

November 2019

Weekly Topic for prayer and meditation, to impact lives.

Mercredi en Montagne



"Therefore, if anyone is in Christ, the old has gone, the new has come!"
(2 Corinthians 5:17)

Humility: The POWER of leadership in CHRIST

And He sat down and called the twelve [apostles], and He said to them, if anyone desires to be first, he must be last of all, and servant of all.
(Mark 9:35)

CONTENT:

- * One topic of meditation per week
- * Scripture for daily meditation
- * Exhortation messages

**FAMILLE
"GLOIRE"**
Jean 17 : 22

Theme of the year 2019:

Seek God and possess your inheritance! (Matthew 6 :33)

Message of November 2019 :

Humility: The power of leadership in Christ (Mark 9 : 35)

Our Father, the Father of our Lord and Savior Jesus Christ, is the God who raised the movement *Mercredi en Montagne*; He offers you His love for free...

Receive the love of God.

You are big or small, white or black, young or old, woman or man, rich or poor ... you need the love of God.

A so great love, so powerful, an unconditional love, that believes everything, forgives everything, endures everything and wins souls for the kingdom

It is the love of God manifested to men by the sacrifice of Jesus Christ on the cross of Golgotha: **« For God so greatly loved and dearly prized the world that He [even] gave up His only begotten Son, so that whoever believes in Him shall not perish but have eternal life » (John 3 :16).**

Receive the love of God, receive Jesus Christ in your heart. Raise your voice and say this prayer with faith: **« Lord Jesus Christ, I need you, I open my heart to You. I receive You in my life, I receive your love. Thank you for saving me. Amen! ».**

If you have sincerely done this prayer, believe that Christ is in you, the Holy Spirit has visited you, the love of God is in your heart. Get up and manifest it, bear the burden of your brother and serve the Lord with joy.

If you are not yet a member of a local christian community, ask the Lord to guide you to one of them in order to exercise your faith.

Be blessed in the name of Jesus Christ!

Seek God, win souls for the Kingdom of God.

Believe that your year 2019 is excellent in intimacy with Jesus Christ.

Give thanks to God and praise the Lord for what He has prepared for you

Give thanks to God for all His blessings.

HOSANNA...

Note: The biblical verses in this booklet are excerpted from the 'New King James Version (NKJV)' and the 'Amplified Bible Edition (AMP)'.

THE VISION 'MERCREDI EN MONTAGNE'

Mercredi en Montagne is a movement inspired by God for the restoration of lives and families. It works in prayer cells.

Through this movement, God takes a person into darkness, presents Jesus Christ to him, follows him up so he may be transformed and manifest the character of Christ. His life becomes a testimony that favors the salvation of his loved ones (family, neighbor, colleague etc.). Only the Word of God unites all the persons who get connected to this program. All religious practices are not considered there. It welcomes anyone, believer or not, and allows everybody to start or continue serving God in their own church.

Under the inspiration of the Holy Spirit, edification themes are developed every month in a booklet that is multiplied and distributed for free and the Lord raises in his people a spirit of devotion and sacrifice for His glory; it is the reason why the edification meetings are held every Wednesday afternoon in the different prayer cells (Douala, Yaounde, Bafoussam, Bagangte, Bamendjou, Bangou, Ebolowa, Kribi, Garoua, Fouban, Bertoua, Edea, Kouoptamo, Baigon and Longueuil in Canada). Anyone connected to this ministry must fast every Wednesday to fellowship with the group and pray.

To spread the Gospel through the booklets and cover all the nation remains our challenge. Lives, families, couples are restored; business leaders are won over to Christ and impact their activities. Intense prayer programs multiply throughout the year to raise true intercessors. The website www.mercredienmontagne.com as well as an application 'MEM' are available. The vision progresses according to this divine instruction: **« Enlarge the place of your tent, stretch your tent curtains wide, do not hold back; lengthen your cords, strengthen your stakes. For you will spread out to the right and to the left; your descendants will dispossess nations and settle in their desolate cities» (Isaiah 54: 2-3).**

Praise the Lord!

PROGRAMME : EVERY WEDNESDAY

05 A.M – 06 A.M	Morning devotion (Praise, worship, prayer, meditation)
03 P.M – 06 P.M	Prayer in cell or individual

Great union of prayer every Wednesday. Fasting without drinking, nor eating, is observed from **00 a.m to 6 p.m.**

Note: From Monday, prepare yourself in prayer for the fasting.

PROCLAMATIONS FOR NOVEMBER 2019

Every beginning of the month, show faith in God by giving Him many thanks for what He has planned in your life, in the movement *Mercredi en montagne* and in your nation during the month to come. Possess the fruit that God has produced for the month (the blessings) according to ***Revelation 22:2 « Through the middle of the broadway of the city; also, on either side of the river was the tree of life with its twelve varieties of fruit, yielding each month its fresh crop; and the leaves of the tree were for the healing and the restoration of the nations».***

I give thanks to God the Father, who makes me happy in the covenant I made with His Son Jesus Christ. Covenant to which I remain faithful in all its principles. I choose to believe what His Word says for me and I possess all my blessings in this month of November 2019. I believe and I confess with my mouth these words of blessings:

1- Jesus Christ redeemed me by His blood and made me a priest to our God. I reign with Him on the earth, in my family, in my home, in my daily activities, at my workplace, etc. especially this month of November 2019. (Revelation 5: 9-10).

2- In Jesus Christ, I am blessed and especially in this season of expansion, I show fruitfulness, multiplication, expansion, dominion in my professional or commercial activities, in my home, my ministry and in all the projects of my life according to what the Lord said in Genesis 1:28.

3- In this month of November 2019, the sun shall no longer be my light by day, nor for brightness shall the moon give light to me; But the Lord will be to me an everlasting light, and my God my glory (Isaiah 60:19).

4- Thus says the Lord concerning me, 'The Lord has sworn by His right hand and by His mighty arm: *Surely I will no longer give your grain as food for your enemies; And the sons of the foreigner shall not drink your new wine, for which you have labored. But those who have gathered it shall eat it, and praise the Lord; Those who have brought it together shall drink it in My holy courts*' (Isaiah 62: 8-9). Thank you Lord.

5- In this month of November 2019, the Lord performs what He has planned for me, and of many such matters He is mindful (Job 23:14); For He watches over His Word to perform it (Jeremiah 1:12).

6- The grain is ripe, the harvest has come: I reap all the spiritual blessings (the salvation of souls in my family and around me), the material and financial blessings that the Lord has kept for me in this month of November 2019 (Mark 4:29).

PROCLAMATIONS FOR THE MANIFESTATION OF HUMILITY

« Do nothing from factional motives [through selfishness] or prompted by conceit and empty arrogance. Instead, in the true spirit of humility (lowliness of mind) let each regard the others as better than and superior to himself » (Philippians 2:3 AMP). Jesus Christ challenges His people about humility. Indeed, it is a virtue, that is to say, a particular quality that every disciple of Jesus Christ must absolutely show in order to better reveal Him to the world. Work on humility by proclaiming the following words from the Bible and meditating on them:

- 1- I am united to Christ and I live in communion with the Holy Spirit. His love comforts me and causes me to have affection for others and goodness with them (Philippians 2: 2).
- 2- I agree with others, I strive to show the same love to all, to have the same feelings towards all and to look in the same direction (Philippians 2: 2).
- 3- I do nothing through selfish ambition or conceit, but in lowliness of mind I esteem others better than myself (Philippians 2: 3).
- 4- I do not seek my own interest, but I think of the interest of others in my actions (Philippians 2: 4).
- 5- I choose to behave as a true disciple of Jesus Christ, acting like Him at all times and in all circumstances (Philippians 2: 5).
- 6- I renounce everything I have (social, familial, financial, material position, honorific title, power, spiritual gifts, etc.) to become a simple servant (Philippians 2: 7).
- 7- I choose to submit myself to God and to all my superiors, on the professional, family, ecclesial level. I obey divine instructions and I respect every person raised as authority in my life (religious, family, spiritual, professional, etc.) (Philippians 2: 8).
- 8- I accept to serve and not to be served (Mark 9:35)

MESSAGE OF THE MONTH: NOVEMBER 2019

'Humility: the power of leadership in Christ'

By faith, you have certainly possessed many riches on the spiritual plan as well as on the material and social level. The Lord has given you a position of leader. To keep you in this position, knowing that you're first seeking the kingdom of God and His righteousness, you must show humility: « ***If anyone desires to be first, he must be last of all, and servant of all.*** » (Mark 9: 35b AMP). Jesus Christ teaches disciples like you and me, His leadership style which consists in totally humbling oneself to give the Holy Spirit the opportunity to lift you up: « ***For whoever exalts himself will be humbled, and he who humbles himself will be exalted*** » (Luke 14:11 NKJV).

SUBTHEMES OF THE MONTH OF NOVEMBER

Wed. 30 Oct.	God has made you a leader
Wed. 06 Nov.	Humility: the power of leadership in Christ
Wed. 13 Nov.	Practical humility with Jesus Christ
Wed. 20 Nov.	The leader's challenges : bad thoughts

TEACHINGS OF THE MONTH :

Wed. 30 Oct.	Meditation sharing
Wed. 06 Nov.	Turning away from the past : healing from inner wounds
Wed. 13 Nov.	Meditation sharing
Wed. 20 Nov.	Turning away from the past : being no longer influenced

GOOD TO KNOW:

Questionnaire on humility.

'PRAYER LIFE' CALENDAR:

Prayer topics for the month of November 2019.

WEDNESDAY, OCTOBER 30, 2019

'GOD HAS MADE YOU A LEADER '

Jesus Christ is the greatest and most powerful leader of all ages. His ministry on earth lasted barely three and a half years, but He left principles of leadership by demonstrating Himself through His way of life how to manage men from all backgrounds, from all tribes and to make them disciples (disciplined), able to continue His works and perpetuate them from generation to generation. His writings have made the Bible the only reference book for a successful life both spiritually and materially: **« *This Book of the Law shall not depart from your mouth, but you shall meditate in it day and night, that you may observe to do according to all that is written in it. For then you will make your way prosperous, and then you will have good success*» (Joshua 1:8 NKJV).** A good reader of the Bible learns to manage well his life, his ministry, his house, his home, his family, his property, his job, etc. Joshua and Joseph, to name but a few, are practical cases, described in the Bible and who proved by their obedience that the teachings of the Bible are the key to the success of leadership. Jesus Christ, the model par excellence, demonstrated by His humility the power of leadership: **« *But Jesus called them to [Him] and said to them, You know that those who are recognized as governing and are supposed to rule the Gentiles (the nations) lord it over them [ruling with absolute power, holding them in subjection], and their great men exercise authority and dominion over them. But this is not to be so among you; instead, whoever desires to be great among you must be your servant, And whoever wishes to be most important and first in rank among you must be slave of all. For even the Son of Man came not to have service rendered to Him, but to serve, and to give His life as a ransom for (instead of) many* » (Mark 10 :42-45 AMP).**

In fact, God's plan for each of His children is to give him a leading position (Head, king). Each child of God is called to create impact and position himself among the men of his generation as priest or leader : **« *And they sang a new song, saying: You are worthy to take the scroll, and to open its seals; For You were slain, and have redeemed us to God by Your blood out of every tribe and tongue and people and nation, and have made us kings and priests to our God; And we shall reign on the earth*» (Revelation 5 :9-10 NKJV).** The priest is the priest or pastor called to stand before God for many lives that the Lord has placed under His spiritual

responsibility. Therefore, do not underestimate yourself, you are a priest of the Lord, a leader for a number of people whom the Lord has called or will call under your ministry. You do not need a particular title to show leadership; God foresaw that His children would be references, signs which remind men that He exists: **« And the Lord shall make you the head, and not the tail; and you shall be above only, and you shall not be beneath, if you heed the commandments of the Lord your God which I command you this day and are watchful to do them» (Deuteronomy 28:13 AMP).** Whether you are young, old, man, woman, unemployed or worker; you are what God says about you: A leader.

The leader in general is a responsible person, to whom others refer because of his actions and his position. He is a person who makes things happen and who is responsible for the results of those under his direction. Very often, his position as chief, director or boss is the result of his actions. This was the case of Joseph: **« But the Lord was with Joseph, and he [though a slave] was a successful and prosperous man; and he was in the house of his master the Egyptian. And his master saw that the Lord was with him and that the Lord made all that he did to flourish and succeed in his hand. So Joseph pleased [Potiphar] and found favor in his sight, and he served him. And [his master] made him supervisor over his house and he put all that he had in his charge.... And [Potiphar] left all that he had in Joseph's charge and paid no attention to anything he had except the food he ate» (Genesis 39 :2-6 AMP).**

The heavenly Father created you in His image and according to His likeness. Jesus Christ said, **« I am gentle and lowly in heart...» (Matthew 11:29b NKJV).** Work to become so and you will be a good leader.

Prayer:

Father, thank you for making me a leader. In the name of Jesus Christ, I submit to the principles of leadership defined in the Bible. Amen!

Texts for meditation

Thursday	31/10/19	Joshua 1 : 1-11
Friday	01/11/19	Mark 10 : 35-45
Saturday	02/11/19	Revelation 5 : 1-14
Sunday	03/11/19	Deuteronomy 28 : 1-14
Monday	04/11/19	Genesis 39 : 1-9
Tuesday	05/11/19	Matthew 11 : 20-30

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WEDNESDAY, NOVEMBER 06, 2019

'HUMILITY: THE POWER OF LEADERSHIP IN CHRIST '

You are called a leader when you distinguish yourself by your work, your devotion to doing tasks, your strong sense of responsibility, your determination to advance a vision, your ability to bring people together and convince them to participate in your actions. Jesus Christ came to earth with a vision: *'To save all men'*. He worked on carrying out this vision step by step. He made His way and was noticed not because He is the Son of God, but because He was humble and determined to advance, against all adversity, the vision of men's salvation (Healing, deliverance, etc.): ***« Now Jesus loved Martha and her sister and Lazarus. So, when He heard that he was sick, He stayed two more days in the place where He was. Then after this He said to the disciples, Let us go to Judea again. The disciples said to Him, Rabbi, lately the Jews sought to stone You, and are You going there again? » (John 11:5-8 NKJV).***

Jesus Christ succeeded in short time in co-opting twelve people who agreed to make this perilous journey with Him, leaving EVERYTHING to follow Him because He showed them a value that brought Him closer to the ordinary men He met: humility; « Fulfill my joy by being like-minded, having the same love, being of one accord, of one mind. Let nothing be done through selfish ambition or conceit, but in lowliness of mind let each esteem others better than himself. Let each of you look out not only for his own interests, but also for the interests of others» (Philippians 2:2-4 NKJV). Does the value you present in your house, in your company, in your ministry, help to bring you closer to men or to move them away? There are parents who have terrorized their children by presenting rigor as the main value, it's good but it's traumatizing. Rigor without humility becomes dictatorship. Present values like love, humility: you will succeed.

The humble character of Jesus Christ encouraged the disciples to follow Him. He did not come to them with the title of Son of God, but He came as a simple man, extending His hand to them: ***« Let this mind be in you which was also in Christ Jesus, who, being in the form of God, did not consider it robbery to be equal with God, but made Himself of no reputation, taking the form of a bondservant, and coming in the likeness of men. And being found in appearance as a man, He humbled Himself and became obedient to the point of death, even the death of the cross. Therefore God also has***

highly exalted Him and given Him the name which is above every name» (Philippians 2: 5-9 NKJV). Beloved, take the form of a servant in your house, at your workplace, in your ministry. Roll up your sleeves to classify chairs, to clean up with your family. Walk with the brothers in the fields of evangelization; take part in the least rewarding tasks, in a spirit of humility. From time to time, leave your comfort zone and with joy, make yourself available to serve others. If you do it with love and obedience, the Lord will cause the people around you to notice your good works. Jesus Christ took the form of a servant because leadership according to God is to serve and not to be served! He served bread to the disciples several times; He washed their feet: ***« If I then, your Lord and Teacher, have washed your feet, you also ought to wash one another's feet. For I have given you an example, that you should do as I have done to you. Most assuredly, I say to you, a servant is not greater than his master; nor is he who is sent greater than he who sent him. If you know these things, blessed are you if you do them» (John 13:14-17 NKJV).*** All these actions elevated Jesus Christ in the eyes of His disciples, as it is written, ***« ...He who humbles himself will be exalted » (Matthew 23:12b NKJV).*** He won their hearts because generally, men do not lend a hand to you if they don't see your heart. Leadership in Christ is not dominion, it is based on humility; it strengthens love and makes life possible and enjoyable with people around you. God is present in this atmosphere and makes you succeed.

Prayer:

Father, in the name of Jesus Christ, I am ready to live humility by considering the people around me as superior to me. By the Holy Spirit, destroy all substance of pride in me. Amen!

Texts for meditation

Thursday	07/11/19	John 11 : 1-16
Friday	08/11/19	Philippians 2 : 1-11
Saturday	09/11/19	John 13 : 3-17
Sunday	10/11/19	Matthew 23 : 1-12
Monday	11/11/19	1 Timothy 1 : 1-11
Tuesday	12/11/19	1 Timothy 1 : 12-20

NOTES

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WEDNESDAY, NOVEMBER 13, 2019

'PRACTICAL HUMILITY WITH JESUS CHRIST'

The Lord invites you to deal with the matter of humility thoroughly. He has plans for you that remain unfulfilled because of that character that is not yet manifest in you. As a disciple of Jesus Christ, you must totally renounce pride: **«...Yes, all of you be submissive to one another, and be clothed with humility, for God resists the proud, But gives grace to the humble» (1 Peter 5: 5b NKJV).** Practically, here are some lines of how Jesus Christ showed His leadership among men. Inspire yourself with this model that will be useful for the good management of projects and men:

- He showed great humility in submitting to John the Baptist who was inferior to Him. He was baptized by him like the others: **«But John protested strenuously, having in mind to prevent Him, saying, It is I who have need to be baptized by You, and do You come to me? But Jesus replied to him, Permit it just now; for this is the fitting way for [both of] us to fulfill all righteousness [that is, to perform completely whatever is right]. Then he permitted Him» (Matthew 3:14-15a AMP).** Like Jesus Christ, often accept the instructions of someone who is less than you, often listen to a child. Set clear goals for others and let them work; trust them and appreciate their work. They will grow, feel valued and produce better results. Do not discourage them if the results are not good.

- Jesus Christ was surrounded by twelve people, then, many others from all sides. He taught them leadership in Christ, which consists in serving others. He took time to train them (teachings and advice) in gentleness. He communicated to them the vision of the Kingdom: **«But they kept silent, for on the road they had disputed among themselves who would be the greatest. And He sat down, called the twelve, and said to them, "If anyone desires to be first, he shall be last of all and servant of all." Then He took a little child and set him in the midst of them. And when He had taken him in His arms, He said to them, "Whoever receives one of these little children in My name receives Me; and whoever receives Me, receives not Me but Him who sent Me"» (Mark 9 : 34-37 NKJV).** In Christ, you must be able to serve your neighbor, to grant respect and the same attention to all men. Welcome your visitors by giving them the same attention regardless of their social rank. Strive often to know how your colleague's going, your employee, and offer him sometimes your help.

- Jesus Christ was not selfish: He transmitted all power to the disciples. In His name, all things are now possible (healing, deliverance, restoration, etc.). He allowed the disciples after Him to be also glorified in their actions: **« Most assuredly, I say to you, he who believes in Me, the works that I do he will do also; and greater works than these he will do, because I go to My Father» (John 14:12 NKJV)**. What humility! As a christian leader, you must give power (anointing) to your colleagues, your children, your brothers, etc. for them to act effectively. It's more profitable to give them power than to give them orders.

- Jesus Christ incarnated the values He preached (humility, love, forgiveness, etc.). He was the practice of His words; what explains His reaction when Peter sliced the ear of the officer: **« Lord, shall we strike with the sword? And one of them struck the bond servant of the high priest and cut off his ear, the right one. But Jesus said, Permit them to go so far [as to seize Me]. And He touched the little (insignificant) ear and healed him» (Luke 22:49b-51 AMP)**. You must be able to be what you say. Speak to men by your character. For example, the best way to tell them to work is to apply yourself in your job.

- Jesus Christ hid nothing from His disciples. He called them 'friends' to put them at ease and make them more efficient: **« No longer do I call you servants, for a servant does not know what his master is doing; but I have called you friends, for all things that I heard from My Father I have made known to you» (John 15 :15 NKJV)**. When Jesus speaks of friendship, He refers to the consideration He has for them, and how precious they are in His sight. Do likewise with your brothers and sisters in Christ, with your colleagues, your children, your spouse, etc.

Prayer:

Father, in the name of Jesus Christ, I thank you for all the examples of humility you taught me. I submit to your authority. Amen!

Texts for meditation

Thursday	14/11/19	1 Peter 5 : 1-11
Friday	15/11/19	Matthew 3 : 13-17
Saturday	16/11/19	Mark 9 : 30-37
Sunday	17/11/19	John 14 : 1-14
Monday	18/11/19	Luke 22 : 47-53
Tuesday	19/11/19	John 15 : 12-27

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WEDNESDAY, NOVEMBER 20, 2019

“THE LEADER’S CHALLENGES: BAD THOUGHTS”

Humility is the key to the success of leadership in Christ, it keeps you in an attitude of total submission to God. Beloved, you should regularly question yourself, examine yourself to see if you are not disobeying God: **« *Examine yourselves as to see whether you are in the faith. Test yourselves. Do you not know yourselves, that Jesus Christ is in you?* » (2 Corinthians 13:5a NKJV).** You must be able to take time every evening to examine your actions of the day and repent of any harm or wrong decision. It's very important! During personal spiritual retreats too, begin with a time of self-examination. Examining yourself allows you to watch over your thoughts by asking yourself some useful questions: what is the state of my thoughts? What invades my thoughts? Is it the Word of God or my difficulties, accusations, evil, doubt? Bad thoughts are at the origin of the spiritual fall and often lead to pride; that is why Apostle Paul prayed this way: **« *[Inasmuch as we] refute arguments and theories and reasonings and every proud and lofty thing that sets itself up against the [true] knowledge of God; and we lead every thought and purpose away captive into the obedience of Christ (the Messiah, the Anointed One)* » (2 Corinthians 10 :5 AMP).**

In fact, when you keep bad thoughts, you bring forth what they say. If you entertain thoughts of hatred, you will hate; if you harbor thoughts of fear, you will produce fear. If you let the thoughts of theft or cheating dominate you, you will find yourself committing those sins. You must pray to be aware of your state of mind, repent of all evil thoughts and chase them away: **« *Repent therefore of this your wickedness, and pray God if perhaps the thought of your heart may be forgiven you* » (Acts 8:22 NKJV),** Peter recommended this prayer to Simon the magician because his thoughts about the power of God were not clean. One way to say to him: be humble, recognize that you hurt or that you think badly!

To fight against bad thoughts, you must read the Bible, meditate on the Word of God (that is to say, keep it in memory, dwell on it during the day, share with people, proclaim what it says); by so doing, you will saturate your mind with the presence of God and at the same time drive away bad thoughts: **« *Finally, brethren, whatever things are true, whatever***

things are noble, whatever things are just, whatever things are pure, whatever things are lovely, whatever things are of good report, if there is any virtue and if there is anything praiseworthy—meditate on these things» (Philippians 4:8 NKJV). All the virtues listed in this verse are in the Word of God. Yes, all that is pure, honorable, praiseworthy is none other than the Word of God. So you must meditate on it to saturate your thought; that is why it is written, *« Let the word of Christ dwell in you richly in all wisdom, teaching and admonishing one another in psalms and hymns and spiritual songs, singing with grace in your hearts to the Lord» (Colossians 3 :16 NKJV).* In other words, spending time talking about the Word, praising God with hymns, exhorting one another, would avoid bad thoughts and futile discussions. If this work of watching and meditation is not done, pride will be at the rendezvous. Pride puts you in a high position, you have a high opinion of yourself, you take credit for what you have or what you do, despising the grace of God.

Be careful! *« God resists the proud, But gives grace to the humble» (James 4:6b NKJV).* The angel of light is the first proud one that exists: he chose to oppose the Almighty God and his fate is known. If you walk in pride (disobedience to God, high opinion of yourself), you will also provoke the wrath of God: *«He has put down the mighty from their thrones, And exalted the lowly» (Luke 1:52 NKJV).* King Nebuchadnezzar in the book of Daniel (chapter 3) paid for it. You must therefore banish all thoughts of pride. Whenever you give yourself credit for any situation, you are feeding thoughts of pride.

Prayer:

Father, in the name of Jesus Christ, I submit to you, by the Holy Spirit, give me to watch over my thoughts so as not to fall into pride and thus let the devil fulfill his purposes in my life. Amen!

Texts for meditation

Thursday	21/11/19	2 Corinthians 13 : 1-10
Friday	22/11/19	2 Corinthians 10 : 1-11
Saturday	23/11/19	Acts 8 : 14-25
Sunday	24/11/19	Philippians 4 : 1-9
Monday	25/11/19	Colossians 3 : 8-17
Tuesday	26/11/19	Luke 1 : 39-56

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GOOD TO KNOW:**QUESTIONNAIRE ON HUMILITY**

Humility is one of the necessary conditions for the fulfillment of God's plan in our lives. It is therefore important for each of us to deal with this subject seriously. Everyone must analyze their degree of humility through the questionnaire below by ticking 'Yes' or 'No' in the empty boxes. The 'No' answers should be object of prayer topics to share among brethren or to submit directly to the Lord in times of deep repentance and prayers.

N°	Questions	Ans.	
		Y	N
1	Am I totally submissive to God? Obeying Him promptly?		
2	Do I think I have any merit for my salvation?		
3	Am I quick to reply to accusations?		
4	Do I spend more than one day digesting an offense?		
5	Do I control myself when facing difficult situations?		
6	Do I accept the place I am given in ceremonies?		
7	Do I accept critiques?		
8	Am I very wise in my own opinion?		
9	Do I take time to listen to those who speak to me?		
10	When I listen to them, do I have preconceived ideas?		
11	Do I claim compliments?		
12	Do I seek the interest of God in my actions?		
13	Do I also seek the interest of others in my actions?		
14	Do I look for collaboration?		
15	Do I recognize and confess my weaknesses before others?		
16	Do I ask for prayer to change my character?		
17	Do I request help from others?		
18	Do I often wait to see if people are coming to me too?		
19	Do I consider myself superior to my collaborators?		
20	Does the opinion of the weakest (young, subordinate etc.) count?		
21	Do I spontaneously put my talents in the service of God?		
22	Do I make efforts to live at peace with everyone?		
23	Do I promptly apologize to those I have offended?		
24	Do I have respect for the established authorities?		
25	Do I accept my standard of living?		

'PRAYER LIFE' CALENDAR:

This prayer program inspired by the Holy Spirit aims to saturate the spiritual atmosphere of each day by raising true intercessors for the heavenly Kingdom.

You, son of God, no matter your Christian community, you can raise these prayers where you are (in the market, at home, in the office, in a means of transportation) and at these precise times. Through this prayer union, the Lord God will act powerfully (Matthew 18:20).

Hours	Cell	Prayer topics
00 a.m.	DOUALA BAGANGTE BERTOUA	<ul style="list-style-type: none"> ▪ We rise up and oppose all that wants to hinder the knowledge of the Truth and we declare that the veils of Satan's lie fall in the name of Jesus. ▪ We consume by the fire of God all devil's net directed towards our life, that of our family and this nation in the name of Jesus Christ. ▪ We break every sacred calabash in which our destiny, that of our families and of this nation are held captive in the name of Jesus Christ. ▪ We threaten Satan and we make his plans against our lives, the church and this nation null and void in the name of Jesus Christ. ▪ We break the influence of evil sects, secret meetings and satanic deviances in this nation in the name of Jesus Christ and we cancel their decrees of death or of failure.
03 a.m.	DIASPORA DOUALA FOUMBAN	<ul style="list-style-type: none"> ▪ Everything the enemy has raised higher in our lives, our family and our nation is lowered in the name of Jesus Christ. ▪ We rise up against all craftiness and lust of Satan in the name of Jesus Christ (1 Peter 2:11). ▪ We anticipate the dawn and we get ready as sons of God, heirs and beneficiaries of the divine promises in Jesus Christ. ▪ We proclaim a new beginning, resurrection for all who were slain in the name of Jesus Christ.
06 a.m.	NKOUOPTAMO YAOUNDE BAMENDJOU DOUALA	<ul style="list-style-type: none"> ▪ Father, we give you thanks because you have qualified us to be partakers of the inheritance of the saints (Colossians 1:12). ▪ Father, we give you thanks because you have delivered us from the power of darkness and conveyed us into the kingdom of the Son of Your love.

		<ul style="list-style-type: none"> ▪ Lord God, allow each intercessor to sanctify himself every day by your Word, thus, to sanctify houses, families and the whole nation. ▪ We give thanks to God for the day, we open and possess the gates of this day in the name of Jesus Christ
09 a.m.	BAIGON FOUMBAN DOUALA	<ul style="list-style-type: none"> ▪ Father, flood your people with your love, let our hearts be saturated with your presence. ▪ Lord, all your people need you in all their enterprises; act powerfully and show your greatness. ▪ Lord, allow each christian to keep your Word in his heart and mind, and above all to put it into practice. ▪ We proclaim the clear superiority of the sons of God in the society and good testimony by their commitment in the name of Jesus Christ.
12 a.m.	TCHOUTNOUN MBOUDA YAOUNDE DOUALA	<ul style="list-style-type: none"> ▪ We banish the work of the flesh in the Body of Christ and we declare that the Holy Spirit reigns as master. ▪ We and all of ours stand under the wings of God and we declare that nothing reaches us (diseases, poverty, failure, etc.) in the name of Jesus Christ. ▪ We neutralize any devilish attack on our life, our family, the movement <i>Mercredi en montagne</i>, the church and the nation in the name of Jesus Christ. ▪ We break with the blood of Jesus any umbilical cord that holds the nation in impious roots and satanic deities in the name of Jesus Christ.
03 p.m.	FOUMBAN BANGOU DOUALA	<ul style="list-style-type: none"> ▪ We pray that the Lord of the harvest send out His people to those who do not know Him, to leaders, leaders of the society and that they may turn to Him. ▪ Lord, saturate our hearts with compassion and love for those outside so that evangelization may be our daily life: Evangelization in deeds and words. ▪ We receive and show our dominion, our superiority, and our victory over every satanic oppressor in the name of Jesus Christ. ▪ We proclaim the glory of God on our life, our family, the church and the entire nation in the name of Jesus Christ
06 p.m.	BERTOUA BAFOUSSAM DOUALA	<ul style="list-style-type: none"> ▪ We pray for the manifestation of spiritual gifts and talents in the church of God for common edification and for the full equipping of the saints. ▪ We pray for the spiritual revival, the expansion of Christian ministry in this nation so that the people

		<p>become intimate with God.</p> <ul style="list-style-type: none"> ▪ We break all obstacles and barriers to the prayer of the sons of God in the name of Jesus Christ. ▪ We proclaim that God's blessing follows the people of God on the path of intimacy with God.
09 p.m.	DOUALA EBOLOWA KRIBI	<ul style="list-style-type: none"> ▪ God, give your children to shine like light bulbs in this world that is getting darker from day to day. Prepare them never to be corrupted by some kind of deviance. ▪ We remove the pestilence and the devourer away from our business, our plans and our destiny in the name of Jesus Christ. ▪ We break the hand of satan who wants to hold back our spiritual and material riches in the name of Jesus Christ. ▪ Lord, strengthen each of your children so that the next day may be an even more victorious day, full of growth, maturity, revelation, glory and power in the name of Jesus Christ. ▪ We refuse any form of discouragement and demotivation in the name of Jesus Christ. ▪ Thank you for this fabulous day, and see you tomorrow Lord!

NB:

— Each cell must make sure that all sentinels are at their posts.
 — If you are not a member of the movement and wish to be part of this prayer life, contact us at the following Whatsapp numbers: 672 901 907/675 204 082
 — If during your prayers you receive divine revelations in relation to all these topics, note them and contact us so that together we may present them to God.

[illegible]

ONE YEAR BIBLE READING CALENDAR

OCTOBER 2019

Tuesday	1	Ephesians 4	Isaiah 11,12,13
Wed.	2	Ephesians 5 : 1-14	Isaiah 14,15,16
Thursday	3	Ephesians 5:15-33	Isaiah 17,18,19
Friday	4	Ephesians 6	Isaiah 20,21,22
Saturday	5	Philippians 1	Isaiah 23,24,25
Sunday	6	Philippians 2	Isaiah 26,27
Monday	7	Philippians 3	Isaiah 28,29
Tuesday	8	Philippians 4	Isaiah 30,31
Wed.	9	Colossians 1	Isaiah 32,33
Thursday	10	Colossians 2	Isaiah 34,35,36
Friday	11	Colossians 3	Isaiah 37,38
Saturday	12	Colossians 4	Isaiah 39,40
Sunday	13	1Thessalonians 1	Isaiah 41,42
Monday	14	1 Thessalonians 2	Isaiah 43,44
Tuesday	15	1 Thessalonians 3	Isaiah 45,46
Wed.	16	1 Thessalonians 4	Isaiah 47,48, 49
Thursday	17	1 Thessalonians 5	Isaiah 50,51,52
Friday	18	2 Thessalonians 1	Isaiah 53,54,55
Saturday	19	2 Thessalonians 2	Isaiah 56,57,58
Sunday	20	2 Thessalonians 3	Isaiah 59,60, 61
Monday	21	1Timothy 1	Isaiah 62,63, 64
Tuesday	22	1 Timothy 2	Isaiah 65 ,66
Wed.	23	1 Timothy 3	Jeremiah 1,2
Thursday	24	1 Timothy 4	Jeremiah 3,4,5
Friday	25	1 Timothy 5	Jeremiah 6,7,8
Saturday	26	1 Timothy 6	Jeremiah 9,10,11
Sunday	27	2 Timothy 1	Jeremiah 12,13,14
Monday	28	2 Timothy 2	Jeremiah 15,16,17
Tuesday	29	2 Timothy 3	Jeremiah 18, 19
Wed.	30	2 Timothy 4	Jeremiah 20,21
Thursday	31	Titus 1	Jeremiah 22,23

NOVEMBER 2019

Friday	1	Titus 2	Jeremiah 24,25,26
Saturday	2	Titus 3	Jeremiah 27,28,29
Sunday	3	Philemon	Jeremiah 30, 31
Monday	4	Hebrews 1	Jeremiah 32, 33
Tuesday	5	Hebrews 2	Jeremiah 34, 35,36
Wed.	6	Hebrews 3	Jeremiah 37, 38,39
Thursday	7	Hebrews 4	Jeremiah 40, 41,42
Friday	8	Hebrews 5	Jeremiah 43, 44,45
Saturday	9	Hebrews 6	Jeremiah 46, 47
Sunday	10	Hebrews 7	Jeremiah 48, 49
Monday	11	Hebrews 8	Jeremiah 50
Tuesday	12	Hebrews 9	Jeremiah 51, 52
Wed.	13	Hebrews 10:1-18	Lamentations 1,2
Thursday	14	Hebrews 10:19-39	Lamentations 3, 4, 5
Friday	15	Hebrews 11:1-19	Ezekiel 1, 2
Saturday	16	Hebrews 11:20-40	Ezekiel 3,4
Sunday	17	Hebrews 12	Ezekiel 5,6,7
Monday	18	Hebrews 13	Ezekiel 8, 9, 10
Tuesday	19	James 1	Ezekiel 11,12,13
Wed.	20	James 2	Ezekiel 14, 15
Thursday	21	James 3	Ezekiel 16, 17
Friday	22	James 4	Ezekiel 18, 19
Saturday	23	James 5	Ezekiel 20, 21
Sunday	24	1 Peter 1	Ezekiel 22, 23
Monday	25	1 Peter 2	Ezekiel 24, 25,26
Tuesday	26	1 Peter 3	Ezekiel 27, 28,29
Wed.	27	1 Peter 4	Ezekiel 30, 31,32
Thursday	28	1 Peter 5	Ezekiel 33, 34
Friday	29	2 Peter 1	Ezekiel 35, 36
Saturday	30	2 Peter 2	Ezekiel 37, 38,39

PROGRAMME FOR MONTHLY MEETINGS 2019

Date	Activity	Period
27 October 2019	Praise/Sharing/Message + Monthly Prayer	2:30 p.m. - 6:00 p.m.
24 November 2019	Praise/Sharing/Message + Monthly Prayer	2:30 p.m. - 6:00 p.m.
29 December 2019	Thanksgiving	1:30 p.m. - 6:30 p.m.

➤ **YOUTHS OF GLORY WILL MEET ON
SUNDAY, NOVEMBER 10, 2019**

« 3:00p.m. -6:00p.m. »

Douala contact: 676 718 955 / 676 029 307

Foumban: 694 143 032 / Bagangte: 681 986 612

➤ **MEN OF GLORY WILL MEET ON
SUNDAY, NOVEMBER 17, 2019**

« 4:00 p.m. - 6:30 p.m. »

Douala contact: 694 751 673 / 676 270 560

Foumban : 694 143 032

➤ **MONTHLY EVANGELIZATION DAY
SATURDAY, NOVEMBER 16, 2019**

In all the cells – « 9:00 a.m.-12:00 a.m.

THE VISION

My beloved, it is a grace and a privilege to be part of a great family of Christ. This family has God as a father and Jesus Christ as first born. The bible says
« Yet to all who received him, to those who believed in his name he gave the right to become children of God » (John 1:12).

To maintain a good relationship from father to son, it becomes necessary and even indispensable to take time with God through fasting, prayer and meditation on the word of God.

This is the reason why under the divine inspiration in March 2012, the program called « *Harvest in Montagne* » was born and brings together people from diverse backgrounds in prayer cells every Wednesday in a spirit of fasting.

GOALS

- *Constitute prayer cells that welcome people who wish to deepen their relationship with God*
- *Establish a very large chain of national and international prayer every Wednesday.*
- *Impact lives, Restore homes, families, activities.*
- *Win souls to Christ and encourage them to find Christian assemblies for their edification.*

If you desire to join us in this divine mission, these are our contact:

Douala - Cameroon

Tél : (00237) 672 901 907 / 656 670 707 / 676 036 054

Yaoundé - Cameroon

Tél : (00237) 693 873 582 / 679 559 959 / 697 840 404

Banganté - Cameroon

Tél : (00237) 681 986 612 / 679 270 939

Bafoussam - Cameroon

Tél : (00237) 699 840 453 / 693 681 814 / 699 822 800

Bangou - Cameroon

Tél : (00237) 677 388 740 / 674 972 728

Ebolowa - Cameroon

Tél : (00237) 677 445 362

Foumban - Cameroon

Tél : (00237) 699 816 746 / 677 478 335

Baham - Cameroon

Tél : (00237) 673 323 871

Site Web: www.mercredienmontagne.com

Mail: Mercredienmontagne@yahoo.fr

Balgom - Cameroon

Tél : (00237) 699 698 862

Foumbot - Cameroon

Tél : (00237) 696 671 433

Kouoptamo - Cameroon

Tél : (00237) 694 673 821 / 660 628 532

Bertoua - Cameroon

Tél : (00237) 697 087 823 / 699 733 434

Bamendjou - Cameroon

Tél : (00237) 679 799 522

Kribi - Cameroon

Tél : (00237) 691 194 724 / 675 204 411

Nkongsamba - Cameroon

Tél : (00237) 6 74 366 188

Canada

Tél : (00237) 438 7 / 514 400 04 17

If you want to donate, contact us at:

676 270 560 / 694 751 673 / 676 036 054