

MAY

2020

Weekly Topic for prayer and meditation, to impact lives.

Mercredi en Montagne

*Therefore if anyone is in Christ, he is a new creation, the old has gone, the new has come »
(2 Corinthians 5: 17)*



You shall **LOVE YOUR NEIGHBOR!** *as yourself*

« Love your neighbor as yourself, »
(Luke 10:27b NLT)

CONTENT:

- One topic of meditation per week
- Scripture for daily meditation
- Exhortation messages

**FAMILLE
"GLOIRE"**
Jean 17:22

Message of the Lord: What if Jesus Christ comes back today?

From **John 14 :3** « *And if I go and make ready a place for you, I will come back again and will take you to Myself, that where I am you may be also* » (Amplified Bible)

Yes, Jesus Christ will soon return to take His wife (the Church). The signs are already manifesting, the events unfolding after another.

Be ready, manifest God's unconditional love for your neighbor: « ***You shall love your neighbour like yourself*** » (Luke10:27 NLT).

Testimonies :

- We underwent an armed robbery at my work place. Customers' and staff's cell phones were taken along with a large sum of money. During this robbery, I received a stab on my thigh; I bless the Lord because the wound was only superficial. During the whole scene the Lord gave the power to keep my calm by invoking His name so that He could take total control. He listened to me and no loss of human life was recorded. I was taken to the hospital and today everything is fine. "In quietness and confidence shall be your strength" says the Lord.

- I realized that with God, blessings have its principles. I was taught through this test. I received a client who wanted to buy a plot of land, he was skeptical and I had to convince him so that he would finally buy it. But I was tempted at one point since I had the liberty to set my own price and to put a profit for myself. The Holy Spirit quickly called me to order, that's why I helped the client to make his transaction without seeking my own interest. Despite the financial difficulties and pressures that I could have at the moment, I resisted by the strength of the Holy Spirit. I especially understood that we must honor God in all circumstances and this also requires integrity in our work.

Following these testimonies, if you also wish to live a new experience with God, open your heart to him with this prayer: ***"Lord Jesus Christ, I am making a covenant with you today. I open my heart to you and sincerely receive you. Fill me with your love. Amen!"***. You are therefore a child of God. Hallelujah !

A word of advice: If you are not yet a member of a Christian community, ask the Lord to guide you to one of them in order to exercise your faith.

Note: The biblical verses present in this manual are taken from the following translations: '**New King James Version (NKJV)**', '**New International Version (NIV)**', **New Living Translation (NLT)**.

Year of total consecration to God, Year of souls winning, Year of abundance (Psalm 37:4)... Happy year 2020!

THE VISION 'MERCREDI EN MONTAGNE'

Mercredi en Montagne is a movement inspired by God for the restoration of lives and families. It works in prayer cells.

Through this movement, God works to transform a soul so he should manifest the character of Christ; his life becomes a testimony that favors the salvation of his loved ones (family, neighbor, colleague etc.). Only the Word of God unites all the persons who get connected to this program. It welcomes anyone, believer or not, and allows everybody to start or continue serving God in their own church.

Under the inspiration of the Holy Spirit, edification themes are developed every month in this booklet that is distributed for free and the Lord raises in His people a spirit of devotion and sacrifice for His glory; it is the reason why edification meetings are held every Wednesday afternoon in the different prayer cells (Douala, Yaounde, Bafoussam, Bagangte, Bamendjou, Bangou, Ebolowa, Kribi, Fouban, Bertoua, Kouoptamo, Tchoutnoun, Baïgon, Mbouda, Dschang, as well as in Canada and in the Central African Republic).

To spread the Gospel through the booklets and cover all the nation remains our challenge. Families, lives, couples are restored; business leaders are won over to Christ and impact their activities. The ministry 'prayer life' is born: prayers are raised at waking hours (00 a.m., 3 a.m., 6 a.m., 9 a.m., 12 p.m., 3 p.m., 6 p.m., 9 p.m.) and many testimonies of healing, deliverance and life transformations are noted. The Lord prepares sentinels to watch. Intense programs multiply throughout the year to create impact. The websites www.mercredienmontagne.com, www.ChercheDieu.com and several expansion projects have been launched with the aim of spreading the gospel on the earth. The vision progresses according to this divine instruction: « **Enlarge the place of your tent, stretch your tent curtains wide, do not hold back; lengthen your cords, strengthen your stakes. For you will spread out to the right and to the left; your descendants will dispossess nations...** » (Isaiah 54: 2-3).

Praise the Lord!

PROGRAM : EVERY WEDNESDAY

05 a.m. - 06 a.m.	Morning devotion (Praises, worship,
03:30 p.m. - 06 p.m.	Prayer in cells or individually

Great prayer union every Wednesday. Fasting without drink or food is observed from **00 a.m to 6 p.m.**

Note: From Monday, prepare yourself in prayer for fasting

DAILY PRAYER CHAIN OPEN TO ALL

'PRAYER LIFE'

(The Sentinels)

You, son of God, no matter your Christian assembly, take at least 5 minutes and join your voice to that of a multitude to raise these prayers where you are (in the market, at home, in the office, in a means of transportation, etc.) at the indicated waking hours (00 a.m., 3 a.m., 6 a.m., 9 a.m., 12 a.m., 3 p.m., 6 p.m., 9 p.m.). This prayer program is inspired by the Holy Spirit and aims to saturate the spiritual atmosphere of each day by raising true intercessors for the Heavenly Kingdom.

You can choose one or more waking hours and thus participate effectively in this prayer chain. In case of misunderstanding or revelations, please contact us.

Our contacts: +237 675 204 082 / 678 660 809

Glory be to God who always answers us.

Hours	Prayer topics
00:00 a.m.	<p>- 1 Th 5 :18 « <i>In everything give thanks; for this is the will of God in Christ Jesus for you.</i> » So let us thank God for his benefits in these circumstance that His Church and the Nations of the whole world are going through.</p>
	<p>Prayer for nations</p> <p>- In the name of Jesus Christ, let us cry to our Father so that He overturns satan's projects on the nations and that only the Father's projects are carried out on the peoples of the earth. «<i>The Lord brings the counsel of the nations to nothing; He makes the plans of the peoples of no effect. The counsel of the Lord stands forever, The plans of His heart to all generations.</i> » Ps 33: 10-11</p> <p>- Pray for the healing and restoration of the sick, families and Nations devastated by the pandemic that the world is currently experiencing. «<i>Behold, I will bring to it health and healing; I will heal them and reveal to them the abundance of peace and truth.</i> » Jr 33 :6</p> <p>- Pray for the spiritual revival in the nations : <i>John 6 :44</i></p>
	<p>Prayer for families</p> <p>- «<i>By faith Moses kept the Passover and the sprinkling of blood, lest he who destroyed the firstborn should touch them.</i> » (<i>Hebrew 11 :28</i>). Proclaim that we believe in God and we sprinkle the blood of Jesus on our families (children, parents, etc.), on our homes, our goods, etc.</p>
03:00 a.m.	<p>- Praise our God for the grace He gives us to persevere in prayer in these times of trial that our families, MEM, the Church and the nations are going through. « <i>Continue earnestly in prayer, being vigilant in it with thanksgiving .</i> » Col 4:2</p>
	<p>Prayer for nations</p> <p>- In the name of Jesus Christ, let's declare confusion in the camp of the enemy and codemn in judgment, any conspiracy of the kingdoms of darkness operating on the nations. <i>Isaiah 54 :17</i></p> <p>- Pray that God will grant wisdom and intelligence to the leaders of each nation (name them) so that they can make good decisions in front of difficulties their respective countries are facing. <i>1Timothy 2 :2</i></p>
	<p>Prayer for families</p> <p>- Let us proclaim the redemption of our souls (us and our families) by the blood of Jesus. Let's cancel all the curses (hereditary diseases, poverty, demonic possessions, etc.) on our families and by faith take possession of all the divine blessings (<i>Galatians 3 :13</i>)</p>

	<p>- Let us pray for the salvation of all the members of our families according to this word: «Believe on the Lord Jesus Christ, and you will be saved, you and your household.» (Acts 16 :31)</p>
06:00 a.m.	<p>- « This is the day the Lord has made; We will rejoice and be glad in it. » Ps 118 : 24 Let us proclaim this verse in our lives, in our families, in Cameroon and in the nations devastated by this pandemic.</p>
	<p>Prayer for nations</p>
	<p>- Let us pray that the kingdom of God may come on our families, on Cameroon and on the nations of the whole world. Matthew 6:10 «Let your kingdom come»</p> <p>- Let us pray to demolish all sources of conflicts between nations, let us cancel any plan of war between nations. Pray for peace in the nations</p> <p>- Pray that the Holy Spirit will reveal to us the path to follow, as well as to the leaders of the MEM movement, to the heads of families, to Christians and political leaders of the nations of the world. Psa143: 8 «In the morning ... show me where to walk ... »</p>
	<p>Prayer for families</p>
	<p>- Let us pray that the heads of families become aware of their role and become spiritual authorities in families. Let them organize family devotion, prayers and spiritual retreats .</p> <p>- Pray that the hand of the Lord may be on every family and their property to protect them from all forms of enemy attack (Ezra 8:31)</p>
09:00 a.m.	<p>- Ephesians 5:20 «giving thanks always for all things to God the Father in the name of our Lord Jesus Christ». As we meditate on this passage, let us thank God for his word which is fulfilled in our lives, in MEM, in Cameroon and in the world.</p>
	<p>Prayer for nations</p>
	<p>- Pray that Christians will have a firm and renowned faith around the world in this time of crisis marked by the Covid-19 pandemic. Romans 1:8 « First, I thank my God through Jesus Christ for you all, that your faith is spoken of throughout the whole world. »</p> <p>- « Heal me, Jehovah, and I will be healed» Jeremiah 17:14, then let us pray for those infected by Covid 19 and for the medical body all over the world so that the Lord will intervene on their behalf .</p>
	<p>Prayer for families</p>
	<p>- Let us pray for reconciliations in couples and families (2 Corinthians 5:20) and cancel any plan of divorce, elopement, rejection between spouses, between parents and children. Pray that the Lord will bring the hearts of fathers back to their children and vice versa (Malachi 4: 6)</p>

12:00 a.m.	<p>- Now thanks be to God who always leads us in triumph in Christ, and through us diffuses the fragrance of His knowledge in every place. 2 Corinthians 2:14</p> <p style="text-align: center;">Prayer for nations</p> <p>- 1 John 3 :8 <i>«But the Son of God came to destroy the works of the devil.»</i> Let's destroy all the works of the devil and his altars erected at strategic places in the nations and bind the strong men who are there in the name of Jesus Christ. <i>«He will break down their altars; He will ruin their sacred pillars.» Hosea 10 : 2</i></p> <p>- Overthrow all spirit of fear, psychosis, panic and despair that undermines the peoples of the earth and invoke the peace of God on each nation. Philippians 4 : 7</p> <p style="text-align: center;">Prayer for families</p> <p>- Let us pray and declare this word: <i>«For He has rescued us (us and our families) from the kingdom of darkness and transferred us into the Kingdom of His dear Son» (Colossians 1 :13).</i> The work of darkness will no more have influence on us and our families.</p>
03:00 p.m.	<p>- Let us give thanks to God for the impact of Christians' lives spread over the earth. <i>«We always pray for you, and we give thanks to God, the Father of our Lord Jesus Christ» Colossians 1: 3</i></p> <p style="text-align: center;">Prayer for nations</p> <p>- Isaiah 10: 24, 27 <i>«...O My people, who dwell in Zion, do not be afraid of the Assyrian!... It shall come to pass in that day That his burden will be taken away from your shoulder, And his yoke from your neck, And the yoke will be destroyed because of the anointing oil.»</i> Let us pray that the people of God in Cameroon and in the world will be unshakable and be delivered from the yoke that is weighing on the nations today .</p> <p>- Pray that idolatry will stop in nations and that people will turn to the God who created heaven and earth. Pray that the heads of nations will convert to Christ and facilitate spiritual revival in their nation (2 Chronicles 7:14)</p> <p style="text-align: center;">Prayer for families</p> <p>- Pray for unity within our families, dialogue, truth, forgiveness, reconciliation, faithfulness and love in couples and families (name them) and proclaim the kingdom of Christ. 1Cor3 :11.</p>
06:00 p.m.	<p>- Let us pray for the salvation of souls and give thanks to God for all men, for kings and for all those who are in positions of authority, so that we can live a peaceful and quiet life in all godliness and dignity. 1 Timothy 2: 1-4.</p>

	Prayer for nations	
	<ul style="list-style-type: none"> - Pray that the Lord will strengthen His people and preserve the nations of the earth during this economic and health crisis that the world is going through. « we will not fear, Even though the earth be removed » Ps 46 : 2b. - Let us implore the Lord so that He will reveal to each man the treatment to follow for his healing from Covid-19. James 5:13 - Let us pray for the restoration of the material and spiritual goods of the nations of the world and declare that they are fairly managed for the fulfillment of the people. Amos 9: 14. 	
	Prayer for families	
	<ul style="list-style-type: none"> - The righteous often face afflictions, but the Lord always delivers him out of them all (psalm 34:20) Let us pray that the Lord deliver our families from all forms of troubles (difficult situations, sickness of a loved one, etc.). Pray that He will grant peace to our family members. 	
09:00 p.m.	Prayer for nations	
	<ul style="list-style-type: none"> - Let us cry to the Lord that He will raise up in the nations of the whole world an extraordinary revival of the Church for the salvation of a great multitude as it is written: «... Awake, you who sleep, Arise from the dead, And Christ will give you light. » Eph 5:14. - Let us reject all the worries of all the inhabitants of the whole world and give thanks to God so that His peace, which exceeds anything we can understand, guard our hearts and our thoughts in Jesus Christ. Philippians 4: 6-7. 	
	Prayer for families	
	<ul style="list-style-type: none"> - Let us Pray for unity within our families, dialogue, truth, forgiveness, reconciliation, faithfulness and love in couples and families (name them) and proclaim the kingdom of Christ. 1Cor3 :11 - Pray for financial, material, spiritual prosperity in our families (Genesis 1:28). - Let us pray the good shepherd to guard our families even if we walk through the valley of the shadow of death (Psalm 23). - Let us give thanks to God for the wonderful day that we spent and for the peaceful night that he prepared for each of us . 	

A decorative banner with a light blue background and a dark blue border. It features several light blue stars of varying sizes scattered around the text. The text "SUB-THEMES OF THE MONTH AND TEACHINGS" is centered in a bold, dark blue font.

SUB-THEMES OF THE MONTH AND TEACHINGS

These sub-themes and teachings are made available to you so that you can read them with greater attention while holding your Bible close to you. Take notes that will help you to meditate deeply on the message the Lord give you personally.

You can join us through 15 cells in Cameroon and 2 cells beyond (Central African Republic and Canada). You can also do it virtually using the direct FaceBook page 'mercredi en montagne' at the appointed times, and Replay on our YouTube channel 'mercredi en montagne'. Thus you will be able to have fellowship with brothers and sisters who have the same passion as you: To discover the greatness of the love of our Lord and Savior Jesus Christ and to be subject to Him.

If you have questions related or not to these teachings, or still need prayers, please contact us.

Our contacts: +237 672 901 907 / 697 610 026 / 678 547 556

Glory be to God who acts powerfully.

**MESSAGE OF THE MONTH : MAY 2020**

You shall love your neighbour as yourself:

« ***He who does not love does not know God, for God is love!*** » (1 John 4 :8 NKJV). The word of the Lord may seem harsh to men, but it reflect God's strict will to see men show love towards one another. A maximum of people must be saved so that the world might come to end; love remains the most effective way to win a multitude of souls to the Lord. « **You shall love your neighbour as yourself** » (Luke 10:27b NLT). The Lord recommends that we love without conditions or criteria.

SUBTHEMES OF THE MONTH :

Wed. Apr. 29	Love according to God
Wed. May 06	He who does not love does not know God
Wed. May 13	You shall love your neighbor as yourself
Wed. May 20	How to love your neighbor as yourself?
Wed May 27	Love of neighbor: Powerful channel of evangelism

SHARING AND TEACHINGS OF THE MONTH:

Wed. April 29	Sharing of meditation (texts of the calendar)
Wed. May 06	Teaching topic: Practical consecration to God (part 1)
Wed. May 13	'Family Moment '(intense prayers for families)
Wed. May 20	Teaching topic: Practical consecration to God (part 2)
Wed. May 27	'Family Moment '(intense prayers for families)

FAMILY MOMENT :

Recommendations

WEDNESDAY, APRIL 29, 2020**'LOVE ACCORDING TO GOD'**

Love in the dictionary is defined as a feeling of affection that arises between two people, between family members. It can also be a devotion to a deity or a distinct taste for something (food, object, etc.). The dictionary tries to give an explanation for love, but its true meaning, its depth is found in God Himself, because : **« God is love» (1 John 4 :8b NKJV)**. Love as a feeling is fleeting and fragile. Whatever type of relationship unites two people (marriage, fraternity, friendship, neighborhood, etc.); it must be supported by a deep and pure love that comes from God. This is how God defines love:

« For God so loved the world that He gave His only begotten Son, that whoever believes in Him should not perish but have everlasting life.» (John3:16 NKJV).

GOD LOVES, GIVES AND EXPECTS NOTHING IN RETURN. Your love for your neighbor (spouse, family, neighbor, colleague, etc.) must therefore not be interested, it must consist in 'giving' without compensation. Give your time, your affection, your wealth, your expertise, etc. Give without calculating, without waiting for the return. God did not say that He gave His son so that "whoever loves Him" may have eternal life. He said, "So that whoever believes may have eternal life. He didn't ask for anything to save you, He just wanted you to believe in His love. Do the same with your neighbor. **« But God demonstrates His own love toward us, in that while we were still sinners, Christ died for us» (Romans 5:8 NKJV).** **GOD PROVES HIS LOVE.** When you love, prove it by your character, through concrete actions. Take decisions that reflect your love. He said: **« Dear children, let's not merely say that we love each other; let us show the truth by our actions» (1 John3:18 NLT).**

« Love does no harm to a neighbor; therefore love is the fulfillment of the law» (Romans 13:10 NKJV). **GOD LOVES AND DOES GOOD.** If you love your neighbor, do him good: do not deceive him, do not steal what belongs to him, do not slander him, do not kill him; be true.

« There is no fear in love. But perfect love drives out fear, because fear has to do with punishment. The one who fears is not made perfect in love.» (1 John 4 :18 NIV). **IN LOVE THERE IS NO FEAR.** Love that comes from God

banishes all fear of the neighbor. This fear that leads to a feeling of insecurity is proof that your love for one another is not perfect. It is tainted by distrust or hypocrisy. True love translates into a climate of trust, friendship, and complicity. It creates harmony and balance in relationships.

« Most important of all, continue to show deep love for each other, for love covers a multitude of sins» (1 Peter 4:8 NLT). GOD LOVES, PROTECTS AND ERASES SINS. Do the same! When you really love your neighbor, you do not expose him when he has committed a fault but you forgive and you protect him. You say good things about him. You forget his offenses and don't count them.

« Love is patient and kind. Love is not jealous or boastful or proud or rude. It does not demand its own way. It is not irritable, and it keeps no record of being wronged. It does not rejoice about injustice but rejoices whenever the truth wins out. Love never gives up, never loses faith, is always hopeful, and endures through every circumstance. » (1 Corinthians 13:4-7 NLT). LOVE IS FULL OF VIRTUES. Love is a fruit of the Spirit, it works with: 'patience, faith, perseverance, humility, joy, self-control, fidelity, kindness'. When you love, you are patient, kind, joyful, humble, faithful, etc. The absence of one single fruit of the Spirit destabilizes everything.

You will find that by loving like God, you will get rid of unnecessary conflicts. You will live in peace and your relationships with others will be more stable. God's blessings will abound in your life. God can then take you to the depths of revelation. But you have to pray intensely to be filled with the love of God to manifest it to your neighbor.

Prayer:

Father, thank you for your love. I renounce my vain way of loving my neighbor. I receive your love and I decide to show it to my next (parent, blood brother, brother in Christ, colleague, friend, neighbor, etc.). Amen!

Meditation texts

Thursday	30/04/20	John3 : 14-21
Friday	01/05/20	Romans 5 : 1-11
Saturday	02/05/20	Romans 5 : 12-21
Sunday	03/05/20	1 John 3 : 11-18
Monday	04/05/20	Romans 13 : 8-14
Tuesday	05/05/20	1 Peter4 : 1-11

WEDNESDAY, MAY 06, 2020

'HE WHO DOES NOT LOVE DOES NOT KNOW GOD'

The good news of the gospel is that God has poured His love into the heart of man: *« And hope does not put us to shame, because God's love has been poured out into our hearts through the Holy Spirit, who has been given to us. » (Romans 5 :5 NIV).* What a Grace! When you open your heart to Jesus, you receive the pure essence of God's love. You receive the ability to love as He loves! Don't say it's impossible anymore. You can give love and expect nothing in return. You can love sincerely by doing good to your neighbor. You can love and protect. You can love him and endure all his mistakes. You can love your enemies. Yes, in Christ, you can love like Him!

« A Man of sorrows and acquainted with grief. And we hid, as it were, our faces from Him; He was despised, and we did not esteem Him.

Surely He has borne our grievances And carried our sorrows; Yet we esteemed Him stricken, Smitten by God, and afflicted. But He was wounded for our transgressions, He was bruised for our iniquities;

The chastisement for our peace was upon Him, And by His stripes, we are healed.» (Isaiah 53:3-5 NKJV). This manner of love that Christ manifested

has already been communicated to you, with all its substance. You received the same dose as Jesus Christ: *« For in Christ lives all the fullness of God in a human body. So you also are complete through your union with Christ, who is the head over every ruler and authority.» (Colossians 2 :9-10 NLT).*

You have received a powerful love in Christ, overwhelming, overturning. A love that allows good and bad people to live together. That's why Jesus Christ said to His disciples: *« "You have heard the law that says, ' Love your neighbor 'and hate your enemy. But I say, love your enemies! Pray for those who persecute you! In that way, you will be acting as true children of your Father in heaven. For he gives his sunlight to both the evil and the good, and he sends rain on the just and the unjust alike. If you love only those who love you, what reward is there for that? Even corrupt tax collectors do that much. If you are kind only to your friends, how are you different from anyone else? Even pagans do that. But you are to be perfect, even as your Father in heaven is perfect.» (Matthew 5 :43-48 NLT).*

With all this equipment, with the Holy Spirit at work in your life, you must love like Him. Your language and the actions you take should now change. If you are unable to love, take it seriously and ask yourself some questions: 'Have I truly made a covenant with God? 'Am I really born again? Am I aware of my new life in Christ? Have I received the teachings necessary to learn to love like Christ? Do I pray enough to manifest God's love?« ***Dear friends, let us continue to love one another, for love comes from God. Anyone who loves is a child of God and knows God. But anyone who does not love does not know God, for God is love»(1 John4:7-8 NLT)***. It is pretty clear! Those who do not love the love of God do not know God.

Indeed, if you know God, if you have an intimacy with Him, you must not tolerate hatred. You must not refuse to greet your neighbor or to show love for any reason. You must not change lanes when you meet your neighbor. You must not refuse to help him when you have the opportunity. If you do, it is against-gospel. You scandalize him and give him alibis to flee christian milieu. The way you love is an act of evangelism. So what kind of love do you have your neighbor? The Love of God or love of the world? May the Holy Spirit restore your way of loving your neighbor; Give you divine wisdom to do the right things at the right time.

Prayer :

Father, I recognize that I have not always loved my neighbor as you would have liked me to do. I ask for forgiveness and I let myself be led by the Holy Spirit to love like Christ. Amen !

Meditation texts

Thursday 07/05/20	1 Corinthians 13 : 1-13
Friday 08/05/20	Isaiah 53 : 1-12
Saturday 09/05/20	Colossians 2 : 6-19
Sunday 10/05/20	Matthew 5 : 38-48
Monday 11/05/20	1 John 4 : 1-10
Tuesday 12/05/20	1 John 4 : 11-21

WEDNESDAY, MAY 13, 2020

'YOU SHALL LOVE YOUR NEIGHBOR AS YOURSELF'

Who is your neighbor? It's anyone other than you. He is a family member, neighbor, friend, stranger, spouse, etc. Your neighbor is a human being like yourself. He is created in the image and likeness of God. He appears in your life as a barometer of your faith! In other words, it is through him that you can assess the quality of your christian life. : ***« If someone says, "I love God," but hates a fellow believer, that person is a liar; for if we don't love people we can see, how can we love God, whom we cannot see? And He has given us this command: Those who love God must also love their fellow believers» (1 John 4: 20-21 NLT).*** So to find out if you love God, first appreciate the way you love your brother you see, your neighbor, your friend, your spouse, etc.

Indeed, God has done everything in the life of a human being for a purpose. The man around you, the animals, the plants, even the wicked are there for a purpose: ***« The Lord has made all for Himself, Yes, even the wicked for the day of doom. » (Proverbs 16:4 NKJV).*** Very often, the people you meet are there, either to be a blessing in your life, or for you to be the one in their life. Meeting a random human being on your way is an opportunity to prove that you love God. What about the people with whom you have a covenant (member of your family or your in-laws), they are practical cases of manifestation of the love of God. Remember the good samaritan who helped a man on the street. Two people supposed to be church leaders (a priest and a Levite), people who minister in the church and who claim to love the Lord but who missed a great opportunity to show their love for the God they serve. ***« But a certain Samaritan, as he journeyed, came where he was. And when he saw him, he had compassion. So he went to him and bandaged his wounds, pouring on oil and wine; and he set him on his own animal, brought him to an inn, and took care of him. On the next day, when he departed, he took out two denarii, gave them to the innkeeper, and said to him, 'Take care of him; and whatever more you spend, when I come again, I will repay you» (Luke 10 :33-35 NKJV).*** The Samaritan enemy of the people of Israel, put into practice the gospel of Jesus Christ about love. What an example!

As a christian, a follower of Jesus Christ. As a child of God, do you believe that you have a choice whether to love your neighbor or not? Does the Lord

give you the opportunity to hate your neighbor (family member, spouse, friend, colleague, neighbor, passerby, etc.)? « ***What is written in the Law?*** » ***He replied. "How do you read it?" He answered, 'Love the Lord your God with all your heart and with all your soul and with all your strength and with all your mind; and, 'Love your neighbor as yourself."*** ***"You have answered correctly," Jesus replied. "Do this and you will live» (Luke 10 :26-28 NIV).*** You realize that 'loving your neighbor' is not for Jesus Christ a possibility but it is an injunction, that is to say a precise and formal order to obey immediately. If you are a child of God, you must unconditionally love your brothers: « ***So now we can tell who are children of God and who are children of the devil. Anyone who does not live righteously and does not love other believers does not belong to God» (1 John 3:10 NLT).*** Do you have hatred in your heart for your brother or sister in Christ? Examine yourself and come back quickly in love, otherwise the tempter will come to distance you and strengthen the division by suggesting that you distance yourself, no longer greet each other, and end your fraternal relationships. Warning! Keep nothing evil (jealousy, anger, complaint, resentment, lust, etc.) in your heart against your neighbor, you will thus open the door to the enemy. Clean your heart in prayers.

You have to develop an intimacy with God the Father to be able to love your neighbor as yourself. The more you love God, the more you will be able to love your spouse, your brother, your friend and especially to accept him as he is. Love for God strengthens the capacity to love one's neighbor and makes you resist any ordeal.

Prayer :

Heavenly Father, in the name of Jesus Christ, I choose to love my neighbor at all times and without condition. Amen !

Meditation Texts

Thursday	14/05/20	Proverbs 16 : 1-9
Friday	15/05/20	Luke10 : 25-37
Saturday	16/05/20	1 John 3 : 1-10
Sunday	17/05/20	Matthew 22 : 34-40
Monday	18/05/20	Philemon 1 : 1-21
Tuesday	19/05/20	James 2 : 1-13

WEDNESDAY, MAY 20, 2020

'HOW TO LOVE YOUR NEIGHBOR AS YOURSELF ?'

Love is a spiritual virtue received from God but must be cultivated and grown. Many Christians are not even aware of what they have in their hearts. They are quick to declare they belong to God but when they are tested in their love relationships, they forget their identity. Yes, love is experienced. For nothing, you may find yourself in conflict with a brother, friend or spouse. Small misunderstandings can arise between you, be careful not to let hatred settle: « ***Guard your heart above all else, for it determines the course of your life***» (***Proverbs 4 :23 NLT***). Watch your heart in prayer. Ask the Holy Spirit to neutralize in you all that opposes the will of God. Pray to stay awake and detect bad behaviors that may manifest subtly. Small jealousies and lusts should not be overlooked, pray to put them out quickly!

The new command that sums up the law is: Love God **AND** love your neighbor **AS** yourself. How do you get there?

We must first love God, that is to say, to be attached to Him, to build an intimate relationship: « ***Behold, I stand at the door and knock. If anyone hears My voice and opens the door, I will come in to him and dine with him, and he with Me***» (***Revelation 3:20 NKJV***). When Jesus Christ comes into your life and begins to share your daily life, He gives you the ability to see your neighbor as He sees him, to forgive all his offenses, to have compassion on him. You need Him to erase all bad thoughts, and banish all tribal, ethnic, racial hatreds and barriers. The Holy Spirit renews your mind and your thoughts. (Romans 12: 1-2).

Then love your neighbor as yourself, that is, look at your neighbor as your own yourself. Have consideration for him. Getting inside his skin requires certain attitudes to develop:

-Work on not having a very high opinion of yourself, that is, be humble: « ***Don't think you are better than you really are. Be honest in your evaluation of yourselves, measuring yourselves by the faith God has given us***» (***Romans 12 :3bNLT***). Jesus Christ did not walk in his Super-Man cap, He melted into the crowd and this attitude allowed Him to understand humans and help them.

- Try to get into each other's shoes, in other words consider the difficulties of your neighbor as if it were yours: This is true compassion. Several

miracles happened because Christ had compassion for men. Whenever you lack compassion, you fall into judgment, criticism. Under these conditions, your prayers for your neighbor will not bear fruit : **« Finally, all of you be of one mind, having compassion for one another; love as brothers, be tenderhearted, be courteous» (1 Peter 3 :8 NKJV).**

- Do not be quick to judge or condemn your neighbor but listen to him and try to understand him. Above all, avoid mistreating him no matter what he did wrong because you will receive your reward: **« Do not judge others, and you will not be judged. Do not condemn others, or it will all come back against you. Forgive others, and you will be forgiven. Give, and you will receive. Your gift will return to you in full — pressed down, shaken together to make room for more, running over, and poured into your lap. The amount you give will determine the amount you get back» (Luke 6 :37-38 NLT).**

- Refuse to harbor bad thoughts against your neighbor, denounce them, chase them away: **« And now, dear brothers and sisters, one final thing. Fix your thoughts on what is true, and honorable, and right, and pure, and lovely, and admirable. Think about things that are excellent and worthy of praise» (Philippians 4 :8 NLT).** If, for example, a christian brother no longer comes to meetings, you must first go to him to get his news. Don't suspect him.

In short, God desires true and sincere relations between your neighbor and you. You have the same opponent: the devil. Be welded to block his way because he comes to distract you (Ephesians 6: 11-13). That's love!

Prière :

Father, thank you for your love and wisdom that you give me so that I love my neighbor as myself. Amen!

Meditation Texts

Thursday	21/05/20	Proverbs 4 : 13-27
Friday	22/05/20	Romans 12 : 1-11
Saturday	23/05/20	Romans 12 : 12-21
Sunday	24/05/20	1 Peter 3 :8-17
Monday	25/05/20	Luke 6 : 36-42
Tuesday	26/05/20	Philippians 4 : 1-9

WEDNESDAY, MAY 27, 2020

'LOVE OF NEIGHBOR: A POWERFUL CHANNEL OF EVANGELISM'

It is important to define the word "evangelism". It is the act of evangelizing that is, converting a person to christianity. It is responding to the call made by Christ to all His disciples: **« Go therefore and make disciples of all the nations, baptizing them in the name of the Father and of the Son and of the Holy Spirit, teaching them to observe all things that I have commanded you; and lo, I am with you always, even to the end of the age.» (Matthew 28 :19-20a NKJV)**. This message clearly shows that you have a role to play in the conversion of those around you. You have received the divine power to participate in their conversion, the Father attracts **« No one can come to Me unless the Father who sent Me draws him» (John 6 :44a NKJV) and you, you convince him by your own life and the love you give him!** God begins the works of salvation, christians by their love must continue it. A bit like extending God's hand over the lives of people drawn.

In this time of the end, the emergency is signaled: **'Win the maximum of souls for the Lord and make them disciples.'** This is the second challenge that the Lord has given to his people in 2020. To succeed in this mission, personal witness is very important. Your particular history with God, the transformation you have undergone are elements of your testimony: **« And they have defeated him by the blood of the Lamb and by their testimony. And they did not love their lives so much that they were afraid to die. » (Revelation 12 :11 NLT)**. Do not be the signpost of Jesus Christ, but be the living testimony of Jesus Christ. Anyone who wants to know Christ must see Him in you! Your way of loving, serving, speaking like Christ will be an accelerator of conversions.

« Then you will be arrested, persecuted, and killed. You will be hated all over the world because you are my followers. And many will turn away from me and betray and hate each other. And many false prophets will appear and will deceive many people. Sin will be rampant everywhere, and the love of many will grow cold» (Matthew 24 :9-12 NLT).

Many of these phenomena are being fulfilled. God's people are confused because of the false prophets. Men prefer to die than to accept Christ because of the bad testimonies of the children of God. The body of Christ is divided, one turns against the other. Many suffer persecution from those

around them and lose their faith. The world has denied Christ and has indulged in infamous passions.

The love of many has cooled. It is time for the redeemed people to stand up as to witness to Christ by their character. The world is waiting to see the true sons of God reveal LOVE, reveal Christ: **« For the earnest expectation of the creation eagerly waits for the revealing of the sons of God » (Romans 8 :19 NKJV).**

This is why the evangelism that works the most in this end time does not always consist in preaching the good news but in living it yourself. The good news is LOVE. Many people have broken down in love, couples and families are destroyed due to lack of love. Nations go to war because of a lack of love for others. Jesus Christ came to earth to communicate love. Through men, He speaks in each heart and He says to him "I love you" (John 3:16): **« The Lord has appeared of old to me, saying: "Yes, I have loved you with an everlasting love; Therefore with loving kindness I have drawn you» (Jeremiah 31 :3 NKJV).** Every christian must become the good news of his family, his neighborhood, his environment. **« In the same way, let your good deeds shine out for all to see, so that everyone will praise your heavenly Father » (Matthew 5 :16 NLT).** Walk in love, be quick to bless, protect, help.

By walking in the love of the Father, you communicate it to your neighbor and his conversion is only a matter of time. Love (Jesus) attracts, brings together, and reconciles the hearts of even the most rebellious. Any occasion that presents itself must be an opportunity to evangelize through love.

Priayer :

Father, thank you for the love you giving me. I agree to also become a channel of evangelization to win my neighbor. I promise to show him love. Amen.

Meditation Texts

Thursday	28/05/20	Matthew	28 : 16-20
Friday	29/05/20	John 6	: 43-51
Saturday	30/05/20	Revelation	12 : 1-12
Sunday	31/05/20	Matthew	24 : 1-14
Monday	01 /06/20	Romans 8	:12-27
Tuesday	02 /06/20	Matthew	5 : 13-20

NOTES

[illegible]

PROCLAMATIONS YEAR 2020

« Death and life are in the power of tongue; Anyone who likes it will eat the fruits» (Proverbs 18 :21). The Lord has accomplished everything with the Word and He has given you the power through your mouth to proclaim the blessings and see glorious destinies come to pass. Proclaim with faith the following words inspired by the Holy Spirit and give thanks to God who will certainly accomplish them each in His time (Mark 11:24).

1- I believe in the work of Christ on the cross: When he died, my old man died, when he was raised, my divine nature was raised with Him. All the curses hanging over me and my offspring have been removed. We are now blessed (Romans 6: 4-6).

2- In this year, in this season, I accomplish what the Lord created for me. My family, my offspring, the body of Christ, the movement "*mercredi en montagne*", each for their part, accomplishes what God created for them in the name of Jesus Christ (Ephesians 2:10).

3- I take possession of any place where I find myself according to the Lord's recommendation in Joshua 1 verse 3 and I bring the presence of God everywhere (name the places). His glory is manifested by signs and miracles because He is with me (Matthew 28: 20b).

4- In this season, I live total restoration and the Lord replaces in my life the years that the great army of locusts, jeelk, etc., had devoured in the name of Jesus Christ. (Joel 2:25). I proclaim the physical restoration of the movement "*mercredi en montagne*", of each of my brothers and sisters in faith.

5- "In the name of Jesus, I declare that no one will stand before me. Any opposition to my destiny and that of my brothers in Christ bows its knees at the mention of the name of Jesus (Joshua 1: 5).

6- I hold the Word of God in my heart so that I will not sin against Him (Psalm 119: 11). I adorn myself with good works as I joyfully await the return of Jesus Christ and I refuse all sorts of distraction (Revelation 19: 7-8). I stay awake, I keep my zeal and my flame does not go out in the name of Jesus.

7- For this year 2020:

God's favor is with me every day, 24 hours a day

I live a year of spiritual power, glory, abundance, victory and I overcome all the conflict situations of my life

I portray the character of Christ and keep Him lifted in my life.

I manifest divine health and serve the Lord with total devotion.

I love my family and all those around me. AMEN! PRAISE TO GOD.

FAMILY MOMENT

The Lord poured out a special anointing on the movement *mercredi en montagne* for the restoration of couples and families. It is therefore essential for anyone who joins this movement to submit to this power released by the Heavenly Father and to receive the restoration of his family, his couple.

'Family moment' was inspired by the Holy Spirit to remind us of our role as intercessors for our family or our couple: *« For Zion's sake I will not hold My peace, And for Jerusalem's sake I will not rest, Until her righteousness goes forth as brightness, And her salvation as a lamp that burns » (Isaiah 62 : 1 NKJV).*

There are plans to dedicate two Wednesdays a month to raise families before the throne of grace (Hebrews 4:16), pray for salvation (John 6:44), pray for reconciliation between couples and families (2 Corinthians 5 : 18-20). Pray for sincere forgiveness, that God's love will ablaze hearts. Pray for hunger for the Word and thirst for God in the hearts (Amos 8:11). Pray and destroy any opposition to the glorious destiny of couples and families (Isaiah 54:17; Joshua 1: 5).

Some verses to proclaim for the family :

1- Father, I humble myself before you, I invoke your name and I ask for forgiveness for my family (couple). I acknowledge our sins and renounce all, I beg you to come and heal my family. (2 Chronicles 7: 14).

2-Father, may your reign come into my marriage and into my family and may your will be done there as it is in heaven. (Matthew 6:10).

3-Father, may the blood of Jesus Christ, the Lamb of God speak in favor of my couple and my family, stronger than the blood of Abel. (Hebrews 12:24).

4-Father, like the Israelites, I apply the blood of Jesus on all my family members, to each of their possessions and their homes. By blood, I close the door to the angel of death, the plague, the devourer and the destroyer (Exodus 12: 23-24).

5-Father, by the blood of Jesus, the curse has been removed from my family, I now call the blessing of Abraham to be manifested on my family. (Galatians 3:13).

6- Then proclaim the verses: Mark 10: 7-9, Ephesians 5: 22-24; Ephesians 6: 1-4, Psalm 128.

May the anointing of God pour out on you and your family and bring into existence the life of God, peace, love, joy in the name of Jesus Christ.

ONE YEAR BIBLE READING CALENDAR

AVRIL 2020

JOURS		A. T.	N. T.
Mercredi	1	Juges 13,14,15	Luc 6: 27-49
Jeudi	2	Juges 16,17,18	Luc 7: 1-30
Vendredi	3	Juges 19,20,21	Luc 7: 31-50
Samedi	4	Ruth 1,2,3,4	Luc 8: 1-25
Dimanche	5	1Samuel 1,2,3	Luc 8: 26-56
Lundi	6	1Samuel 4,5,6	Luc 9: 1-17
Mardi	7	1Samuel 7,8,9	Luc 9: 18-36
Mercredi	8	1Sam.10,11,12	Luc 9: 37-62
Jeudi	9	1Sam.13,14	Luc 10: 1-24
Vendredi	10	1Sam. 15,16	Luc 10: 25-42
Samedi	11	1Sam. 17,18	Luc 11: 1-28
Dimanche	12	1Sam. 19,20,21	Luc 11: 29-54
Lundi	13	1Sam. 22,23,24	Luc 12: 1-31
Mardi	14	1Sam. 25,26	Luc 12: 32-59
Mercredi	15	1Sam. 27,28,29	Luc 13: 1-21
Jeudi	16	1Sam. 30,31	Luc 13: 22-35
Vendredi	17	2Sam. 1,2	Luc 14: 1-24
Samedi	18	2Sam. 3,4,5	Luc 14: 25-35
Dimanche	19	2Sam. 6,7,8	Luc 15: 1-10
Lundi	20	2Sam. 9,10,11	Luc 15: 11-32
Mardi	21	2Sam. 12,13	Luc 16
Mercredi	22	2Sam. 14,15	Luc 17 : 1-19
Jeudi	23	2Sam. 16,17,18	Luc 17 : 20-37
Vendredi	24	2Sam. 19,20	Luc 18 : 1-17
Samedi	25	2Sam. 21,22	Luc 18 : 18-43
Dimanche	26	2Sam. 23,24	Luc 19 : 1-28
Lundi	27	1Rois 1,2	Luc 19 : 29-48
Mardi	28	1Rois 3,4,5	Luc 20 : 1-26
Mercredi	29	1Rois 6,7	Luc 20 : 27-47
Jeudi	30	1Rois 8,9	Luc 21 : 1-19

MAI 2020

JOURS		A. T.	N. T.
Vendredi	1	1Rois 10, 11	Luc 21 : 20-38
Samedi	2	1Rois 12, 13	Luc 22 : 1-23
Dimanche	3	1Rois 14, 15	Luc 22 : 24-46
Lundi	4	1Rois 16, 17,18	Luc 22 : 47-71
Mardi	5	1Rois 19, 20	Luc 23 : 1-25
Mercredi	6	1Rois 21, 22	Luc 23 : 26-56
Jeudi	7	2Rois 1,2,3	Luc 24 : 1-35
Vendredi	8	2Rois 4,5,6	Luc 24 : 36-53
Samedi	9	2Rois 7,8,9	Jean 1:1-28
Dimanche	10	2Rois 10,11,12	Jean 1:29-51
Lundi	11	2Rois 13,14	Jean 2
Mardi	12	2Rois 15,16	Jean 3: 1-21
Mercredi	13	2Rois 17,18	Jean 3: 22-36
Jeudi	14	2Rois 19,20,21	Jean 4: 1-26
Vendredi	15	2Rois 22,23	Jean 4: 27-54
Samedi	16	2Rois 24,25	Jean 5: 1-30
Dimanche	17	1Chron 1,2,3	Jean 5: 31-47
Lundi	18	1Chron 4,5,6	Jean 6: 1-21
Mardi	19	1Chron 7,8,9	Jean 6: 22-44
Mercredi	20	1Chron10,11,12	Jean 6: 45-71
Jeudi	21	1Chron13,14,15	Jean 7: 1-30
Vendredi	22	1Chron16,17,18	Jean 7: 31-52
Samedi	23	1Chron19,20,21	Jean 8: 1-29
Dimanche	24	1Chron 22,23,24	Jean 8: 30-59
Lundi	25	1Chron 25,26,27	Jean 9: 1-23
Mardi	26	1Chron 28,29	Jean 9: 24-41
Mercredi	27	2Chron 1,2,3	Jean 10: 1-21
Jeudi	28	2Chron 4,5,6	Jean 10: 22-42
Vendredi	29	2Chron 7,8,9	Jean 11: 1-28
Samedi	30	2Chron 10,11,12	Jean 11: 29-57
Dimanche	31	2Chron 13,14	Jean 12: 1-26

PROGRAM FOR MONTHLY MEETINGS 2020

Date	Activity	Period
26 April 2020	Praise/Sharing/Message + Monthly Prayer	2 :30pm – 6 :00pm
31 May 2020	Praise/Sharing/Message + Monthly Prayer	2 :30pm – 6 :00pm
28 June 2020	Praise/Sharing/Message + Monthly Prayer	2 :30pm – 6 :00pm

➤ **THE MESSENGERES OF THE GOOD NEWS WILL MEET**

ON

SATURDAY MAY 16 2020

« 4:00pm - 6:00pm »

Douala Contact: 672 901 907 / 696 903 639

➤ **THE YOUTHS OF GLORY WILL MEET ON**

SUNDAY 17 MAY 17 2020

« 3:00pm – 6:00pm »

Douala Contact: 676 718 955 / 676 029 307

Foumban : 694 143 032 / Bagangte : 681 986 612

➤ **MONTHLY EVANGELISM DAY**

SATURDAY MAY 23 2020

In all prayer cells

➤ **MEN OF GLORY WILL MEET ON**

SUNDAY MAY 24 2020

« 4:00pm - 6:30pm »

Douala Contact: 694 751 673 / 676 270 560

Foumban : 694 143 032

➤ **THE CHILDREN OF GLORY WILL MEET ON**

SATURDAY MAY 30 2020

« 2:00pm – 5:00pm »

Douala Contact: 677 104 852 / 696 772 581

Foumban : 694 143 032

➤ **2020 CONVENTION – 8TH EDITION**

For more info: 694 751 673 / 676 270 560

THE VISION

My beloved, it is a grace and a privilege to be part of a great family of Christ. This family has God as a father and Jesus Christ as first born. The bible says « Yet to all who received him, to those who believed in his name he gave the right to become children of God » (John 1:12).

To maintain a good relationship from father to son, it becomes necessary and even indispensable to take time with God through fasting, prayer and meditation on the word of God.

This is the reason why under the divine inspiration in March 2012, the program called « *Heure de Montagne* » was born and brings together people from diverse backgrounds in prayer cells every Wednesday in a spirit of fasting.

GOALS

- *Constitute prayer cells that welcome people who wish to deepen their relationship with God*
- *Establish a very large chain of national and international prayer every Wednesday.*
- *Impact lives, Restore homes, families, activities.*
- *Win souls to Christ and encourage them to find Christian assemblies for their edification.*

If you desire to join us in this divine mission, these are our contact:

Douala - Cameroon

Tél : (00237) 697 547 726 / 676 036 054 / 656 670 707

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Bafoussam - Cameroon

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Mbouda - Cameroon

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Balgon - Cameroon

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Bamendjou - Cameroon

Tél : (00237) 674 099 050

Kribi - Cameroon

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Nkongsamba - Cameroon

Tél : (00237) 6 74 366 188

Canada

Tél : (00237) 438 7 / 514 400 04 17

If you want to make a donation, contact us on:

676 270 560 / 694 751 673 / 676 036 054