

JULY
2020

Weekly Topic for prayer and meditation, to impact lives.

Mercredi en Montagne

*Therefore if anyone is in Christ, he is a new creation, the old has gone, the new has come!
(2 Corinthians 5: 17)*



When you
**SEE THE SIGNS,
STRAIGHTEN UP!**

Now when these things begin to take place, straighten up and raise you heads, because your redemption is drawing near.

(Luke 21:28 (ESV))

CONTENT:

- One topic of meditation per week
- Scripture for daily meditation
- Exhortation messages

**FAMILLE
"GLOIRE"**
Jean 17:22

Message of the Lord: What if Jesus Christ comes back today?

From **John 14 :3** « *And if I go and make ready a place for you, I will come back again and will take you to Myself, that where I am you may be also*» (Amplified Bible)

The return of Jesus Christ is not a fairy tale, it's the truth and the signs are already manifesting.

Get ready for His return, straighten up so as not to be surprised: « ***Now when these things begin to take place, straighten up and raise your heads, because your redemption is drawing near***» (Luke 21:28 ESV).

Testimonies:

- The Lord has granted me the grace to experience divine health. I haven't taken any medication for several years. I bless Him and give Him thanks for the revelation of His Word that set me free.

- Before I had the revelation of who my Heavenly Father is, when I walked away from Him through disobedience, I found it hard to come back home and the devil kept guiltling me all day long, telling me how my Father no longer wants me. So I could not repent since I told myself that it would be useless. Glory be to God who through teachings has given me to know Him, to know His Love and His Kindness. Today, no matter how weak, I no longer let Satan lie to me, I sincerely repent before my Father and implore His deliverance.

Following these testimonies, if you also desire to have a new experience with God, open your heart to Him through this prayer: « ***Lord Jesus Christ, I make a covenant with You today. I open my heart to You and sincerely receive You. Fill me with Your love. Reign totally in my life. Amen!*** ». You are therefore a child of God. Alleluia!

A word of advice: If you are not yet a member of a Christian community, ask the Lord to guide you to one of them in order to exercise your faith.

Note: The biblical verses present in this manual are taken from the following translations: '***New King James Version (NKJV)***', '***Amplified Bible Classic Edition (AMPC)***', '***New Living Translation (NLT)***' and '***English Standard Version (ESV)***'.

Year of total consecration to God, Year of souls winning, Year of abundance (Psalm 37:4)... Happy year 2020!

THE VISION 'MERCREDI EN MONTAGNE'

Mercredi en Montagne is a movement inspired by God for the restoration of lives and families. It works in prayer cells.

Through this movement, God works to transform a soul so he should manifest the character of Christ; his life becomes a testimony that favors the salvation of his loved ones (family, neighbor, colleague etc.). Only the Word of God unites all the persons who get connected to this program. It welcomes anyone, believer or not, and allows everybody to start or continue serving God in their own church.

Under the inspiration of the Holy Spirit, edification themes are developed every month in this booklet that is distributed for free and the Lord raises in His people a spirit of devotion and sacrifice for His glory; it is the reason why edification meetings are held every Wednesday afternoon in the different prayer cells (Douala, Yaounde, Bafoussam, Bagangte, Bamendjou, Bangou, Ebolowa, Kribi, Fouban, Bertoua, Kouoptamo, Tchoutnoun, Baïgon, Mbouda, Dschang, as well as in Canada and in the Central African Republic).

To spread the Gospel through the booklets and cover all the nation remains our challenge. Families, lives, couples are restored; business leaders are won over to Christ and impact their activities. The ministry '*prayer life*' is born: prayers are raised at waking hours (00 a.m., 3 a.m., 6 a.m., 9 a.m., 12 p.m., 3 p.m., 6 p.m., 9 p.m.) and many testimonies of healing, deliverance and life transformations are noted. The Lord prepares sentinels to watch. Intense programs multiply throughout the year to create impact. The websites www.mercredienmontagne.com, www.ChercheDieu.com and several expansion projects have been launched with the aim of spreading the gospel on the earth. The vision progresses according to this divine instruction: « ***Enlarge the place of your tent, stretch your tent curtains wide, do not hold back; lengthen your cords, strengthen your stakes. For you will spread out to the right and to the left; your descendants will dispossess nations...*** » (Isaiah 54: 2-3).

Praise the Lord!

PROGRAMME : EVERY WEDNESDAY

05 a.m – 06 a.m	Morning devotion (Praises, worship, prayer, meditation)
03:30p.m–06 p.m	Prayer in cells or individually

Great prayer union every Wednesday. Fasting without drink or food is observed from **00 a.m to 6 p.m.**

Note: From Monday, prepare yourself in prayer for fasting

DAILY PRAYER CHAIN OPEN TO ALL

'PRAYER LIFE'

(The Sentinels)

You, son of God, no matter your Christian assembly, take at least 5 minutes and join your voice to that of a multitude to raise these prayers where you are (in the market, at home, in the office, in a means of transportation, etc.) at the indicated waking hours (00 a.m., 3 a.m., 6 a.m., 9 a.m., 12 p.m., 3 p.m., 6 p.m., 9 p.m.). This prayer program is inspired by the Holy Spirit and aims to saturate the spiritual atmosphere of each day by raising true intercessors for the Heavenly Kingdom.

You can choose one or more waking hours and thus participate effectively in this prayer chain. In case of misunderstanding or revelations, please contact us.

Our contacts: +237 675 204 082 / 678 660 809

Glory be to God who always answers us.

Hours	Prayer topics
00 :00 a.m.	« <i>This is the day the Lord has made: we will rejoice and be glad in it</i> » Psalm 118 : 24
	Prayer for the kingdom of God in Cameroon and over nations
	<ul style="list-style-type: none"> - Let us cancel every decree of Satan and every project and maneuvers of the world of darkness in Cameroon and on nations (list them) : « <i>For we do not wrestle against flesh and blood, but against principalities, against powers, against the rulers of the darkness of this age, against spiritual hosts of wickedness in the heavenly places</i> » Ephesians 6: 12. - Let us pray that the Holy Spirit should uncover what is hidden in the darkness, produce light in the shadow of death and give an increase in Cameroon and other nations (name them). Job 12 :23-25
	Prayer for families
03 :00 a.m.	<ul style="list-style-type: none"> - Ephesians 4:15 « <i>But, speaking the truth in love, (we) may grow up in all things into Him who is the head, Christ</i> ». Let us pray that the Holy Spirit should make us speak the truth with love to our brothers and sisters in Christ and to the members of our families in order to grow in Christ. - Let us pray for the deliverance and healing of the sick (<i>list the names of the sick</i>) and proclaim the kingdom of God in our families, in Hospitals, Schools, Companies and Prisons. « <i>Heal me, O Lord, and I shall be healed</i> » Jeremiah 17 :14
	Ephesians 5:20 « <i>And give thanks for everything to God the Father in the name of our Lord Jesus Christ</i> ».
	Prayer for the growth of the Body of Christ (christian family)
	<ul style="list-style-type: none"> - Let us pray that the grace which was given to each one of us according to the measure of Christ's gift should be used « <i>for the equipping of the saints for the work of ministry, for the edifying of the body of Christ</i> » Ephesians 4 : 7,12 - Let us pray for the vision and the missions of the movement MEM so that each member can join and contribute effectively. Isaiah 54 : 2-3
	Prayer for the Ministry of Justice in Cameroon and in nations
	<ul style="list-style-type: none"> - Let us pray for the Ministry of Justice of Cameroon and for the judicial system of each nation so that the ministers, judges, prosecutors, lawyers, etc. should work according to the Holy Spirit to deliver fair justice. Ps 119:142 « <i>Your righteousness is an everlasting righteousness, and Your law is truth</i> ». - Let us pray for the salvation of the souls of all people in prison, for their families and for the courts of Cameroon so that the justice of our God should be done and that the kingdom of Jesus Christ comes to improve their prison conditions. Hebrews 13 : 3

06 :00 a.m.	<p>- 1 Thess 5:18 <i>«In everything give thanks; for this is the will of God in Christ Jesus for you ».</i></p>
	<p>Prayer for the leaders of Cameroon and of nations</p>
	<p>- Let us pray for the leaders of Cameroon and of other nations (name them) so that God the Father should draw their souls to Christ Jesus for their salvation. In fact, Jesus said: <i>« No one can come to Me unless the Father who sent Me draws him; and I will raise him up at the last day »</i> John 6:44.</p> <p>- Let us pray that the leaders of Cameroon and of other nations should support the Church in her ministry of evangelization so that the Gospel is preached serenely and that as many souls as possible may be saved in each nation. Acts 9 : 31</p>
	<p>Prayer for unity in families</p>
	<p>- Let us pray for the unity of faith, the knowledge of the Son of God and the manifestation of the Holy Spirit in the movement MEM and in the Church of Christ on earth. Ephesians 4 :13</p> <p>- Let us pray for mutual forgiveness among family members as Colossians 3:13 says, <i>«Bearing with one another, and forgiving one another, if anyone has a complaint against another ; even as Christ forgave you, so you also must do»</i></p>
09 :00 a.m.	<p><i>« Continue earnestly in prayer, being vigilant in it with thanksgiving »</i> Colossians 4:2</p>
	<p>Prayer for the Ministry of Health in Cameroon and in other nations</p>
	<p>- Let's pray that the Lord should give wisdom and intelligence to the Minister of Health and to all medical personnel in Cameroon so that they work effectively to care for the sick without any discrimination.</p> <p>- Let's entrust to God all the sick in Cameroon (name them) and pray for the improvement of health infrastructures in Cameroon and in other nations. Jer 17 : 14</p>
	<p>Prayer for families</p>
	<p>- Let's pray for the salvation of the souls of all members of our families (name them). Indeed, <i>«Believe on the Lord Jesus Christ, and you will be saved, you and your household»</i> Acts 16: 31.</p> <p>- Let's pray for divided families and for destitute families so that the Lord should provide for their needs, as it is written: <i>«And my God shall supply all your need according to His riches in glory by Christ Jesus »</i> Phil 4 : 19</p>
12 :00 p.m.	<p><i>« We give thanks to God, the Father of our Lord Jesus Christ, praying always for you »</i> Colossians 1:3.</p>

	<p>Prayer for the Ministry of Transports in Cameroon and in other nations</p> <ul style="list-style-type: none"> - Let's pray that the Lord should give wisdom and intelligence to the Minister of Transports and to all the personnel involved in transport in Cameroon (motorbike, taxi, bus, plane, train etc.) so that they work efficiently by respecting the safety rules inspired by the Holy Spirit. 1 Tim 2 : 1-3 - Let's destroy all the traps of darkness aimed at causing traffic accidents and pray that God should deploy His angels to ensure the safety of transport in Cameroon. <p>Prayer for persecuted christians</p> <ul style="list-style-type: none"> - Let's pray for the Christians who are persecuted around us and in the world because « <i>...Peter was kept in prison, but fervent prayer for him was persistently made to God by the church (assembly)</i> » Acts 12 :5 - Let's defeat all maneuver of the world of darkness aimed at persecuting Christians around us. « <i>O Lord my God, in You I put my trust ; Save me from all those who persecute me ; And deliver me</i> » Psalms 7 :1
03 :00 p.m.	<ul style="list-style-type: none"> - Let's give thanks to God, who always leads us in triumph in Christ, and through us diffuses the fragrance of His knowledge in every place. 2 Corinthians 2:14 <p>Prayer for the economy of Cameroon and of other nations</p> <ul style="list-style-type: none"> - Let's stop all influence of Covid-19 on the economy of Cameroon and the nations of the world; let's pray for the restoration of material and spiritual possessions of the nations and declare that they are fairly managed for the happiness of the people. Amos 9 :14 - Let's pray that the Lord should multiply employment opportunities in Cameroon and that the Entrepreneurs should treat their employees fairly and equitably. Amos 9 :14 <p>Prayer for perseverance in faith at the movement MEM</p> <ul style="list-style-type: none"> - Acts 2:42 « <i>And they continued steadfastly in the apostles' doctrine and fellowship, in the breaking of bread, and in prayers</i> » Let's pray that all the members of the movement MEM should persevere with faith in the activities of each group of the movement and that new gifts should be manifested. - Let's pray that the Holy Spirit should strengthen us in times of weakness, trial and temptation, for « <i>...he who endures to the end shall be saved</i> » Matthew 24: 13.

06 :00 p.m.	Prayer for the Ministry of education in Cameroon and in other nations
	<ul style="list-style-type: none"> - Prov. 22:6 «<i>Train up a child in the way he should go, and when he is old, he will not depart from it</i>». Let's pray for the instruction of our children so that the Holy Spirit through us should show them the way and that they never turn away from it. - Let's pray that the Holy Spirit should transform the educational system of Cameroon to be in conformity with the will of God for the development of Cameroon. Proverbs 22 : 6 Prayer for families <ul style="list-style-type: none"> - Let's pray for the salvation of souls, protection, blessing and consecration of our families (parents, spouses, children, etc.) to the Lord Jesus Christ; indeed, «<i>As for me and my house, we will serve the Lord</i>» Joshua 24:15. - Mark 1:32 «<i>...they brought to Him all who were sick and those who were demon-possessed</i>». Let's pray that the sick and demoniacs (name them) in our families should be brought to Jesus Christ by the Gospel and receive their healing.
09 :00 p.m.	Prayer for the Ministry of territorial administration, and for politics in Cameroon <ul style="list-style-type: none"> - Psalm 2:10-11 «<i>Now therefore, be wise, O kings; Be instructed, you judges of the earth. Serve the Lord with fear, and rejoice with trembling</i>». Let's proclaim this passage of the Scripture in order to submit to the will of God, the president and the politicians of Cameroon and of other nations. - Let's destroy all demonic altar erected in public places in Cameroon (crossroads, hospitals, markets, schools, etc.) and bind the strong men who are there in the name of Jesus Christ. Hosea 10:2 «<i>The Lord will break down their altars; He will ruin their sacred pillars</i>». Prayer for families <ul style="list-style-type: none"> - Let's pray that Christ should reveal Himself to each member of our families (Acts 26:13) and that the Light of Christ should meet them (Isaiah 9:2). - Let's pray that each child of God should witness Christ effectively in his family. Acts 2:41, 47 - Let's pray for marriages, children, protection, provisions, restoration of couples, and the salvation of our families' members. Matthew 19:6, Psalm 127:3 - Let's pray that the Body of Christ should get ready for the return of Jesus Christ

SUBTHEMES OF THE MONTH AND TEACHINGS

These subthemes and teachings are made available to you so that you can read them with greater attention while holding your Bible close to you. Take notes that will help you to meditate deeply on the message the Lord will give you personally.

You can join us through 15 cells in Cameroon and 2 cells beyond (Central African Republic and Canada). You can also do it virtually using the live sessions on our FaceBook page '*mercredi en montagne*' at the appointed times, and the Replays on our YouTube channel '*mercredi en montagne*'. You will thus be able to fellowship with brothers and sisters who have the same passion as you: To discover the greatness of the love of our Lord and Savior Jesus Christ and be subject to Him.

If you have questions related or not to these teachings, or need prayers, please contact us.

Our contacts: +237 672 901 907/ 697 610 026 / 678 547 556

Glory be to God who acts powerfully.

MESSAGE OF THE MONTH: JULY 2020

When you see the signs, straighten up!

« *While He was seated on the Mount of Olives, the disciples came to Him privately and said, 'Tell us, when will this take place, and what will be the sign of Your coming and of the end (the completion, the consummation) of the age?'* » (Matthew 24:3 AMPC). Perhaps you are one of those who are wondering about the return of Jesus Christ as the disciples did; you may find the wait too long and you doubt. Know that the signs are already there and Christ is telling you: « *When you see the signs, straighten up!* » (Luke 21:28a ESV). Straighten up to be ready when He comes back to take His Church.

SUBTHEMES OF THE MONTH:

Wed. 01 July	The Lord does not surprise His children
Wed. 08 July	Pay attention to the signs
Wed. 15 July	Don't worry about your life
Wed. 22 July	Straighten up!

SHARING AND TEACHINGS OF THE MONTH:

Wed. 01 July	'Family moment' (intense prayers for families)
Wed. 08 July	Teaching topic: Unconditional love part 1 : The revelation of God's love
Wed. 15 July	Teaching topic: Unconditional love part 2 : Your response to God's love
Wed. 22 July	'Family moment' (intense prayers for families)

FAMILY MOMENT:

Recommendations

WEDNESDAY, JULY 01, 2020

'THE LORD DOES NOT SURPRISE HIS CHILDREN'

God is a good Father, He is foresighted and He knows all things down to the smallest detail because He created them. He knows the beginning and the end of all things because He is the first and the last: « ***I am the Alpha and the Omega, the First and the Last, the Beginning and the End***» (***Revelation 22:13 NLT***).

Having accepted Jesus Christ in your heart and having confessed Him with your mouth, God became your Father, He lives in you and you live in Him by His Spirit (the Holy Spirit) whom He gave you: « ***By this we know that we abide in him and he in us, because he has given us of his Spirit***» (***1 John 4:13 ESV***). What a grace! You are therefore in the secrets of your Father.

When God calls you, He makes a covenant with you and He reveals to you His plans and projects for your life, your descendants, your family, your nation and even the world. This was the case of Abraham who believed in God, was called friend of God and God did not hide from him His plans concerning his offspring as well as the fate reserved for the cities of Sodom and Gomorrah : « ***Then the men got up from their meal and looked out toward Sodom. As they left, Abraham went with them to send them on their way. "Should I hide my plan from Abraham?" the Lord asked. "For Abraham will certainly become a great and mighty nation, and all the nations of the earth will be blessed through him***» (***Genesis 18:16-18 NLT***).

Yes, God did not want to surprise His friend Abraham by the destruction of the cities of Sodom and Gomorrah. So how much more you His child!

Jesus Christ Himself was in His Father's secrets and He did not hide from His disciples what He was doing or would do: « ***No longer do I call you servants, for the servant does not know what his master is doing; but I have called you friends, for all that I have heard from my Father I have made known to you***» (***John 15:15 ESV***). The disciples spent a lot of time with Jesus Christ, who also did the same in the presence of His Father. They went everywhere together, ate, slept, prayed together. Nothing in the life of Jesus was hidden from them: they became intimate.

God wants this intimate relationship with you, He uses all kinds of tricks to warn you and tell you what will happen: « ***Call to me and I will answer you, and will tell you great and hidden things that you have not known***» (***Jeremiah 33:3 ESV***). If you know your father, you should be able to

recognize the smallest details of what He wants to do, that's why He gave you His Spirit: « ***'In the last days', God says, 'I will pour out my Spirit upon all people. Your sons and daughters will prophesy. Your young men will see visions, and your old men will dream dreams'***» (Acts 2:17 NLT).

God warns His children, He does not surprise them. Jesus Christ did not surprise the apostles with His death and resurrection, He announced it to them in advance: « ***From that time Jesus began to show his disciples that He must go to Jerusalem and suffer many things from the elders and chief priests and scribes, and be killed, and on the third day be raised***» (Matthew 16:21 ESV). Yes, the Lord goes through prophecies, visions, signs that are hidden from men but presented to His children: « ***That is what the Scriptures mean when they say, "No eye has seen, no ear has heard, and no mind has imagined what God has prepared for those who love him"***» (1 Corinthians 2:9 NLT).

For you child of God, things are announced clearly, there is no parable. Everything contributes to your understanding of the signs, the messages that the Father gives you: a given word, an image, a music, a meditation, a prayer, a teaching, and many other things; Your Father puts everything in place and arranges each piece so that you understand what is happening or will happen. He doesn't ask you to predict the path by which these things will happen because you can't even imagine it: « ***For just as the heavens are higher than the earth, so my ways are higher than your ways and my thoughts higher than your thoughts***» (Isaiah 55:9 NLT). In short, your Father simply does not want you to be ignorant of His plans.

Prayer:

Eternal Father, thank you for revealing to me your plans, I now know that all things work together for a better future in the name of Jesus Christ. Amen!

Meditation Texts

Thursday 02/07/20	Revelation 22 : 10-15
Friday 03/07/20	1 John 4 : 13-19
Saturday 04/07/20	Genesis 18 : 16-18
Sunday 05/07/20	John 15 : 12-17
Monday 06/07/20	Jeremiah 33 : 1-9
Tuesday 07/07/20	Acts 2: 14-21

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WEDNESDAY, JULY 08, 2020

'PAY ATTENTION TO THE SIGNS'

Eternal God, the Father of all creation has put on earth clues, some external demonstrations to make us know and understand the things that are going to happen. He uses everything: signs, gestures, nature: **« Does not even nature itself teach you that... »** **(1 Corinthians 11:14a NKJV)**. When the clouds get dark, you know it will rain; when a baby cries, he expresses a need and you try to find out if he is hungry, thirsty, if he is sick, if he wants to sleep, if he needs to be cleaned. The same goes for the seasons, there are always signs that precede a season: **« Then he gave them this illustration: "Notice the fig tree, or any other tree. When the leaves come out, you know without being told that summer is near"» (Luke 21:29-30 NLT)**.

The Lord has arranged all of creation to be able to communicate with us; He uses many means of expression. God is speaking and He would like you to listen, to be careful with what He says: **« For God speaks in one way, and in two, though man does not perceive it. » (Job 33:14ESV)**.

If you refuse to see the signs or to consider them, you will be surprised. Jesus Christ is coming soon to take His Church and judge the world. The disciples wanted to know the signs that announce His coming and asked the Lord: **« Later, Jesus sat on the Mount of Olives. His disciples came to him privately and said, "Tell us, when will all this happen? What sign will signal your return and the end of the world?"» (Matthew 24:3 NLT)**. Today you have the grace to be able to receive Jesus Christ the true light of the world who makes the scales fall from your eyes and draw your attention to the signs of the end. Don't reason! Everything is accomplished.

Pay attention to the signs which announce the return of the Lord; Satan is not converted and will never be, he will always do his destructive work because it is his nature and his days are numbered. So don't be distracted. Technology will continue to evolve, fashion as well. What is natural, normal and sober will become abnormal for most. But you, do not follow them: **« Don't copy the behavior and customs of this world, but let God transform you into a new person by changing the way you think. Then you will learn to know God's will for you, which is good and pleasing and perfect» (Romans 12:2NLT)**. The desires of your own nature must not make you ignore these signs: God wants to save you, He wants you to be ready. Christ

said what was going to happen, the signs have started manifesting: **«And there will be signs in sun and moon and stars, and on the earth distress of nations in perplexity because of the roaring of the sea and the waves» (Luke 21:25 ESV).** Isn't that what we see? More and more men live in fear, pandemics are ravaging the world and the dead in large numbers: old, young, children, rich and poor; everyone's going through without preference. Men are becoming more selfish and enemies of good people: **«But understand this, that in the last days there will come times of difficulty. For people will be lovers of self, lovers of money, proud, arrogant, abusive, disobedient to their parents, ungrateful, unholy» (2 Timothy 3:1-2 ESV).**

Pay attention to the signs, to watch in prayer; Seek the presence of God more than anything else; Be more and more thirsty for the Word of God; Let it transform you and transform those around you; Desire to see the manifestation of the kingdom of God on earth, Christ did not save you by emotion but by love. He didn't save you so that you should be alone in paradise. And you, do you love your neighbor enough to see him saved despite the offenses he inflicts on you? **« who desires all people to be saved and to come to the knowledge of the truth. For there is one God, and there is one mediator between God and men, the man Christ Jesus, who gave himself as a ransom for all» (1 Timothy 2:4-6a ESV).** You have something to do.

Prayer:

Father, I give you thanks for the privilege you have given me to know the signs of the end, I persevere until the end in prayer and I preach the Gospel of Christ with love in the name of Jesus Christ. Amen!

Meditation Texts

Thursday	09/07/20	Luke 21 : 25-35
Friday	10/07/20	1 Corinthians 2 : 8-16
Saturday	11/07/20	Job 33:14
Snday	12/07/20	Matthew 24 : 3-14
Monday	13/07/20	Romans 12 : 1-11
Tuesday	14/07/20	2 Timothy 3 : 1-9

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WEDNESDAY, JULY 15, 2020

"DON'T WORRY ABOUT YOUR LIFE"

God speaks, the world also speaks but God is not a man to lie (Numbers 23:19), He is God : **«Be still, and know that I am God I will be exalted among the nations, I will be exalted in the earth » (Psalm 46:10NKJV).** He announced the coming of Jesus

Christ as Savior, He said He was to be mistreated, killed, and resurrected on the third day, then ascends into heaven to prepare a place for us, He said He will send His Spirit to dwell with us. Wow! All these words were fulfilled, He also said He is coming back to get us, what He says, He always fulfills: **« Heaven and earth will pass away, but my words will not pass away. » (Mark 13:31 ESV).** If you know your Father then you know that the prophecy will be fulfilled, He has not said anything that He has not done: **« This vision is for a future time. It describes the end, and it will be fulfilled. If it seems slow in coming, wait patiently, for it will surely take place. It will not be delayed» (Habakkuk 2:3 NLT).**

Jesus is coming back, that's for sure. The situations you are going through are there to prepare you for His return and not to try to survive it, become aware of who you are: son of God. Remember that the enemy of your soul will not make things easier for you; he will always try to bring you back into the world and fix your gaze on reality and not on truth. You may experience moments of lack but if you know your Father, you should not worry: **« Then He said to His disciples, "Therefore I say to you, do not worry about your life, what you will eat; nor about the body, what you will put on» (Luke 12:22 NKJV).**

You are on earth for a purpose, do not be distracted by the situations you are going through even if it seems difficult, your Father reserves the best for you, focus on Jesus Christ. He himself faced adversity, temptation, and because He kept his Father's Word in his heart, He always came out victorious. Christ is your model, He came to give you the revelation of your name «son of God» because you come from heaven. For His mission, God had equipped Him and in front of a crowd of five thousand men, He remembered that He is BLESSED and exercised His mandate of multiplication with faith: **« And Jesus took the loaves, and when He had given thanks He distributed them to the disciples, and the disciples to those sitting down; and likewise of the fish, as much as they wanted» (John 6:11 NKJV).** Why worry about the next day?

Moses was given the mission to bring the people of Israel out of Egyptian bondage, he had only the Word of God and the assurance that God was with him (Exodus 3). Joshua, Gideon, and even the disciples of Jesus Christ had only the Word of God and the assurance of his presence to accomplish their mission. They paid no attention to their lives because they focused on the essential: Christ. That's why Paul could say: « ***But I do not account my life of any value nor as precious to myself, if only I may finish my course and the ministry that I received from the Lord Jesus, to testify to the gospel of the grace of God***» (Acts 20:24 ESV). The return of Christ should not surprise you, no one knows the day of His coming, so do not live as if your final destination was the earth. In Noah's day, the men ate and drank and ignored Noah's warnings, the flood surprised them. Likewise the inhabitants of Sodom and Gomorrah lived in the pleasures of life of all kinds and the destruction of their cities surprised them (Matthew 24: 37-42). God also warns you today: « ***But watch yourselves lest your hearts be weighed down with dissipation and drunkenness and cares of this life, and that day come upon you suddenly like a trap***» (Luke 21:34 ESV).

Do not fear the adversity that will come into the world; do not fear death; do not worry about your life but focus on the Word of God. Maintain and grow your relationship with Him, pay attention to what is in your heart. Learn how to shut up and silence all the noise in and around you to listen to the Holy Spirit and submit yourself to Him. «***Don't worry about anything; instead, pray about everything***» (Philippians 4:6a NLT). Don't worry, your Father is there.

Prayer:

In the name of Jesus Christ, I renounce all the times I have worried about my life. Father, I keep your Word in my heart to live as you have planned for me. Amen!

Meditation Texts

Thursday 16/07/20	Psalm 46:1-12
Friday 17/07/20	1 Timothy 2 : 1-7
Saturday 18/07/20	Mark 13 : 28-37
Sunday 19/07/20	Habakkuk 2 : 1-6
Monday 20/07/20	Luke 12 : 22-31
Tuesday 21/07/20	Acts 20 : 17-28

NOTES

WEDNESDAY, JULY 22, 2020

'STRAIGHTEN UP!'

A driver left the city where he lived for his city of birth. Having left his hometown for a long time and no longer remembering the way to return, he had a specialized GPS which showed him the way to follow. On his way, he saw signs and signals that showed him the attitudes and gestures to make or arrange, and the closer he got to his goal. If he was unaware of them, the risks of accident, slippage and even death were certain, so care had to be taken to execute each prescription to be sure of arriving safely. It was necessary to arrange, to straighten up. This driver is you, your GPS is the Holy Spirit and your road safety manual is the Word of God: You have to reach your goal. This is why the apostle Paul says: **« No, dear brothers and sisters, I have not achieved it, but I focus on this one thing: Forgetting the past and looking forward to what lies ahead, I press on to reach the end of the race and receive the heavenly prize for which God, through Christ Jesus, is calling us.» (Philippians 3:13-14 NLT).**

To straighten up is to get up, to find energy, to put back in the right path what was twisted, etc. Jesus Christ gives you these recommendations to tell you what to do when you see the signs of His return: **« Now when these things begin to take place, straighten up and raise your heads, because your redemption is drawing near! » (Luke 21:28 ESV).** Christ is saying to you: straighten up. Receive Him now and enter into the covenant with Him, if you hear His voice, no longer harden your heart. Receive His peace, receive the rest He gives you and receive your inheritance: **« Therefore, as the Holy Spirit says: "Today, if you will hear His voice, Do not harden your hearts"» (Hebrews 3:7-8a NKJV).**

He saying to you: straighten up. Are there still things that are disrupting your walk and your fellowship with God? What weaknesses are you still caressing? Who have you not forgiven? Give back to your neighbor what you owe him: is it Love? Affection? Respect? Submission? Give it up and renounce the alliances and practices that you had made with the world of darkness; leave anger and fury. Satan has experience in his career as a liar, the only thing that can stop him is the Word of God revealed in you. So don't let it rob you of your heavenly heritage: **« giving thanks to the Father, who has qualified you to share in the inheritance of the saints in light...» (Colossians 1:12 ESV).**

Lift up your head and move forward in your walk: the joy of the Lord is your strength. You have been for long bent under the weight of trials and difficult situations, no longer live in shame, no longer live under the burden of accusations, no longer look at your past, at rejection, at injuries but look at your Father who love and always welcome you when you return to Him. He speaks to your heart and shows you His deep love: **«Never again will you be called "The Forsaken City" or "The Desolate Land." Your new name will be "The City of God's Delight" and "The Bride of God," for the Lord delights in you and will claim you as his bride» (Isaiah 62 :4 NLT).** Wow! What a declaration! The signs are there to tell you that the end of the trip is near, whatever those signs are, let your faith speak, raise your head, do not lose patience: your deliverance is coming. Strengthen up and regain courage: **«This is my command—be strong and courageous. » (Joshua 1:9a NLT).**

Lift up your head and see God as He is; see your spouse, family members, neighbors and coworkers as God sees them and dominates over the evil thoughts that the devil inspires in you about them.

Straighten up, lift your head, resume with the life of meditation that you had abandoned or neglected; resume with your prayer life which was already disappearing; resume with the announcement of the Gospel you left **« For you have been born again, but not to a life that will quickly end. Your new life will last forever because it comes from the eternal, living word of God» (1 Peter 1:23 NLT).** The divine seed that you received does not die, it is in you, it is eternal, so STRAIGHTEN UP! It is God's will.

Prayer:

Almighty father, you call me to straighten up and move forward. I can do everything by the Holy Spirit who strengthens me in the name of Jesus Christ. Amen!

Meditation Texts

Thursday	23/07/20	Philippians 3 : 12-21
Friday	24/07/20	Hebrews 3 : 1-14
Saturday	25/07/20	Colossians 1: 9-22
Sunday	26/07/20	Isaiah 62 : 1-8
Monday	27/07/20	Joshua 1 : 1-9
Tuesday	28/07/20	1 Peter 1: 13-25

PROCLAMATIONS YEAR 2020

« *Death and life are in the power of the tongue, and those who love it will eat its fruit* » (Proverbs 18:21 NKJV). The Lord accomplished everything with the Word and He gave you the power through your mouth to proclaim blessings and see glorious destinies fulfilled. Proclaim with faith the following words inspired by the Holy Spirit and give thanks to God who will certainly accomplish them each in His time (Mark 11:24).

1- I believe in the work of Christ on the cross: When He died, my old man died with my bad temper (lying, slander, jealousy, lust, anger, cheating, immodesty, dishonesty). All the curses that were weighing on me and on my offspring have been removed (hereditary disease, various curses: list them). We are now blessed (Romans 6: 4-6). When He rose from the dead, my divine nature rose with Him, my new life rose with Him.

2- Christ in me, the hope of glory (Colossians 1:27). In Christ I am fully restored, my home and family are restored and we enter into God's perfect plan for our lives.

3- Jesus Christ is YES to everything that God has promised for me and my family (quote the promises). It is also through Jesus Christ that I say YES to all what God has promised (2 Corinthians 1:20 NLT).

4- I arise and I shine, for my light has come, the glory of the Lord has risen upon me (Isaiah 60: 1). My family and I accomplish what the Lord created us for (Ephesians 2:10).

5- I make peace with all (I forgive and humble myself to ask for forgiveness from all those I have offended (cite the names), I manifest God's unconditional love towards all and I decide to walk in sanctification (integrity, holiness, etc.) (Hebrews 12:14).

6- In the name of Jesus, I declare that no one will stand before me. Any opposition to my destiny and that of my brothers in Christ, of my blood family, bows its knees at the mention of the name of Jesus (Joshua 1: 5).

7- I adorn myself with good works as I joyfully await the return of Jesus Christ and I refuse all sorts of distraction (Revelation 19: 7-8). I stay awake, I keep my zeal and my flame burning (Luke 12:35).

8- I live a year of spiritual power, glory, abundance, victory and I overcome all conflict situations of my life.

I manifest the character of Christ and keep it high in my life.

I manifest divine health and serve the Lord with total devotion.

I bless my family and all those around me. AMEN! PRAISE TO GOD!

FAMILY MOMENT

The Lord poured out a special anointing on the movement *mercredi en montagne* for the restoration of couples and families. It is therefore essential for anyone who joins this movement to submit to this power released by the Heavenly Father and to receive the restoration of his family, his couple.

'Family moment' was inspired by the Holy Spirit to remind us of our role as intercessors for our family or our couple: *« For Zion's sake I will not hold My peace, And for Jerusalem's sake I will not rest, Until her righteousness goes forth as brightness, And her salvation as a lamp that burns » (Isaiah 62: 1 NKJV).*

It's a matter of devoting one to two Wednesdays per month to raise families before the throne of grace (Hebrews 4:16), pray for salvation (John 6:44), Pray for sincere forgiveness, that God's love will ablaze hearts. Pray for hunger for the Word and thirst for God in the hearts (Amos 8:11). Pray and destroy any opposition to the glorious destiny of couples and families (Isaiah 54:17; Joshua 1: 5).

Some verses to proclaim for the family:

1-Father, my family and I have sinned against you, I admit our transgressions towards you, wash away the penalty of our sins and heal us. (Psalm 32:5). I do not hide our iniquities from you (named them), I confess them before you, grant my family your mercy (Proverbs 28:13)

2- Father in the name of Jesus Christ, fulfill the promises you said about my couple and my family, renew your covenant with us again (Genesis 17:7). And grant us the grace to live them (Acts 16:31)

3- Father, let the blood of Jesus Christ cancel all the consequences of bad words spoken against my couple, my children, my family and may this blood rather speak in our favor. (Hebrew 12:24)

4- Father, replace the years that the devourer had taken to my couple, to each member of my family and to our projects. By the blood of Christ, I close the door to the angel of death, to the plague, to the devourer and to the destroyer (Joel 2:25 and Exodus 12:23-24).

5-By the blood of Jesus, the curse has been removed from my family, the light of Christ now enlightens my couple, my family and salvation is received by my spouse as well as by each member of my family in the name of Jesus Christ (Acts 26:18).

May the anointing of God be poured out on you and your family in the name of Jesus.

ONE YEAR BIBLE READING CALENDAR

JUNE 2020

DAYS		Old Testament	New Testament
Monday	1	2 Chronicles 15, 16	John 12 : 27-50
Tuesday	2	2 Chronicles 17, 18	John 13 : 1-17
Wed.	3	2 Chronicles 19, 20	John 13 : 18-38
Thursday	4	2 Chronicles 21, 22	John 14
Friday	5	2 Chronicles 23, 24	John 15
Saturday	6	2 Chronicles 25,26,27	John 16
Sunday	7	2 Chronicles 28, 29	John 17
Monday	8	2 Chronicles 30, 31	John 18 : 1-27
Tuesday	9	2 Chronicles 32, 33	John 18 : 28-40
Wed.	10	2 Chronicles 34,35,36	John 19 : 1-24
Thursday	11	Ezra 1, 2	John 19 : 25-42
Friday	12	Ezra 3, 4, 5	John 20
Saturday	13	Ezra 6, 7, 8	John 21
Sunday	14	Ezra 9, 10	Acts 1
Monday	15	Nehemiah 1, 2, 3	Acts 2 : 1-21
Tuesday	16	Nehemiah 4, 5, 6	Acts 2 : 22-47
Wed.	17	Nehemiah 7, 8, 9	Acts 3
Thursday	18	Nehemiah 10, 11	Acts 4 : 1-22
Friday	19	Nehemiah 12, 13	Acts 4 : 23-37
Saturday	20	Esther 1, 2	Acts 5 : 1-16
Sunday	21	Esther 3, 4, 5	Acts 5 : 17-42
Monday	22	Esther 6, 7, 8	Acts 6
Tuesday	23	Esther 9, 10	Acts 7 : 1-19
Wed.	24	Job 1, 2	Acts 7 : 20-43
Thursday	25	Job 3, 4	Acts 7 : 44-60
Friday	26	Job 5, 6, 7	Acts 8 : 1-25
Saturday	27	Job 8, 9, 10	Acts 8 : 26-40
Sunday	28	Job 11, 12, 13	Acts 9 : 1-22
Monday	29	Job 14, 15, 16	Acts 9 : 23-43
Tuesday	30	Job 17, 18, 19	Acts 10: 1-22

JULY 2020

DAYS		Old Testament	New Testament
Wed.	1	Job 20,21	Acts 10 :23-48
Thursday	2	Job 22, 23, 24	Acts 11
Friday	3	Job 25, 26, 27	Acts 12
Saturday	4	Job 28, 29	Acts 13 :1-25
Sunday	5	Job 30, 31	Acts 13 :26-52
Monday	6	Job 32, 33	Acts 14
Tuesday	7	Job 34, 35	Acts 15 :1-18
Wed.	8	Job 36, 37	Acts 15 :19-41
Thursday	9	Job 38, 39, 40	Acts 16 :1-22
Friday	10	Job 41, 42	Acts 16 :23-40
Saturday	11	Psalms 1,2,3	Acts 17 :1-14
Sunday	12	Psalms 4,5,6	Acts 17 :15-34
Monday	13	Psalms 7,8,9	Acts 18
Tuesday	14	Psalms 10,11,12	Acts 19:1-20
Wed.	15	Psalms 13,14,15	Acts 19:21-40
Thursday	16	Psalms 16,17	Acts 20:1-16
Friday	17	Psalms 18,19	Acts 20:17-38
Saturday	18	Psalms 20,21,22	Acts 21:1-16
Sunday	19	Psalms 23,24,25	Acts 21:17-40
Monday	20	Psalms 26,27,28	Acts 22
Tuesday	21	Psalms 29,30	Acts 23
Wed.	22	Psalms 31,32	Acts 24
Thursday	23	Psalms 33,34	Acts 25
Friday	24	Psalms 35,36	Acts 26
Saturday	25	Psalms 37,38,39	Acts 27 :1-26
Sunday	26	Psalms 40,41,42	Acts 27: 27-44
Monday	27	Psalms 43,44,45	Acts 28
Tuesday	28	Psalms 46,47,48	Romans 1
Wed.	29	Psalms 49,50	Romans 2
Thursday	30	Psalms 51,52,53	Romans 3
Friday	31	Psalms 54,55,56	Romans 4

PROGRAM FOR MONTHLY MEETINGS 2020

Date	Activity	Period
June 28, 2020	Praise/Sharing/Message + Monthly Prayer	2 :30pm – 6 :00pm
July 26, 2020	Praise/Sharing/Message + Monthly Prayer	2 :30pm – 6 :00pm
August 30, 2020	Praise/Sharing/Message + Monthly Prayer	2 :30pm – 6 :00pm
September 27, 2020	Praise/Sharing/Message + Monthly Prayer	2 :30pm – 6 :00pm

➤ **THE 'MESSENGERS OF THE GOOD NEWS' WILL MEET ON**

SATURDAY, JULY 11, 2020

« 4:00pm - 6:00pm »

Douala contact: 672 901 907 / 696 903 639

➤ **THE YOUTHS OF GLORY WILL MEET ON**
SUNDAY, JULY 12, 2020

« 3:00pm – 6:00pm »

Douala contact: 676 718 955 / 676 029 307

Foumban : 694 143 032 / Bagangte : 681 986 612

➤ **MONTHLY EVANGELISM DAY**

SATURDAY, JULY 18, 2020

In all prayer cells

➤ **MEN OF GLORY WILL MEET ON**
SUNDAY, JULY 19, 2020

« 4:00pm - 6:30pm »

Douala contact: 694 751 673 / 676 270 560

Foumban : 694 143 032

➤ **THE CHILDREN OF GLORY WILL MEET ON**
SATURDAY, JULY 25, 2020

« 2:00pm – 5:00pm »

Douala contact: 677 104 852 / 696 772 581

Foumban: 694 143 032

THE VISION

My beloved, it is a grace and a privilege to be part of a great family of Christ. This family has God as a father and Jesus Christ as first born. The bible says « Yet to all who received him, to those who believed in his name he gave the right to become children of God » (John 1:12).

To maintain a good relationship from father to son, it becomes necessary and even indispensable to take time with God through fasting, prayer and meditation on the word of God.

This is the reason why under the divine inspiration in March 2012, the program called «*Mercredi en Montagne*» was born and brings together people from diverse backgrounds in prayer cells every Wednesday in a spirit of fasting.

GOALS

- *Constitute prayer cells that welcome people who wish to deepen their relationship with God*
- *Establish a very large chain of national and international prayer every Wednesday.*
- *Impact lives, Restore homes, families, activities.*
- *Win souls to Christ and encourage them to find Christian assemblies for their edification.*

If you desire to join us in this divine mission, these are our contact:

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*if you want to make a donation, contact us on:
676 270 560 / 694 751 673 / 676 036 054*