

FEBRUARY

2020

Weekly Topic for prayer and meditation, to impact lives.

Mercredi en Montagne

*Therefore if anyone is in Christ the new creation, the old has gone, the new has come.
(2 Corinthians 5:17)*



GET READY
for the return
of the
LORD !

« Let us be glad and rejoice and give him glory, for the marriage of the lamb has come, and his wife has made herself ready... Blessed are those who are called to the marriage supper of the lamb! »

(Revelation 19:7-9)

CONTENT:

- One topic of meditation per week
- Scripture for daily meditation
- Exhortation messages

**FAMILLE
"GLOIRE"**

Jean 17 : 22

Message of the Lord: What if Jesus Christ comes back today?

From **John 14 :3** « *And if I go and make ready a place for you, I will come back again and will take you to Myself, that where I am you may be also* » (*Amplified Bible*)

Jesus Christ told you in John 14: 3 that He will prepare a place for you and that He will come back to take you.

For this month of February, He tells you: **Get ready for the return of the Lord.** It is an imminent event (*Matthew 25:13*). Know that God loves you.

Testimony:

Through this brochure, a great revival has entered my home. My mother who was discouraged by trials was like a spiritual retiree, but she discovered this book and since then a new flame is in her. She prays and fasts, it's glorious. The second person is my elder sister: she had completely backslidden. She no longer wanted to hear about faith, to the point where she returned to the world. I spoke, prayed, but nothing changed. She lives at Ndogbong and one day a woman gave her this brochure and she too started a life of prayer and fasting although she is breastfeeding. The Lord has done a work of perfect restoration in her. Since then, she has been doing 30-day programs, praying and believing in a new story. I used to pray alone, I felt like I was fighting alone; today I am happy to see my sister on the right way. When they said to me: '*We need to fast together on Wednesdays, it's all over the territory! You must have the booklet of November*', I asked her the name of the group, she said '*Mercredi en montagne*'. '*I said wow, do you remember the brother who always calls us to sing? It's his group*'. They're telling me they want to join the movement. It was a burden in my heart. I used to go to church alone in the morning while my mom was out for her business. She wanted to hear nothing but to sell. Today She is restored. Glory to God!

Following this testimony, if you also wish to live a new experience with God, open your heart to Him with this prayer: « **Lord Jesus Christ, I make a covenant with you today. I open my heart to you and sincerely receive you. Fill me with your love. Amen!** ». You are therefore a child of God. Hallelujah!

A word of advice: If you are not yet a member of a Christian community, ask the Lord to guide you to one of them in order to exercise your faith.

Note: The biblical verses present in this manual are taken from the following translations: '*New King James Version (NKJV)*', '*Amplified Bible Classic Edition (AMPC)*'

Year of total consecration to God, Year of souls winning, Year of abundance (Psalm 37:4)... Happy year 2020!

THE VISION 'MERCREDI EN MONTAGNE'

Mercredi en Montagne is a movement inspired by God for the restoration of lives and families. It works in prayer cells.

Through this movement, God works to transform a soul so he may manifest the character of Christ; his life becomes a testimony that favors the salvation of his loved ones (family, neighbor, colleague etc.). Only the Word of God unites all the persons who get connected to this program. It welcomes anyone, believer or not, and allows everybody to start or continue serving God in their own church.

Under the inspiration of the Holy Spirit, edification themes are developed every month in this booklet that is distributed for free and the Lord raises in His people a spirit of devotion and sacrifice for His glory; it is the reason why edification meetings are held every Wednesday afternoon in the different prayer cells (Douala, Yaounde, Bafoussam, Bagangte, Bamendjou, Bangou, Ebolowa, Kribi, Fouban, Bertoua, Kouoptamo, Tchoutnoun, Baïgon, Mbouda, Dschang, as well as in Canada and in the Central African Republic).

To spread the Gospel through the booklets and cover all the nation remains our challenge. Families, lives, couples are restored; business leaders are won over to Christ and impact their activities. The ministry '*prayer life*' is born: prayers are raised at waking hours (00 a.m., 3 a.m., 6 a.m., 9 a.m., 12 a.m., 3 p.m., 6 p.m., 9 p.m.) and many testimonies of healing, deliverance and life transformations are noted. The Lord prepares sentinels to watch. Intense programs multiply throughout the year to create impact. The websites www.mercredienmontagne.com, www.ChercheDieu.com and several expansion projects have been launched with the aim of spreading the gospel on the earth. The vision progresses according to this divine instruction: « ***Enlarge the place of your tent, stretch your tent curtains wide, do not hold back; lengthen your cords, strengthen your stakes. For you will spread out to the right and to the left; your descendants will dispossess nations...*** » (Isaiah 54: 2-3).

Praise the Lord!

PROGRAMME : EVERY WEDNESDAY

05 a.m – 06 a.m	Morning devotion (Praises, worship, prayer, meditation)
03:30p.m–06 p.m	Meetings in cells or individually

Great union of prayer every Wednesday. Fasting without drink or food is observed from **00 a.m to 6 p.m.**

Note: From Monday, prepare yourself in prayer for fasting.

PROCLAMATIONS YEAR 2020

« *Death and life are in the power of the tongue, and those who love it will eat its fruit* » (Proverbs 18:21 NKJV). The Lord accomplished everything with the Word and He gave you the power through your mouth to proclaim blessings and see glorious destinies fulfilled. Proclaim with faith the following words inspired by the Holy Spirit and give thanks to God who will certainly accomplish them each in His time (Mark 11:24).

- 1- I believe in the work of Christ on the cross: When He died, my old man died, when He was raised from the dead, my divine nature was raised with Him. All the curses that were weighing on me and on my offspring have been removed. We are now blessed (Romans 6: 4-6).
- 2- In this year, in this season, I accomplish what the Lord created me for. My family, my offspring, the body of Christ, the movement '*Mercredi en montagne*', each for their part, accomplishes what God created them for, in the name of Jesus Christ (Ephesians 2:10).
- 3- I take possession of any place where I find myself according to the Lord's recommendation in Joshua 1 verse 3 and I bring the presence of God everywhere (name the places). His glory is shown by signs and miracles, for He is with me (Matthew 28: 20b).
- 4- In this season, I live total restoration and the Lord replaces in my life the years that the great army of locusts had eaten in the name of Jesus Christ (Joel 2:25). I proclaim the physical restoration of the movement '*Mercredi en montagne*', of each of my brethren in the faith.
- 5- In the name of Jesus, I declare that no one will stand before me. Any opposition to my destiny and to that of my brothers in Christ bows its knees at the mention of the name of Jesus (Joshua 1: 5).
- 6- I hold the Word of God in my heart so that I might not sin against Him (Psalm 119: 11). I adorn myself with good works in order to joyfully await the return of Jesus Christ and I refuse all kinds of distraction (Revelation 19: 7-8). I stay awake, I keep my zeal and my flame does not go out, in the name of Jesus.
- 7- For this year 2020:
 God's favor is with me every day, 24 hours a day
 I live a year of spiritual power, glory, abundance, victory and I overcome all conflict situations of my life
 I show the character of Christ and I keep Him lifted upon my life.
 I manifest divine health and I serve the Lord with total devotion.
 I bless my family and all those around me. AMEN! PRAISE TO GOD!

'PRAYER LIFE' - THE SENTINELS

You, son of God, no matter your Christian assembly, take at least 5 minutes and join your voice to that of a multitude to raise these prayers where you are (in the market, at home, in the office, in a means of transportation, etc.) at the indicated waking hours (00 a.m., 3 a.m., 6 a.m., 9 a.m., 12 a.m., 3 p.m., 6 p.m., 9 p.m.). This prayer program is inspired by the Holy Spirit and aims to saturate the spiritual atmosphere of each day by raising true intercessors for the Heavenly Kingdom.

Hours	Prayer topics
00 a.m	<ul style="list-style-type: none"> - « <i>Bless the LORD, all you servants of the LORD, who by night stand in the house of the LORD!</i> » <i>Ps 134:1</i>. Let us remember the benefits of the Lord and bless Him. - « <i>But grow in the grace and knowledge of our Lord and Savior Jesus Christ</i> » <i>2 Peter 3:18a</i>. So let us pray for our growth, that of the movement 'Mercredi en montagne' and that of the Church of Christ in Cameroon - Let us fail every demonic project and cancel all satanic influence in our lives, in our families and in the Movement 'Mercredi en montagne'. <i>Isaiah 54:17</i> - « <i>Every tongue which rises against you in judgment you shall condemn...</i> » <i>Isaiah 54:17</i>. Let's intercede for all couples in trouble (mention them) and cancel every decree of Satan (division, divorce, infertility, poverty, etc.) on them.
03 a.m	<ul style="list-style-type: none"> - Let us rise, dance and praise the Lord for all His blessings and His righteousness in our lives, in the movement 'Mercredi en montagne' and in Cameroon. <i>Ps 119: 62</i> «<i>At midnight I will rise to give thanks to You, Because of Your righteous judgments</i>» - «<i>Samuel cried out to the Lord all night</i>» (<i>1 Sam 15:11</i>). Let us cry out to the Lord that He arouses in Cameroon an extraordinary revival in His Church for the salvation of a great multitude according to what is written: «<i>...Awake, you who sleep, Arise from the dead, And Christ will give you light</i>» <i>Ephesians 5:14</i> - <i>Hosea 10:2</i> «<i>The Lord will break down their altars; He will ruin their sacred pillars</i>». By the authority that Christ gave us in His name, let us topple every altar and statue erected by demons to harm the children of God in Cameroon. - Let's proclaim the reign of God in all the families of the movement 'Mercredi en montagne', in schools, and in hospitals. <i>Mt. 6:10</i> «<i>your kingdom come...</i> »

06 a.m	<ul style="list-style-type: none"> - Let us rejoice in thanksgiving, for <i>"this is the day the Lord has made: we will rejoice and be glad in it"</i> Psalm 118: 24 - Get up like Jacob (Gen 32:24) and firmly proclaim the fulfillment of God's promises in your life, in your family, in the movement 'Mercredi en montagne' and in Cameroon. 2 Cor 1: 20 - According to Ps 47:8, let us proclaim the reign of God in hospitals, schools, enterprises, prisons and that these places become places of conversion for all who are found there. - Let's pray for the salvation, protection, blessing and consecration of our families (parents, spouses, children, etc.) to the Lord Jesus Christ; indeed, <i>"As for me and my house, we will serve the Lord."</i> Joshua 24:15 - Let's pray for the restoration of Cameroon's material and spiritual possessions and declare that they are fairly managed for the happiness of the people. Amos 9:14 - (<i>Psalm 143: 8</i>) « <i>In the morning, ... show me the way in which I should walk ...</i> » then, let us pray that the Holy Spirit take control and reveal to us the way to follow as well as to the leaders of the movement 'Mercredi en montagne', to heads of families, to christian and political leaders of Cameroon.
09 a.m	<ul style="list-style-type: none"> - Let's bless God our Father for the growth and participation of each member of the movement 'Mercredi en montagne' (list the names) in the work He is doing. Ps 107: 8 - Pray for unity and love in the Body of Christ to strengthen and encourage the beloved who have backslidden in faith (Matt 5: 43-48) - Let's pray that the Holy Spirit raise within the movement 'Mercredi en montagne', people filled with the Holy Spirit and with power for the salvation of the souls of a great multitude. 1 Cor 12: 28 - <i>"As for me and my house, we will serve the Lord"</i> Joshua 24:15. <p>Pray for reconciliation, spiritual and material restoration in our families and in Cameroon.</p> <ul style="list-style-type: none"> - <i>Ps 128: 2 "For you shall eat the fruit of the labor of your hands; happy shall you be, and it shall be well with you".</i> At this word, let's proclaim that our goods belong to us and nothing shall prevent us from enjoying them in the courts of the Lord.
12 a.m	<ul style="list-style-type: none"> - Let's give thanks to God for the authority He gave us in Jesus

	<p>Christ to walk in victory. Luke 10:19</p> <ul style="list-style-type: none"> - <i>"Heal me, O Lord, and I shall be healed" Jeremier17: 14.</i> So, let's pray for the sick (mention the names of the sick) and proclaim the kingdom of God in Hospitals, Schools, Companies, Prisons and that these places become places of conversion for all who are found there. Ps 47: 8 - Let's destroy all demonic altar erected in public places in Cameroon (crossroads, hospitals, markets, schools, etc.) and bind the strong men who are there in the name of Jesus Christ. Hosea 10: 2 - <i>Ps 55: 17 "Evening and morning and at noon will I utter my complaint and moan and sigh, and He will hear my voice";</i> Yes, let's moan before God this evening about Cameroon so that the Peace of Christ and the Righteousness of God reign there (particularly in zones of conflict). - <i>"And they were all filled with the Holy Spirit and began to speak with other tongues ..."</i> Acts 2: 4. Let's pray the Father to fill with the Holy Spirit His Church, the movement 'Mercredi en montagne' and particularly the sentinels so they may move till the end of their mission. - Let's cast out of our lives and of the movement 'Mercredi en montagne', all devourer of our finances, of our material and spiritual blessings and proclaim the restoration of our possessions in the name of Jesus. Malachi 3:11 - Pray for dialogue, truth, reconciliation, fidelity and love in couples and families (name them) and proclaim the reign of Christ in these couples. 1 Cor 3: 11
03 p.m	<ul style="list-style-type: none"> - Let's bless God our Father for the sentinels and all those who stand in the gap and intercede for the movement 'Mercredi en montagne', for families, for young people, for the sick, for Cameroon, etc. John 3:16 - Let's pray to the Master of the harvest to increase the number of workers to His great harvest in Cameroon so that many souls may be saved. Luke 10: 2 - Let's pray that the Father draw to Jesus all the members of our families, our acquaintances, youth and all those who are in authority in Cameroon. John 6:44 - Pray for the evangelists that they do their work with love, perseverance and that the Holy Spirit confirm their message with signs and wonders. Mark 16:20 - Let's Pray that everyone who opposes the gospel (false pastor,

	marabout, sectarian, atheist, etc.) meets Jesus Christ and converts as Saul did. (Act 23: 6)
06 p.m	<ul style="list-style-type: none"> - Let's praise our God for His blessings in families in Cameroon and pray for the salvation and the kingdom of Jesus Christ in devastated and abandoned families. Heb 7:25 - Let's chase away all heaviness, procrastination, laziness, permissiveness and carelessness from young people, in our families, in the movement 'Mercredi en montagne' and in the Church in Cameroon. Joshua 1: 5 - Let's ask forgiveness for our faults, as well as for our families and intercede for the forgiveness of sins committed in Cameroon; may the blood of Jesus wash and purify Cameroon. Dan 9: 1-19 - Let's proclaim the kingdom of Jesus Christ over the security, economic and political situation in Cameroon. 1 Tim 2: 2
09 p.m	<ul style="list-style-type: none"> - Pray for the faithfulness and perseverance of each sentinel. Hebrews 10:23 - Pray for mutual forgiveness in the Church, families and companies in Cameroon. Mt. 6: 12-15 - Let's pray that just as God raised Jesus Christ from the dead by His Holy Spirit, that He may also resurrect in our homes everything that is dead, by the Holy Spirit. - Let's pray for unity within our families and proclaim the kingdom and love of God in hearts; let's cancel all plan of running away, of separation in our families in the name of Jesus. Joshua 24:15 - Pray that the Cameroonian youth commit themselves to the service of Jesus Christ for the advancement of the Kingdom of heaven and the salvation of souls.

NB :

- You can choose one or more waking hours and thus participate effectively in this prayer line.
- In case of misunderstanding or revelation, please call these numbers: 675 204 082/678 660 809.
- Glory be to God who always answers us.
- Each cell must make sure that all the sentinels are always at their post.

MESSAGE OF THE MONTH: FEBRUARY 2020

'Get ready for the return of the Lord'

Jesus Christ said to the disciples, « ***You heard Me tell you, I am going away and I am coming back to you***» (***John 14:28 AMPC***). God is faithful! What He says He does (Psalm 33: 9). But He also waits to see the faith of Christians manifested by a concrete expectation of the return of Christ. He left and He said He is coming back; are we really waiting for Him? We are in the period of waiting for the return of the Lord Jesus Christ, a period as important as that of waiting for the Holy Spirit, although the latter is much longer than the previous one. All these periods of manifestation of God on earth must be accompanied with acts of faith. In the same way that the disciples waited for the Holy Spirit in the upper room, disconnected from ALL THAT DISTRACTS, we must also wait in a high spiritual position, with firm faith. It's imperative! Get ready for the return of the Lord!

SUBTHEMES OF THE MONTH OF FEBRUARY:

Wed. 29 Jan.	Respect the Lord
Wed. 05 Feb.	Prepare for the return of the Lord (Part 1)
Wed. 12 Feb.	Prepare for the return of the Lord (Part 2)
Wed. 19 Feb.	Prepare for the return of the Lord (Part 3)

SHARINGS AND TEACHINGS OF THE MONTH:

Wed. 29 Jan.	Meditation sharing (texts of the calendar)
Wed. 05 Feb.	Teaching topic: Be a partner with God, work for reconciliation (part 1)
Wed. 12 Feb.	Meditation sharing (texts of the week)
Wed. 19 Feb.	Teaching topic: Be a partner with God, work for reconciliation (part 2)

GOOD TO KNOW:

How to fight and overcome bad thoughts

WEDNESDAY, JANUARY 29, 2020**'RESPECT THE LORD'**

God speaks! Yes, He speaks! Jesus Christ spent time talking to the disciples about His ministry and His plans for men (salvation and encounter with Him). Later on, The Holy Spirit came to establish Christ in the hearts of men and to reveal the deep things of His Word. The Bible ends with the Book of Revelation. To reveal is to make known hidden or unknown realities. On the island of Patmos, God made known to Apostle John the realities of the Gospel, which will shortly take place: ***"This is the revelation of Jesus Christ, which God gave to Him to show to His bond-servants (believers) the things which must soon take place; and He sent and communicated it by His angel to His bond-servant John, who testified and gave supporting evidence to the word of God and to the testimony of Jesus Christ, even to everything that he saw [in his visions]. Blessed (happy, prosperous, to be admired) is he who reads and those who hear the words of the prophecy, and who keep the things which are written in it [heeding them and taking them to heart]; for the time [of fulfillment] is near" (Revelation 1: 1-3 AMP).*** Why did God need to show pictures? Because of the unbelief of men and their disrespect for His Word. He had to present to John, one of the living witnesses of Christ, clear pictures of what will happen, a way of confirming and proving that what He says is going to be fulfilled. It was also to cause the human being to fear Him and to respect His Word. God uses Apostle John to share His own testimony, in order to convince all the readers of the Bible about the truthfulness of His Word. In this portion of Revelation 1 verse 2, John testifies: ***"All that I have seen is indeed the Word of God, and the testimony of Jesus Christ"***. GOD IS TRUE!

In fact, the Lord sees how His Church despises His Word. You are christian, you listen very well to these words which announce the return of Christ; However, you listen to them with lightness. How many times have you sung hymns about the return of Christ? But it was just a song instead of being the expression of your worship! The Lord says, ***"Let all the earth fear the Lord; Let all the inhabitants of the world stand in awe of Him. For He spoke, and it was done; He commanded, and it stood fast. " (Psalm 33:8-9 NKJV)*** He asks you to respect Him! Give great consideration to divine messages! Decide to read the Bible or listen to the Word with

particular attention. When you open the Bible to read, believe and consider that it is God speaking to you. When you read and a word touches you particularly, receive it with deep respect.

When a president announces his arrival in a city, see how the populations receive the news! The journalists put it in the headlines of the news. The word of this president is respected. But when it comes to God, people ignore His message and speculate unnecessarily! God says, ***"Be still, and know that I am God; I will be exalted among the nations, I will be exalted in the earth!" (Psalm 46: 10 NKJV).***

You've heard the Word of God before. Yes, you have been evangelized. Even through this brochure, the message of Christ has reached you. Respect what you've heard so far!

«And that servant who knew his master's will, and did not prepare himself or do according to his will, shall be beaten with many stripes. But he who did not know, yet committed things deserving of stripes, shall be beaten with few. For everyone to whom much is given, from him much will be required; and to whom much has been committed, of him they will ask the more» (Luke 12: 47-48 NKJV). You see through this verse that Jesus Christ is demanding. If you receive the Word of God and you do not respect it, you do not do His will, you will receive blows. He chastises those He loves. The blows will aim to bring you back to Him. It is therefore in your advantage to seek the Word of God, to desire it and to respect it. If you honor the Word of God, God will honor you: ***«Those who honor Me I will honor, and those who despise Me shall be lightly esteemed. » (1 Samuel 2: 30b AMPC).***

Prayer:

Father, I give you thanks for the work of reframing that you are doing in my christian life. You interpellate me about respecting your Word, I wish to achieve it and obey its instructions. In the name of Jesus Christ. Amen!

Texts for meditation

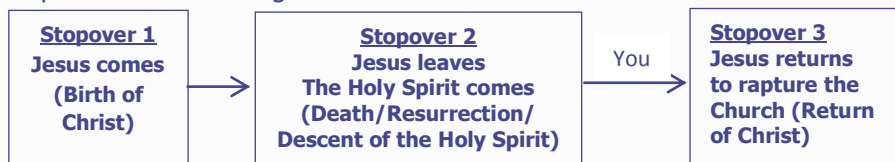
Thursday	30/01/20	Revelation 1 : 1-11
Friday	31/01/20	Psalm 33 : 1-11
Saturday	01/02/20	Psalm 33 : 12-22
Sunday	02/02/20	Psalm 46 : 1-12
Monday	03/02/20	Luke 12 : 35-48
Tuesday	04/02/20	1 Samuel 2 : 27-36

NOTES

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WEDNESDAY, FEBRUARY 05, 2020**'PREPARE FOR THE RETURN OF THE LORD (PART 1)'**

It is important to know in which season you are. The Lord advances His work on earth and like a ship on a voyage, He has a path to travel with His people. He makes stopovers and transports a generation of people each time to experience each stage of the journey. Actually you are in the second phase of the journey: Between the stopover 2 and the stopover 3 (see the picture). The period during which the Holy Spirit helps the people to arrive at the stopover 3. He plays a decisive role, He dwells in your heart to help you bear the waiting time which seems long: *« **The Lord does not delay and is not tardy or slow about what He promises, according to some people's conception of slowness, but He is extraordinarily patient toward you, not desiring that any should perish, but that all should turn to repentance. But the day of the Lord will come like a thief, and then the heavens will vanish with a thunderous crash, and the [material] elements [of the universe] will be dissolved with fire, and the earth and the works that are upon it will be burned up. Since all these things are thus in the process of being dissolved, what kind of person ought [each of] you to be in consecrated and holy behavior and godly qualities» (2 Peter 3:9-11 AMPC).*** Let the Holy Spirit help you and reign in all areas of your life so that the 3rd Stopover may not surprise you. So, take advantage of the permanent dispensation of divine grace.



You are part of the second step of the journey. You are of the generation of apostles after Pentecost (Paul, Peter, John, etc.). You are in the same boat and the next stopover for you all is Stopover 3: *« **For the Lord Himself will descend from heaven with a loud cry of summons, with the shout of an archangel, and with the blast of the trumpet of God. And those who have departed this life in Christ will rise first. Then we, the living ones who remain [on the earth], shall simultaneously be caught up along with [the resurrected dead] in the clouds to meet the Lord in the air; and so always we shall be with the Lord!** » (1 Thessalonians 4:16-17 AMPC).* In this phase of the journey with God, it is the Holy Spirit who is

powerfully at work. He's the one who will help you get to Stopover 3: **« However, I am telling you nothing but the truth when I say it is profitable for you that I go away. Because if I do not go away, the Comforter will not come to you; but if I go away, I will send Him to you » (John 16:7 AMPC).** If you open your heart to receive Christ, the Holy Spirit comes in you. And He helps you on all levels, He is with you everywhere and at all times: **« and behold, I am with you all the days, to the [very] close and consummation of the age. Amen (so let it be) » (Matthew 28:20b AMPC).** Believe that He lives in you, whether you speak in tongues or not. He is there to accompany you on this long journey which will end with the rapture (the encounter with Christ).

Prepare for the return of the Lord! He is coming to take a Church without spot or wrinkle: **« That He might present the church to Himself in glorious splendor, without spot or wrinkle or any such things [that she might be holy and faultless] » (Ephesians 5:27 AMPC).** In other words, let the Holy Spirit shape you, transform you so that you appear spotless before Jesus Christ. In order for Him to operate, you have to accept that your old man (your sinful nature) died when Christ died: **« We know that our old (unrenewed) self was nailed to the cross with Him in order that [our] body [which is the instrument] of sin might be made ineffective and inactive for evil, that we might no longer be the slaves of sin » (Romans 6:6 AMPC).** Constantly believe and declare this verse, you will feel free from sin and you will appear holy before the Lord!

Get ready for Stopover 3. Take advantage of the grace that is released into your life to do the good works which God prepared for you beforehand (Ephesians 2:10). Do not think you have enough time: **« See then that you walk circumspectly, not as fools but as wise, redeeming the time, because the days are evil » (Ephesians 5: 15-16 NKJV).**

Prayer:

Father, I need you; By the Holy Spirit, help me prepare for the return of Christ and to stay ready. In the name of Jesus Christ. Amen!

Texts for meditation

Thursday	06/02/20	2 Peter 3 : 1-13
Friday	07/02/20	1 Thessalonians 4 : 11-18
Saturday	08/02/20	John 16 : 5-14
Sunday	09/02/20	Romans 6 : 1-14
Monday	10/02/20	Ephesians 5 : 3-14
Tuesday	11/02/20	Ephesians 5 : 15-27

NOTES

This image shows a full page of white paper with horizontal blue dashed lines. The lines are evenly spaced and run across the width of the page, providing a guide for handwriting practice. There are no margins, text, or other markings on the page.

WEDNESDAY, FEBRUARY 12, 2020**'PREPARE FOR THE RETURN OF THE LORD (PART 2)'**

Beloved, the Lord Jesus Christ said that He was going to prepare a place for you and that He will come back to take you so that where He is, you may also be (John 14: 3). And this day of departure took place in the presence of His disciples so that there would be witnesses: *« Now when He had spoken these things, while they watched, He was taken up, and a cloud received Him out of their sight. 10And while they looked steadfastly toward heaven as He went up, behold, two men stood by them in white apparel, 11who also said, "Men of Galilee, why do you stand gazing up into heaven? This same Jesus, who was taken up from you into heaven, will so come in like manner as you saw Him go into heaven» (Acts 1: 9-11 NKJV).* The Lord is addressing you: It does not mean to stop everything in order to wait for the return of Christ. On the contrary, you must continue to live with the Holy Spirit to represent Him on earth and show His power; a way to prepare for His return: "But you shall receive power when the Holy Spirit has come upon you; and you shall be witnesses to Me in Jerusalem, and in all Judea and Samaria, and to the end of the earth" (Acts 1: 8 NKJV). You must prove to men that Jesus Christ is true, and that what He says comes to pass, through your own testimony. While waiting for Him to come back, you have to get up! You must act! You must work for the advancement of this great ship in which Christ remains the unique Captain. You have two challenges; the first is your total consecration to Christ: *"Therefore I urge you, brothers and sisters, by the mercies of God, to present your bodies as a living sacrifice, holy and well-pleasing to God, which is your rational (logical) act of worship. And do not be conformed to this world but be transformed by the renewing of your mind, so that you may prove [for yourselves] what the will of God is, that which is good and acceptable and perfect [in His plan and purpose for you]" (Romans 12: 1-2 AMPC).* In other words, give yourself completely to God. He loves you and does not want to lose you. He wants your heart to be loyal to Him, that's why you have been saved. The lack of consecration kept many people out of the ship. Jesus Christ said, *"For many are called, but few are chosen" (Matthew 22:14 NKJV).* You have your part to play in order to be the elect of God for the rapture: You must choose to dedicate yourself to God. It is not a public ceremony of consecration or ordination, it is a strong, radical

and personal commitment that is made between God and You. A firm decision to worship Him in spirit and in truth and to live for His glory.

Concretely, this is how you must live while waiting for the return of Christ: ***"so that he can no longer spend the rest of his natural life living for human appetites and desires, but [lives] for the will and purpose of God. For the time already past is [more than] enough for doing what the [unsaved] Gentiles like to do—living [unrestrained as you have done] in a course of [shameless] sensuality, lusts, drunkenness, carousing, drinking parties, and wanton idolatries. In [connection with] all this, they [the unbelievers] are resentful and surprised that you do not [think like them], run with them into the same excesses of immoral freedom, and they criticize and abuse you. But they will [have to] give an account to Him who is ready to judge and pass sentence on the living and the dead" (1 Peter 4: 2-5 AMPC).*** The Holy Spirit is there to help you live chaste if you are not yet married, to keep you from all defilement (all form of drug, sexual disorder, all form of dishonesty, falsehood and cheating, etc.). You can live a sanctification life; pray for it and flee sexual imorality by taking concrete actions and making radical decisions; for example, leave some unhealthy environments. Please read 1 Corinthians 6: 12-18.

Also: ***"Above all, have fervent and unailing love for one another, because love covers a multitude of sins. Be hospitable to one another without complaint. Just as each one of you has received a special gift [a spiritual talent], employ it in serving one another" (1 Peter 4: 8-10a AMPC).*** The Lord wants you to walk in love and humility. You must show fellowship with brethren.

In summary, your total consecration will bring the presence and the glory of God wherever you are. Yes, God wants His glory to be revealed and you will be active in preparing for the return of the Lord Jesus Christ.

Prayer:

Father, in the name of Jesus Christ, I submit to your authority and I let you lead me to Christ. Amen!

Texts for meditation

Thursday	13/02/20	Acts 1 : 4-14
Friday	14/02/20	Romans 12 : 1-10
Saturday	15/02/20	Romans 12 : 11-21
Sunday	16/02/20	Matthew 22 : 1-14
Monday	17/02/20	1 Peter 4 : 1-11
Tuesday	18/02/20	1 Corinthians 6 : 12-20

NOTES

[illegible]

WEDNESDAY, FEBRUARY 19, 2020**'PREPARE FOR THE RETURN OF THE LORD (PART 3)'**

The return of the Lord as revealed to Apostle John will be like a wedding celebration. The husband comes to meet his wife, whom he has prepared to be holy and faultless. Wow! *«**Let us rejoice and shout for joy! Let us celebrate and ascribe to Him glory and honor, for the marriage of the Lamb [at last] has come, and His bride has prepared herself. She has been permitted to dress in fine (radiant) linen—for the fine linen is (signifies, represents) the righteousness (the upright, just, and godly living, deeds, and conduct) of the saints (God's holy people). Then [the angel] said to me, Write this down: Blessed are those who are summoned (invited, called) to the marriage supper of the Lamb. And he said to me [further], 'These are the true words of God'» (Revelation 19:7-9 AMPC).***

It is important to know that Jesus Christ is coming back to rapture the Church, the body of Christ. It is not one person that God wants to take away but a multitude. Remember the mission entrusted to the disciples: *«**Go therefore and make disciples of all the nations, baptizing them in the name of the Father and of the Son and of the Holy Spirit, teaching them to observe all things that I have commanded you» (Matthew 28:19-20a NKJV).*** Here is the sighing of God: *All men must be saved.* It's your mission! All the men around you must be saved. The Lord doesn't want to take you alone, He wants your family, your friends; He just started with you. He paid the price for all Men and not for one person: *«**For God so loved the world that He gave His only begotten Son, that whoever believes in Him should not perish but have everlasting life**» (John 3:16 NKJV).* You cannot prepare for the return of Christ while ignoring the salvation of souls.

The second challenge that God gives you, at least for this year 2020, is: **To win a soul for Christ (at least) and make him a disciple of Jesus Christ.** Yes, the fruit of your consecration is the impact you will have on the lives of those around you. Your 'yes' for consecration makes you a powerful instrument in the hands of God. This was the case with Saul of Tarsus: *«**But the Lord said to him, "Go, for he is a chosen vessel of Mine to bear My name before Gentiles, kings, and the children of Israel"» (Acts 9:15 NKJV).*** When Saul agreed to dedicate himself, God set him aside for his service. He worked with power. Many nations have been reached by the gospel from the missionary work of Saul who became Apostle Paul.

The desire of God is that your family be also raptured, that is why they are already in the plan of salvation (read Acts 16:31). But you have your part to do: win their hearts for Christ by your character. He said to women: **«...Wives, likewise, be submissive to your own husbands, that even if some do not obey the word, they, without a word, may be won by the conduct of their wives, when they observe your chaste conduct accompanied by fear. Do not let your adornment be merely outward—arranging the hair, wearing gold, or putting on fine apparel—rather let it be the hidden person of the heart, with the incorruptible beauty of a gentle and quiet spirit, which is very precious in the sight of God» (1 Peter 3 :1-4 NKJV).**

God is waiting for your testimony (you must make known what God has done in your life) to stop the work of the devil in other lives: **«And they overcame him (the devil) by the blood of the Lamb and by the word of their testimony» (Revelation 12:11a NKJV).** There are testimonies which evangelize with more power than the preaching of the Word of God. Your character will also testify Christ: **«having your conduct honorable among the Gentiles, that when they speak against you as evildoers, they may, by your good works which they observe, glorify God in the day of visitation» (1 Peter 2 :12 NKJV).** After a certain number of years of cohabitation (with your neighbors, your colleagues, your friends, your family, etc.) they should come to the same conclusion: *'You are a true child of God'*. You will save a great number of people without a word.

For a good preparation for the return of Christ, you must make your personal assessments in terms of consecration to God and gain of souls. Have I achieved my goals? What if Jesus Christ comes back today?

Prayer:

Father, I give you thanks for this opportunity you are giving me to prepare for your return. Holy Spirit, thank you for staying with me for the success of this mission. In the name of Jesus. Amen!

Texts for meditation

Thursday	20/02/20	Revelation 19 : 1-10
Friday	21/02/20	Revelation 19 : 11-21
Saturday	22/02/20	John 3 : 1-16
Sunday	23/02/20	Acts 9 : 1-9
Monday	24/02/20	Acts 9 : 10-22
Tuesday	25/02/20	1 Peter 3 : 1-13

NOTES

This image shows a full page of white paper with horizontal blue dashed lines. The lines are evenly spaced and run across the width of the page, providing a guide for handwriting practice. There are no margins, text, or other markings on the page.

GOOD TO KNOW :**'HOW TO FIGHT AND OVERCOME BAD THOUGHTS?'**

Our soul is made up of flesh (which must die), emotion, will, thought. The last two ones (will and thought) call upon two factors of our mind:

- the conscience for the will
- the subconscious for the thought

The subconscious is the part of the mind that controls instinct and reflexes. And these two points are characterized by nature, genetics, the society and the singularity of divine creation. It means that, since thought comes from our subconscious, the ability to influence it is not easy. We must therefore know how to get the upper hand over it so that it may not become 'master' of our mind.

Now the question, "Why more easily bad thoughts?"

Our mind was not programmed to be negative; it has been defiled since Adam. And from then on, we were drawn to sin (like the magnet and the iron); Moreover, we did not give our life to Christ at 7 years (end of childhood), but long after having done negative things which nourished our thought with evil. Our mind has therefore been accommodated in this way and that is why it thinks negative. The thought must be now INFLUENCED until the old be completely removed by the RENEWING OF MIND

So, it's a process. Let's then start with:

1. WHAT NOT TO DO**a) To continue to feed the thought with negative things**

You should know that the subconscious retains faster and more effectively than the conscience. So, each time you fill up:

- Your eyes with torrid or pornographic films (TV Novelas, half-naked scenes), immodest clips, 2nd and 3rd look on the roadside, etc.
- Your ears with insulting or perverse words, worldly music,
... you will be promoting bad thoughts. Let's start by putting an end to this!!!

b) To feel guilty

Your thought led you to negative things; as soon as you regain control, you feel guilty: It is still giving victory to Satan

Having regrets (or to regret) ≠ feeling guilty. Do not remain in your fault, Get up and go forward.

Now, let's mainly focus on:

2. WHAT TO DO

a) Fellowship with God

Remember that the flow of bad thoughts that are in you is linked to your past without God. Now you are with Him (or He is with you). So meditate and read the Bible and the teachings a lot, pray that God cancel the memory of all what is defiled and that He renew your memory.

b) Declare the Word of God

You must say, *"I am such a wonderful creature, I'm worth of the price of the sacrifice of the Son of God"*

Philippines, 4: 8 - whatever is true, whatever is honorable and worthy of respect, whatever is right and confirmed by God's word, whatever is pure and wholesome, whatever is lovely and brings peace, whatever is admirable; if there is any excellence, if there is anything worthy of praise, I think continually on these things.

c) Furnish your day and night well

As much as possible:

- Saturate your day and your night with praise
- Before going to bed, read your Bible or at least one Bible verse.]

d) Get behind me, Satan!

Yes, hold this word close in your conscience; As soon as you feel your thought wandering, immediately utter *'Get behind me, Satan'!* Yes, it's Satan who wants to take control of your mind; constantly refuse as much as possible... Don't let him take over...

e) Refuse solitude

Go out, go to church, visit, talk, chat, etc.

f) Move away (separate from) all things that remind you of the past

For example for someone who has lost a loved one (spouse, child, etc.); remove for a while his/her photos from your living room, from your phone, etc. The less you see, the less you will cry, the less your thought will torment you. Likewise, if possible, also flee from people with whom you have done evil.

g) Give time to time

Yes, our thoughts have been forged in 20, 30 years ... Let us also leave time to time ... by remaining in conformity with the word of God.

Do not forget that it's the work of the Holy Spirit that will help you succeed; so put your faith in God more for this deliverance from bad thoughts.

ONE YEAR BIBLE READING GUIDE

JANUARY 2020

DAYS		Old Testament	New Testament
Wednesday	1	Genese 1,2,3	Matthieu 1
Thursday	2	Genesis 4, 5,6	Matthew 2
Friday	3	Genesis 7,8,9	Matthew 3
Saturday	4	Genes 10,11,12	Matthew 4
Sunday	5	Gene 13,14, 15	Matthew 5 : 1-26
Monday	6	Genesis 16,17	Matthew 5 : 27-48
Tuesday	7	Genesis 18,19	Matthew 6 : 1-18
Wednesday	8	Genesis 20,21,22	Matthew 6 : 19-34
Thursday	9	Genesis 23,24	Matthew 7
Friday	10	Genesis 25,26	Matthew 8 : 1-17
Saturday	11	Genesis 27,28	Matthew 8 : 18-34
Sunday	12	Genesis 29,30	Matthew 9 : 1-17
Monday	13	Genesis 31,32	Matthew 9 : 18-38
Tuesday	14	Genesis 33,34,35	Matthew 10 : 1-20
Wednesday	15	Genesis 36,37,38	Matth 10 : 21-42
Thursday	16	Genesis 39,40	Matthew 11
Friday	17	Genesis 41,42	Matthew 12 : 1-37
Saturday	18	Genesis 43,44,45	Matth 12 : 38-50
Sunday	19	Genesis 46,47,48	Matthew 13 : 1-30
Monday	20	Genesis 49,50	Matth 13 : 31-58
Tuesday	21	Exodus 1,2,3	Matthew 14 : 1-21
Wednesday	22	Exodus 4,5,6	Matt 14 : 22-36
Thursday	23	Exodus 7, 8	Matthew 15 : 1-20
Friday	24	Exodus 9,10,11	Matth 15 : 21-39
Saturday	25	Exodus 12,13	Matthew 16
Sunday	26	Exodus 14,15	Matthew 17
Monday	27	Exo 16,17,18	Math 18 : 1-20
Tuesday	28	Exodus 19,20	Math 18 : 21-35
Wednesday	29	Exodus 21,22	Matthew 19
Thursday	30	Exodus 23,24	Matthew 20 : 1-16
Friday	31	Exodus 25, 26	Matth 20: 17-34

FEBRUARY 2020

DAYS		Old Testament	New Testament
Saturday	1	Exodus 27,28	Matthew 21 : 1-22
Sunday	2	Exodus 29,30	Matthew 21 :23-46
Monday	3	Exodus 31,32, 33	Matthew 22 : 1-22
Tuesday	4	Exodus 34,35	Matthew 22 :23-46
Wednesday	5	Exodus 36,37,38	Matthew 23 : 1-22
Thursday	6	Exodus 39,40	Matthew 23 : 23-39
Friday	7	Leviticus 1,2,3	Matthew 24 : 1-28
Saturday	8	Leviticus 4,5	Matthew 24 : 29-51
Sunday	9	Leviticus 6,7	Matthew 25 :1-30
Monday	10	Leviticus 8,9,10	Matthew 25 :31-46
Tuesday	11	Leviticus 11,12	Matthew 26 : 1-29
Wednesday	12	Leviticus 13	Matthew 26 :30-56
Thursday	13	Leviticus 14	Matthew 26 :57-75
Friday	14	Leviticus 15,16	Matthew 27 : 1-25
Saturday	15	Leviticus 17,18	Matthew 27:26-50
Sunday	16	Leviticus 19,20	Matthew 27 :51-66
Monday	17	Leviticus 21,22	Matthew 28
Tuesday	18	Leviticus 23,24	Mark 1 :1-22
Wednesday	19	Leviticus 25	Mark 1 :23-45
Thursday	20	Leviticus 26,27	Mark 2
Friday	21	Nbres 1,2,3	Mark 3: 1-19
Saturday	22	Nbres 4,5,6	Mark 3: 20-35
Sunday	23	Nbres 7,8	Mark 4 : 1-20
Monday	24	Nbres 9,10,11	Mark 4 : 21-41
Tuesday	25	Nbres 12,13,14	Mark 5 : 1-20
Wednesday	26	Nbres 15,16,17	Mark 5 : 21-43
Thursday	27	Nbres 18,19	Mark 6 : 1-29
Friday	28	Nbres 20,21	Mark 6 : 30-44
Saturday	29	Nbres 22,23	Mark 6: 45-56

PROGRAMME FOR MONTHLY MEETINGS 2020

Date	Activity	Period
26 January 2020	Praise/Sharing/Message + Monthly Prayer	2:30 p.m. - 6:00 p.m.
23 February 2020	Praise/Sharing/Message + Monthly Prayer	2:30 p.m. - 6:00 p.m.
29 March 2020	Praise/Sharing/Message + Monthly Prayer	2:30 p.m. - 6:00 p.m.
26 April 2020	Praise/Sharing/Message + Monthly Prayer	2:30 p.m. - 6:00 p.m.
31 May 2020	Praise/Sharing/Message + Monthly Prayer	2:30 p.m. - 6:00 p.m.

➤ **The MESSENGERS OF THE GOOD NEWS will meet on**

Saturday, February 08, 2020

« 4:00 p.m. - 6:00 p.m. »

Douala Contact: 672 901 907 / 696 903 639

➤ **YOUTHS of glory will meet on**

Sunday, February 09, 2020

« 3:00p.m. -6:00p.m. »

Douala contact: 676 718 955 / 676 029 307

Foumban: 694 143 032 / Bagangte: 681 986 612

➤ **MEN of glory will meet on**

Sunday, February 16, 2020

« 4:00 p.m. - 6:30 p.m. »

Douala contact: 694 751 673 / 676 270 560

Foumban : 694 143 032

➤ **Monthly Evangelization day**

Tuesday, February 11, 2020

In all the cells

THE VISION

My beloved, it is a grace and a privilege to be part of a great family of Christ. This family has God as a father and Jesus Christ as first born. The bible says
« Yet to all who received him, to those who believed in his name he gave the right to become children of God » (John 1:12).

To maintain a good relationship from father to son, it becomes necessary and even indispensable to take time with God through fasting, prayer and meditation on the word of God.

This is the reason why under the divine inspiration in March 2012, the program called «*Montagne en Montagne*» was born and brings together people from diverse backgrounds in prayer cells every Wednesday in a spirit of fasting.

GOALS

- *Constitute prayer cells that welcome people who wish to deepen their relationship with God*
- *Establish a very large chain of national and international prayer every Wednesday.*
- *Impact lives, Restore homes, families, activities.*
- *Win souls to Christ and encourage them to find Christian assemblies for their edification.*

If you desire to join us in this divine mission, these are our contact:

Douala - Cameroon

Tél : (00237) 672 901 907 / 656 670 707 / 676 036 054

Yaoundé - Cameroon

Tél : (00237) 693 873 582 / 679 559 959 / 697 840 404

Banganté - Cameroon

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Bafoussam - Cameroon

Tél : (00237) 699 840 453 / 693 681 814 / 699 822 800

Bangou - Cameroon

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Bamendjou - Cameroon

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Kribi - Cameroon

Tél : (00237) 691 194 724 / 675 204 411

Nkongsamba - Cameroon

Tél : (00237) 6 74 366 188

Canada

Tél : (00237) 438 7 / 514 400 04 17

If you want to donate, contact us at:

676 270 560 / 694 751 673 / 676 036 054