters in Christ (name them) so that by listening to the Word of God, we renounce fleshly desires every day to walk in communion with the Holy Spirit.

10 :00  
p.m.

#### **Pray for better use of social media by Christians**

- Let's defeat any intention of the enemy hidden behind social networks and stop their negative influence in our life and in Cameroon. **1 Cor 6 : 18**
- Let's proclaim the deliverance of people addicted to social networks (name them) in Cameroon. **Luke 10 :19**

11 :00  
p.m.

#### **Pray for warring nations around the world**

- **Jeremiah 29:7 « And seek the peace of the city where I have caused you to be carried away captive, and pray to the Lord for it; for in its peace you will have peace».** Let's give thanks to God for Cameroon, for the progressive awakening and revival He is bringing about and for the revelations He is giving to His anointed ones (Luke 4:18) with guidance. Let's say thank you to Him because He has already answered us in the name of Jesus Christ.
- Let's pray that Christians around the world will be strengthened and not be confused by the media for Jesus Christ said, **« And you will hear of wars and rumors of wars. See that you are not troubled; for all these things must come to pass, but the end is not yet » Matthew 24 : 6.**



## SUBTHEMES OF THE MONTH

1. **'God desires you to love Him'**  
(Matthew 22:37)
2. **'You must prove your love for God'**  
(Romans 5 :8)
3. **'If you love God, prove it by your obedience'**  
(John 14 :15)
4. **'Your obedience engages the responsibility of God'**  
(Genesis 22:16)

These sub-themes are provided for you to read more carefully while having your Bible close to you. Take notes that will help you to meditate in depth on the message that the Lord will give you personally.

You can join us through the 15 cells in Cameroon and 2 cells abroad (Central Africa and Canada). You can also do it virtually through the live broadcasts on our FaceBook page 'mercredi en montagne' at the indicated times, and the replay on our YouTube page 'mercredi en montagne'. In this way you will be able to commune with brothers and sisters who have the same passion as you: to discover the greatness of the love of our Lord and Saviour Jesus Christ and to be submitted to him.

If you have any questions related to these teachings or outside of them, or if you need prayer, please contact us.

Our contacts: +237 672 901 907 / 697 610 026 /  
678 547 556

Glory to God who works mightily!



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**MESSAGE  
OF THE  
MONTH:  
AUGUST  
2022**

**If you love God, prove it by your obedience**

The Heavenly Father desires to maintain a close love relationship with each of His children. He poured out His love in our hearts to remain in communion with us. So, are we truly aware of this need of the Father to be loved? Are we quick to obey His instructions? He is asking us the question in this month of August « ***If you love Me, keep my commandments » John 14:15 (NKJV).***

**DETAILED  
PROGRAM:**

Wed. 03 August	<ul style="list-style-type: none"><li>✓ Bible study of the week</li><li>✓ Praise – Worship – Intercession – Thanksgiving</li><li>✓ Subtheme 1: '<b>God desires you to love Him</b>' (Matthew 22:37)</li><li>✓ Prayers in groups, testimonies, announcements, etc.</li></ul>
Wed. 10 August	<ul style="list-style-type: none"><li>✓ Bible study of the week</li><li>✓ Praise – Worship</li><li>✓ Intercession – Thanksgiving</li><li>✓ Subtheme 2 : '<b>You must prove your love for God</b>' (Romans 5 :8)</li><li>✓ Prayers in groups, testimonies, announcements, etc.</li></ul>
Wed. 17 August	<ul style="list-style-type: none"><li>✓ Bible study of the week</li><li>✓ Praise – Worship</li><li>✓ Intercession – Thanksgiving</li><li>✓ Subtheme 3 : '<b>If you love God, prove it by your obedience</b>' (John 14:15)</li><li>✓ Prayers in groups, testimonies, announcements, etc.</li></ul>
Wed. 24 August	<ul style="list-style-type: none"><li>✓ Bible study of the week</li><li>✓ Praise – Worship – Intercession – Thanksgiving</li><li>✓ Subtheme 4 : '<b>Your obedience engages the responsibility of God</b>' (Genesis 22 :16)</li><li>✓ Prayers in groups, testimonies, announcements, etc.</li></ul>

**THE + OF  
THE MONTH**

- ∠ Proclamations of August 2022
- ∠ August 2022 Bible reading calendar in one year



SUBTHEME 1

WEDNESDAY 3<sup>RD</sup>  
AUGUST 2022

GOD DESIRES YOU TO LOVE HIM

- Say these prayers as a family: from the 3<sup>rd</sup> to the 9<sup>th</sup> of August
- 1- Father, I desire to love you, pour out your love in my heart and to that of my family
  - 2- Lord, come and sweep away everything that hinders the manifestation of your love in my life and my surroundings.

**Matthew 22 :37 ESV**

**J**esus said to him, *'You shall love the Lord your God with all your heart and with all your soul and with all your mind. This is the great and first commandment'».*

Jesus Christ comes to remind us of the greatest commandment of the Heavenly Father, that is to say, His greatest desire: He asks you to love Him! He wants your whole heart! Pay close attention to the first instructions He gives to Moses: **(Exodus 20: 2-5a NKJV)** *«I am the Lord your God, who brought you out of the land of Egypt, out of the house of bondage. You shall have no other gods before Me. You shall not make for yourself a carved image—any likeness of anything that is in heaven above, or that is in the earth beneath, or that is in the water under the earth; you shall not bow down to them nor serve them »*. He makes it clear that He does not tolerate any rival; He wants you to love Him alone as a superior being.

Whatever you do, know that God the Father only wants your heart. What is the purpose of your daily meditation and worship? Are you attached to the Word? There is no point in taking care of your godly appearance, in multiplying your gifts to the Church in order to please Him. We don't cajole Him; we don't manipulate Him: He is God! He sees everything, especially your heart. That is why He wants you to offer yourself to Him first and your gifts will be pleasing to Him: **(Romans 12:1 NLT)** *«And so, dear brothers and sisters, I plead with you to give your bodies to God because of all he has done for you. Let them be a living and holy sacrifice—the kind he will find acceptable. This is truly the way to worship him »*. Raise this prayer: 'Father, I offer my heart to you and I pray that you are the absolute master of it; the only one who controls my thoughts, desires, emotions and feelings. I love you with all my heart and I devote myself to you totally.



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Loving God is more than a commandment, it is the desire of the Father. Why not return the love He gave you by sacrificing His son so that you may have eternal life? Why not be sensitive to such love? Decide to love Him! **WORSHIP HIM : (John 4 : 23 ESV) « But the hour is coming, and is now here, when the true worshipers will worship the Father in spirit and truth, for the Father is seeking such people to worship Him».** You can see that the Father is looking for worshippers, people who devote themselves to Him, not for what He gives them or what He does for them, but simply for who He is. God loves it when you worship Him, when you decide to honour Him through the small daily gestures and actions you take. He loves it when you publicly confess that you are His child; He loves it when your consecration is motivated by love and not by fear!

Love! Always love. When you speak of love, you are speaking of God because He is love (1 John 4:8). God has poured His love into your heart so that you can show it without any particular effort: **(Romans 5:5b NLT) « For we know how dearly God loves us, because he has given us the Holy Spirit to fill our hearts with his love».** Any other form of manifested love that does not have its essence in Christ is vulnerable, destructive and very often does not result in anything good or lasting. God's love is pure and free from all malice. Beware of diluting God's love by loving your neighbour in a selfish or unhealthy way. Know that the love of your neighbour is the kind of love you have for God: **(1 John 4:20 NKJV) « If someone says, "I love God," and hates his brother, he is a liar; for he who does not love his brother whom he has seen, how can he love God whom he has not seen? ».** In other words, also prove that you love God by loving your neighbour as God wants.

**Receive this  
prayer and  
say 'Amen'!**

*I declare upon your heart and life that God's kind of love should now fill you in Jesus' precious name and that the Holy Spirit should empower you to manifest it fully in Jesus' name. Amen !*

<b>Meditation texts</b>  <u>To be shared :</u> <b>The first Apostles</b> <b>Acts 1-2</b>	Thursday	04/08/22	Matthew 22 : 34-46
	Friday	05/08/22	Exodus 20 : 1-7
	Saturday	06/08/22	Romans 12 : 1-13
	Sunday	07/08/22	Romans 12 : 14-21
	Monday	08/08/22	John 4 : 19-26
	Tuesday	09/08/22	1 John 4 : 12-21



SUBTHEME 2

WEDNESDAY 10<sup>TH</sup>  
AUGUST 2022

YOU MUST PROVE YOUR LOVE  
FOR GOD

Say these prayers as a family: from the 10<sup>th</sup> to the 16<sup>th</sup> August

- 1- Father, thank you for your love poured into my heart through the Holy Spirit, I have the assurance of this love in Jesus' name,
- 2- Lord, grant me the grace to manifest, to perform tangible acts of love,
- 3- Lord, I want to manifest the Fruit of the Spirit.

**Romans 5 :8 NLT**

**B** *But God showed his great love for us by sending Christ to die for us while we were still sinners».*

The Heavenly Father is RESPONSIBLE, He does not want you to doubt His love for you; that is why He pledges to prove it to you. It would be very difficult to convince you of His love if there had not been this tangible proof: the Sacrifice of His Only Son: **(Romans 5 : 10-11 NLT)** « *For since our friendship with God was restored by the death of his Son while we were still his enemies, we will certainly be saved through the life of his Son. So now we can rejoice in our wonderful new relationship with God because our Lord Jesus Christ has made us friends of God*». So, if you love Him, don't just say that He reads your heart, but prove it! The choices you make in life; the places you go; the way you show it; the sacrifices you make; the things you give up to devote yourself to Him; the time you give Him... are all proofs of your love for Him.

You will notice that true love is always accompanied by sacrifice. You will always lose something for the person you love. Ruth sacrificed everything for the love of her mother-in-law Naomi: **(Ruth 1: 16-17a ESV)** « *But Ruth said, "Do not urge me to leave you or to return from following you. For where you go I will go, and where you lodge I will lodge. Your people shall be my people, and your God my God. Where you die I will die, and there will I be buried* ». And the Lord rewarded her greatly! In the same way, you cannot love God without sacrificing your former relationships that led you to evil, your carnal desires, your sleep, etc. What environment did you leave, did you stop drinking alcohol, masturbating? What is the difference between your old life and the new one? Has your angry, jealous, hypocritical character changed? In concrete terms, what proves that you have become



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a Christian? **(Luke 9:23 ESV)** « *And he said to all, "If anyone would come after me, let him deny himself and take up his cross daily and follow me ».* You cannot love God without renouncing your own desires, your own will.

God has proved His love by giving Himself totally to you. He has come into your life through the Holy Spirit who dwells in you (1 Corinthians 6:19). Jesus said: **(John 14: 18 ESV)** « *"I will not leave you as orphans; I will come to you».* He came to build a fusional love! You make no effort to worship Him, to do His will, He in you does ALL. You do not serve Him out of obligation but out of love: **(Romans 5: 5 ESV)** «*...God's love has been poured into our hearts through the Holy Spirit who has been given to us».* You in return, prove your love by giving yourself totally, do not resist Him anymore. Enter into obedience mode and you will see that the Holy Spirit will be free to accomplish God's will in your life. God is with you every day, this is another proof of His love: **(Matthew 28:20b ESV)** «*And behold, I am with you always, to the end of the age».* If you love God, do the same, enjoy His presence in your life by spending time in contemplation, quality time in meditation and prayer. If you love Him, take time for individual spiritual retreat, stop often, away from all noise and talk with Him.

Many people are desperately seeking models for living in Christ. Today, determined and persevering Christians are rare; many end up falling into the traps of life, into the lust of the eyes. If you love God, raise your voice and proclaim: Nothing shall separate me from the love of Christ. Neither anguish, nor famine, nor persecution, nor want, nor plenty, nor hardship, nor life, nor death; nothing shall separate me from the love of God manifested in Christ Jesus.

**Receive this  
prayer**

*I declare on your life that you spend quality time with God and you prove your love for Him in Jesus' name.*

<b>Meditation texts</b>  <u>To be shared :</u> <b>The first Apostles</b> <b>Acts 3-8</b>	Thursday	11/08/22	Romans 5 : 1-11
	Friday	12/08/22	Ruth 1 : 1-14
	Saturday	13/08/22	Ruth 1 : 15-22
	Sunday	14/08/22	Luke 9 : 18-27
	Monday	15/08/22	John 14 : 15-26
	Tuesday	16/08/22	Romans 8 : 31-39





SUBTHEME 3

WEDNESDAY 17<sup>TH</sup>  
AUGUST 2022

IF YOU LOVE GOD, PROVE IT BY  
YOUR OBEDIENCE

Say these prayers as a family: from the 17<sup>th</sup> to the 23<sup>rd</sup> of August:

- 1- Father, remove from my heart and from the hearts of my family members all forms of rebellion in the name of Jesus;
- 2- Lord, I accept and commit myself to be obedient to you. I will testify my love for you wherever I go.

**John 14 :15 NKJV**

**I f you love me, keep my commandments»**

'If you love me, keep my commandments'. In other words, if you love me, do what I say, obey my instructions. Jesus the Christ wants to tell you today that you cannot claim to love Him if you do not obey His instructions! Your love for God must be reflected in your obedience.

The heavenly Father values obedience, He is honoured when His children do His will and He rewards them: **(Deuteronomy 28:1-2 NKJV) « Now it shall come to pass, if you diligently obey the voice of the Lord your God, to observe carefully all His commandments which I command you today, that the Lord your God will set you high above all nations of the earth. And all these blessings shall come upon you and overtake you, because you obey the voice of the Lord your God».** God does not like rebellion **(Deuteronomy 28: 58-59 NLT) « If you refuse to obey all the words of instruction that are written in this book, and if you do not fear the glorious and awesome name of the Lord your God ».** Otherwise, the Lord Himself will send you and your children all kinds of very serious and long-lasting wounds. So raise this prayer of commitment to obey the Lord's instructions out of love and honour for Him: 'Father, I refuse to disobey your instructions. I submit to you and listen to your voice. Give me grace to discern your voice at all times and in all places so that I may obey you promptly.

**(John 14:23 NKJV) « Jesus answered and said to him, "If anyone loves Me, he will keep My word; and My Father will love him, and We will come to him and make Our home with him».** Here is what is clear, your obedience pleases the Father and causes Him to dwell in you in all His fullness to do God's will and protect you. For Jesus Christ, it is so obvious that if you love Him, you will obey Him. Then you will receive the Lord in all His fullness, He will come with the Father to make their home in you:



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The Holy Spirit, the divine authority of this season will fill you: **(Acts 1:8 NKJV) « But you shall receive power when the Holy Spirit has come upon you; and you shall be witnesses to Me in Jerusalem, and in all Judea and Samaria, and to the end of the earth ».** The Holy Spirit is Emmanuel: God with us! He comes with the power to make your Christian life easy if you obey the instructions.

Obedience to God is an act of faith and worship. Obey because you want to honour Him: **(Hebrews 11 :6 NKJV) « But without faith it is impossible to please Him, for he who comes to God must believe that He is, and that He is a rewarder of those who diligently seek Him ».** The Lord will know you love Him when you follow Him without reasoning, just because He has given you an instruction, and you accept it! To obey is to be willing to say 'YES' to the Lord no matter what it takes! It is when you decide to obey that you discover the depth of the mission. God doesn't let you know beforehand, He wants to see if you can trust Him first and that's what makes you pleasing to Him.

Abraham is a man who loved God and was willing to give up everything to do His will. He even agreed to sacrifice his son Isaac, what love! When he was about to sacrifice Isaac, he told his servants that he is going to worship God: **(Genesis 22: 5 NLT) «Stay here with the donkey,” Abraham told the servants. "The boy and I will travel a little farther. We will worship there, and then we will come right back ».** Obedience to God must be an act of worship! So what the Lord asks you to do will be easy because He will come and do it for you. The Holy Spirit is in you to do all things.

**Receive and  
say 'Amen' !**

*I declare on your life that you love God and obey Him faithfully in Jesus' name. Amen !*

Meditation texts	Thursday	18/08/22	Deuteronomy 28 : 1-14
	Friday	19/08/22	Deuteronomy 28: 58-68
	Saturday	20/08/22	Acts 1 : 1-9
	Sunday	21/08/22	Hebrews 11 : 1-10
	Monday	22/08/22	Genesis 22 : 1-10
	Tuesday	23/08/22	Genesis 22 : 11-19
	To be shared : <b>The first Apostles Acts 9-12</b>		



SUBTHEME 4  
**WEDNESDAY 24<sup>TH</sup>**  
**AUGUST 2022**

## **YOUR OBEDIENCE ENGAGES GOD'S RESPONSIBILITY**

Say these prayers as a family: from the 24<sup>th</sup> to 30<sup>th</sup> August :

- 1- Give thanks to God because He is a responsible Father, give thanks for the covenant established with you,
- 2- Pray that my heart will accept to obey the authorities,
- 3- Pray that I will trust God even in the unknown, that I will cast out all forms of unbelief and doubt from my heart.

### **Genesis 22 :16 NKJV**

**A**nd said: "*By Myself I have sworn, says the Lord, because you have done this thing, and have not withheld your son, your only son—blessing I will bless you, and multiplying I will multiply your descendants as the stars of the heaven and as the sand which is on the seashore; and your descendants shall possess the gate of their enemies. In your seed all the nations of the earth shall be blessed, because you have obeyed My voice* ». Abraham's obedience caused God to make a decision under oath! I swear by myself'. Wow! God swore because a man obeyed!

Look at how obedience moves God. You can understand why He looks for men to do His will on earth, but they are rare. Men have inherited Satan's rebellion and so far, many people are unable to accept God's instructions. Rebellion is seen from early childhood, the child refuses to obey his parents. The employee refuses to submit to his superior; the faithful in the congregations despise the instructions of their pastors. This has to change! Look at the life of Abraham, a model of obedience, and begin to destroy all thoughts of disobedience in your mind: Father, I submit my soul and mind to you, I pray that you will destroy in me every root of disobedience, that you will overthrow in me every reasoning and height that stands against your knowledge in my life. I bring my mind captive to the obedience of Christ in Jesus' name.

Just say YES to God when He gives you instruction, you commit Him to His own will. So, if you want to see God at work in your ministry, in your activities, in your home, in your plans, just say to Him as the prophet Isaiah did: (*Isaiah 6:8b NKJV*) «*Here I am, send me*». He understood the hidden mystery of God in obedience. When you agree to obey, you force Him to do



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what He has set up. The one who calls you is faithful, He always takes it upon Himself to do against all odds what He has asked you to do. You just have to trust Him: **(Romans 4:21 NLT) « He was fully convinced that God is able to do whatever he promises »**. He has already prepared ALL that is useful for the mission, just obey and you will see.

Abraham the father of faith also understood this mystery: he told the Lord YES to leave everything and go where God was sending him: **(Genesis 12: 1 NKJV) « Now the Lord had said to Abram: "Get out of your country, from your family and from your father's house, to a land that I will show you" »**. Blessed by God as a result of his obedience and becoming Abraham, he again said YES to God to sacrifice his son Isaac, the son he had been waiting for a long time (25 years), Daddy Abraham said YES to kill him for the love of God : **(Genesis 22 : 2-3 NKJV) « He said, "Take now your son, your only son Isaac, whom you love, and go to the land of Moriah, and offer him there as a burnt offering on one of the mountains of which I shall tell you." So Abraham rose early in the morning and saddled his donkey, and took two of his young men with him, and Isaac his son; and he split the wood for the burnt offering, and arose and went to the place of which God had told him »**. Instead of wasting time thinking, lamenting that Isaac, whom he so desired, was going to die, he chose simply to obey. He didn't go to men for approval; he activated the mystery of obedience: He engaged God in the matter and saw His glory! Pray this prayer: Father, I receive your instructions and I obey by doing them, I refuse to reason, and I activate my blessings by rising promptly to do your will in Jesus' name.

**Receive this  
prayer and  
say 'Amen' !**

*I declare upon your life that all heights that stand against the will of God are falling now. You trust God completely and stand up and obey without hesitation in Jesus' name. Amen !*

<b>Meditation texts</b>  <b>To be shared :</b> <b>The first Apostles</b> <b>Acts 13-16</b>	Thursday	25/08/22	Genesis 12 : 1-9
	Friday	26/08/22	2 Corinthians 10 : 1-9
	Saturday	27/08/22	Jeremiah 1 : 1-10
	Sunday	28/08/22	Isaiah 6 : 1-8
	Monday	29/08/22	Romans 4 : 1-13
	Tuesday	30/08/22	Romans 4 : 14-25

Beloved, use these lines to write down the highlights during the teachings and also your related prayer points

[illegible]



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Handwriting practice lines consisting of multiple sets of three horizontal dashed lines.



Handwriting practice lines consisting of 20 horizontal dashed lines.



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## PROCLAMATIONS AUGUST 2022

« *And Jesus said to him, "Today salvation has come to this house, » (Luke 19:9a NKJV).* Glory to God! Jesus' entry into Zacchaeus' home triggered salvation in his life and he was restored. If Jesus has entered your life as he did with Zacchaeus', proclaim with faith these words of restoration; Jesus is the answer to your prayers.

I praise you Father, for the grace you give me to know the year 2022;

I proudly enter the month of August 2022 with the excellence that the Heavenly Father has reserved for me, and for my entire family;

I am renewed in Christ, regenerated in Him, recreated and reshaped in Him;

I have the DNA of God, son of the Most High, seated at the right hand of the Father, enjoying the divine riches;

Everything in a body that cannot bear the divine presence is consumed by my new identity;

I am no longer influenced by hereditary diseases from my biological family, or by genealogical curses regardless of their origins;

I bear upon myself the marks of Christ; no unclean spirit has dominion over me because he cannot overcome the Spirit who lives in me;

I love God, my love for Him has no equal or rival. My heart is all His;

I refuse to share the throne of my heart with anything else on earth or in heaven, my worship is for Him alone;

I obey His instructions, I submit to His law, I prove my love for Him through my devotion and obedience;

By my love for God, I love my neighbor, no matter his condition; I leave no room in my heart for hatred or wickedness;

In this month of August, I am more than aware of my commitment to my Father and His responsibility in my life;

I do not allow myself to be distracted by the situations of life, or by the enemies of my soul;

I testify of my identity by my actions and my character;

I have the love of God, that love that gives me to be a privileged person in this world, and a conqueror in Christ;

From January to December 2022, I and my household will serve the Lord!

I believe and I say "Amen"!





## BIBLE READING CALENDAR IN ONE YEAR

Beloved, your knowledge and intimacy with God comes through constant reading of the Bible, which is His Word. This calendar is proposed to you with a chronological plan of reading, morning and evening. Tick in front of each text for a better follow-up.

### AUGUST 2022

Date		Old Testament	New Testament
Monday	1	2 Chronicles 13 ; 1 Kings 15 : 1-8	Romans 1 : 1-17
Tuesday	2	2 Chronicles 14-16 ; 1 Kings 15: 9-24	Romans 1 :18 – 2:16
Wednesday	3	1 Kings 15 :25 – 17 :24	Romans 2 :17 – 3 :20
Thursday	4	1 Kings 18 – 19	Romans 3 :21 – 4:25
Friday	5	1 Kings 20 – 21	Romans 5
Saturday	6	1 Kings 22: 1-51 ; 2 Chronicles 17	Romans 6
Sunday	7	2 Chronicles 18 – 20	Romans 7
Monday	8	1 Kings 22: 52-54 ; 2 Kings 1 – 2	Romans 8 : 1-17
Tuesday	9	2 Kings 3 – 5	Romans 8 : 18-39
Wednesday	10	2 Kings 6 :1 – 8:15	Romans 9: 1-29
Thursday	11	2 Kings 8 : 16-29; 2Chr 21:1-22:9;Obadiah	Romans 9:30 – 10:11
Friday	12	2 Kings 9 – 10	Romans 10:12 – 11:10
Saturday	13	2 Chr 22:10 – 23:21 ; 2 Kings 11	Romans 11: 11-36
Sunday	14	2 Chr 24 ; 2 Kings 12	Romans 12
Monday	15	Joel 1 – 3	Romans 13
Tuesday	16	2 Kings 13:1 – 14:22 ; 2 Chronicles 25	Romans 14
Wednesday	17	2 Kings 14 : 23-29 ; Amos 1 – 4	Romans 15 : 1-13
Thursday	18	Amos 5 – 9	Romans 15 : 14-33
Friday	19	Jonah 1 – 4	Romans 16
Saturday	20	Hosea 1 – 3 ; 2 Chr 26; 2 Kings 15:1-7; Is 6	Acts 20 : 16-38
Sunday	21	2 Kings 15 :8-26, 32-38; 2 Chr 27; Is 1	Acts 21 : 1-25
Monday	22	Isaiah 2 – 5	Acts 21:26 – 22:1
Tuesday	23	2Chr 28 ; 2 Kings 16; 15 :27-31 ; Isaiah 7	Acts 22: 2-29
Wednesday	24	Isaiah 8 – 9	Acts 22:30 – 23:10
Thursday	25	Isaiah 10 – 12	Acts 23: 11-35
Friday	26	Micah 1 – 5	Acts 24
Saturday	27	Hosea 4 – 5	Acts 25
Sunday	28	Hosea 6 – 7	Acts 26
Monday	29	Hosea 8 – 10	Acts 27: 1-26
Tuesday	30	Hosea 11 – 12	Acts 27: 27-44
Wednesday	31	Hosea 13 – 14	Acts 28 : 1-15



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## PROGRAM OF 2022 MONTHLY MEETINGS

Date	Activities	Time
28 <sup>th</sup> August 2022	Praise/Sharing/Message + Prayer of the month	2:30 p.m - 6:15 p.m
25 <sup>th</sup> September 2022	Praise/Sharing/Message + Prayer of the month	2:30 p.m - 6:15 p.m
30 <sup>th</sup> October 2022	Praise/Sharing/Message + Prayer of the month	2:30 p.m - 6:15 p.m
27 <sup>th</sup> November 2022	Praise/Sharing/Message + Prayer of the month	2:30 p.m - 6:15 p.m

### ➤ YADAH-YOUTH

#### SPECIAL SEMINAR FOR YOUTH

**THURSDAY 18<sup>TH</sup> TO SATURDAY 20<sup>TH</sup> AUGUST 2022**

**« 9:00AM-6:00PM »**

Info-line : 676 718 955 / 694 709 614

### ➤ ATMOSPHERE OF HEALING

**FRIDAY, AUGUST 05, 2022 « 5:00PM-7:30PM »**

Contact : 694 709 614 / 676 486 520

### ➤ THE MESSENGERS OF THE GOOD NEWS

**SUNDAY, AUGUST 07, 2022 « 3:00PM-6:00PM »**

Douala contact: 672 901 907 / 696 903 639

### ➤ THE YOUTHS OF GLORY

**SUNDAY, AUGUST 14, 2022 « 3:00PM-6:00PM »**

Douala contact : 676 718 955 ; Fouban : 694 143 032

### ➤ MASSIVE EVANGELISM OUTREACH

**SATURDAY, AUGUST 20, 2022**

IN FAMILIES, ALL THE CELLS

### ➤ THE MEN OF GLORY

**SUNDAY, AUGUST 21, 2022 « 3:00PM-6:00PM »**

Douala contact : 696 671 591 / 676 057 832

### ➤ THE CHILDREN OF GLORY

**SATURDAY, AUGUST 27, 2022 « 2:00PM-5:00PM »**

Douala contact : 677 104 052 / 699 066 950

## THE VISION

My beloved, it is a grace and a privilege to be part of a great family of Christ. This family has God as a father and Jesus Christ as first born. The bible says « Yet to all who received him, to those who believed in his name he gave the right to become children of God » (John 1:12).

To maintain a good relationship from father to son, it becomes necessary and even indispensable to take time with God through fasting, prayer and meditation on the word of God.

This is the reason why under the divine inspiration in March 2012, the program called «*Mercredi en Montagne*» was born and brings together people from diverse backgrounds in prayer cells every Wednesday in a spirit of fasting.

## GOALS

- *Constitute prayer cells that welcome people who wish to deepen their relationship with God*
- *Establish a very large chain of national and international prayer every Wednesday.*
- *Impact lives, Restore homes, families, activities.*
- *Win souls to Christ and encourage them to find Christian assemblies for their edification.*

If you desire to join us in this divine mission, these are our contacts:

### **Ndogbong Douala - Cameroon**

Tél: (00237) 697 547 726 / 676 036 054 / 656 670 707

### **Yaoundé - Cameroon**

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### **Bafoussam - Cameroon**

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### **Mbouda - Cameroon**

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### **Bangou - Cameroon**

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### **Ebolowa - Cameroon**

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**If you want to make a donation, contact us on:**  
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