

SEPTEMBER  
2020

Weekly Topic for prayer and meditation, to impact lives.

# Mercredi en Montagne

*Therefore, if anyone is in Christ, he is a new creation, the old has gone, the new has come!*  
(2 Corinthians 5:17)

Free distribution

*My house will*  
**be a HOUSE**  
*of* **PRAYER**

...it is written, he said to them,  
"my house will be a house of prayer, but  
you have made it a den of robbers!"  
- Luke 19:46

#### CONTENT:

- One topic of meditation per week
- Scripture for daily meditation
- Exhortation messages

**FAMILLE  
"GLOIRE"**  
Jean 17:22



### **Message of the Lord: What if Jesus Christ comes back today?**

From **John 14 :3** « *And if I go and make ready a place for you, I will come back again and will take you to Myself, that where I am you may be also* » (Amplified Bible)

Jesus Christ is coming soon, what a joy for him who has straightened up and who is walking in full awareness of his divine nature. If this is your case, then the rapture will not surprise you. However, this is what you should do: « ***Delight yourself in the Lord*** » (Psalm 37: 4a NKJV).

#### **Testimonies:**

- During many years of marriage, my pregnancies were always failures by malformation to the point where the witch doctor of my parents told me that if they don't work on me, I will never be able to give birth normally. I refused to go to him and I clung to Jesus Christ who gave me this word in Nahum 1:9b. I grabbed the Word and today, I have given birth to a normal baby who is already two months old. I give thanks to the Lord, He is wonderful.

- My son joined us at home a few days ago with his receipt for the exam. He was complaining that his basic option for ranking on his official exam had been changed. Instantly the Lord gave me a word that says, «Don't worry about your life» and I shared it with my family. On the examination day, the center manager called my son and restored his basic option. I give thanks to God.

- During exams in primary school, on a test where we should give the opposite of the written sentences, one of the sentences was: "satan is weak". I refused to give the opposite of this sentence and I preferred to skip this step because for me, ONLY GOD IS STRONG.

Following these testimonies, if you also desire to have a new experience with God, open your heart to Him through this prayer: « ***Lord Jesus Christ, I make a covenant with You today. I open my heart to You and sincerely receive You. Fill me with Your love. Reign totally in my life. Amen!*** ». You are therefore a child of God. Hallelujah!

**A word of advice:** If you are not yet a member of a Christian community, ask the Lord to guide you to one of them in order to exercise your faith.

**Note:** *The Bible verses present in this manual are taken from the following translations: 'New King James Version (NKJV)', 'Amplified Bible Classic Edition (AMPC)', 'New Living Translation (NLT)' and 'English Standard Version (ESV)'.*

**Year of total consecration to God, Year of souls winning, Year of abundance (Psalm 37:4)... Happy year 2020!**

## THE VISION 'MERCREDI EN MONTAGNE'

*Mercredi en Montagne* is a movement inspired by God for the restoration of lives and families. It works in prayer cells.

Through this movement, God works to transform a soul so he should manifest the character of Christ; his life becomes a testimony that favors the salvation of his loved ones (family, neighbor, colleague etc.). Only the Word of God unites all the persons who get connected to this program. It welcomes anyone, believer or not, and allows everybody to start or continue serving God in their own church.

Under the inspiration of the Holy Spirit, edification themes are developed every month in this booklet that is distributed for free and the Lord raises in His people a spirit of devotion and sacrifice for His glory; it is the reason why edification meetings are held every Wednesday afternoon in the different prayer cells (Douala, Yaounde, Bafoussam, Bagangte, Bamendjou, Bangou, Ebolowa, Kribi, Fouban, Bertoua, Kouoptamo, Tchoutnoun, Baigon, Mbouda, Dschang, as well as in Canada and in the Central African Republic).

To spread the Gospel through the booklets and cover all the nation remains our challenge. Families, lives, couples are restored; business leaders are won over to Christ and impact their activities. The ministry '*prayer life*' is born: prayers are raised at waking hours (00 a.m., 3 a.m., 6 a.m., 9 a.m., 12 p.m., 3 p.m., 6 p.m., 9 p.m.) and many testimonies of healing, deliverance and life transformations are noted. The Lord prepares sentinels to watch. Intense programs multiply throughout the year to create impact. The websites [www.mercredienmontagne.com](http://www.mercredienmontagne.com), [www.ChercheDieu.com](http://www.ChercheDieu.com) and several expansion projects have been launched with the aim of spreading the gospel on the earth. The vision progresses according to this divine instruction: « **Enlarge the place of your tent, stretch your tent curtains wide, do not hold back; lengthen your cords, strengthen your stakes. For you will spread out to the right and to the left; your descendants will dispossess nations...** » (Isaiah 54: 2-3).

Praise the Lord!

### PROGRAMME : EVERY WEDNESDAY

05 a.m – 06 a.m	Morning devotion (Praises, worship, prayer, meditation)
03:30p.m–06 p.m	Prayer in cells or individually

Great prayer union every Wednesday. Fasting without drink or food is observed from **00 a.m to 6 p.m.**

Note: From Monday, prepare yourself in prayer for fasting



## DAILY PRAYER CHAIN OPEN TO ALL



'PRAYER LIFE'

(The Sentinels)



You, son of God, no matter your Christian assembly, take at least 5 minutes and join your voice to that of a multitude to raise these prayers where you are (in the market, at home, in the office, in a means of transportation, etc.) at the indicated waking hours (00 a.m., 3 a.m., 6 a.m., 9 a.m., 12 p.m., 3 p.m., 6 p.m., 9 p.m.). This prayer program is inspired by the Holy Spirit and aims to saturate the spiritual atmosphere of each day by raising true intercessors for the Heavenly Kingdom.

You can choose one or more waking hours and thus participate effectively in this prayer chain. In case of misunderstanding or revelations, please contact us.

Our contacts: +237 675 204 082 / 678 660 809

Glory be to God who always answers us.



Hours	Prayer topics
00:00 a.m.	<p data-bbox="208 220 1023 252"><b>Prayer for the leaders of MEM and the Church in Cameroon</b></p> <ul data-bbox="208 256 1023 491" style="list-style-type: none"> <li>- <b><i>Ps 32: 8 « I will instruct you and teach you in the way you should go; I will guide you with My eye ».</i></b> Let's bless our God for the revelations and directives He gives to the leaders of the movement MEM and the Church in Cameroon</li> <li>- Let's stop every attack and influence of the enemy in the life of the leaders of MEM and the Church in Cameroon, for <b>« no weapon formed against you shall prosper» Isaiah 54 : 17a</b></li> </ul> <p data-bbox="208 496 1023 528"><b>Prayer for all those who govern Cameroon and other nations</b></p> <ul data-bbox="208 533 1023 794" style="list-style-type: none"> <li>- <b><i>« Behold, bless the Lord, all you servants of the Lord, who by night stand in the house of the Lord » Ps 134:1.</i></b> Let's bless our God for all those He has raised in authority to rule Cameroon and the nations of the world.</li> <li>- Let's pray to entrust to the Lord the heart of each leader of Cameroon and of the world (name them) so that they may be submitted to the Holy Spirit for a peaceable and quiet life, in all godliness and reverence. <b>1 Tim 2 : 1-2</b></li> </ul>
03 :00 a.m.	<p data-bbox="208 799 1023 863"><b>Prayer for the members of the Body of Christ in Cameroon and in nations</b></p> <ul data-bbox="208 868 1023 1129" style="list-style-type: none"> <li>- <b><i>« At midnight I will rise to give thanks to You because of Your righteous ordinances »;</i></b> Let's praise the Lord for His wonders in the life of each member of the Body of Christ, let's remember His blessings and His righteousness. <b>Ps 119 : 62</b></li> <li>- Let's trample on serpents, scorpions and all the power of the enemy acting in the Body of Christ and let's proclaim permanent manifestation of the fruit of the Holy Spirit in the life of each member of the Body of Christ.</li> </ul> <p data-bbox="208 1134 1023 1166"><b>Prayer for the Youth in Cameroon and in nations</b></p> <ul data-bbox="208 1171 1023 1433" style="list-style-type: none"> <li>- <b><i>John 6:9 « There is a little boy here, who has five barley loaves and two small fish... ».</i></b> Let's praise our God for these wise and farsighted young people through whom the Holy Spirit works to transform the youth in Cameroon and in nations.</li> <li>- Let's declare confusion and division in the world of darkness so that any satanic conspiracy against the youth in Cameroon and in the nations should be doomed to failure in the name of Jesus Christ. <b>Mt 12 : 26</b></li> </ul>

<p>06 :00 a.m.</p>	<p><b>Prayer for the salvation of souls in our families</b></p> <ul style="list-style-type: none"> <li>- Let's rejoice in thanksgiving for the salvation of souls in our families and proclaim that <b>«we will rejoice and be glad in this day» Psalm 118 : 24</b></li> <li>- Let's pray that the Gospel should be continually preached to the members of our families (list them) for their salvation and their strengthening in the faith. <b>1 Tim 5 : 8</b></li> </ul>
	<p><b>Prayer for the Ministry of public Health in Cameroon and in other nations</b></p> <ul style="list-style-type: none"> <li>- Let's give thanks to God for the healing of the sick and the demoniacs, for the medical staff and those who assist these patients; indeed, <b>« ...He healed many who were sick with various diseases, and cast out many demons» Mark 1 : 34.</b></li> <li>- Let's entrust to the Holy Spirit the Ministry of Public Health of Cameroon, the infrastructures and all the medical staff (name them) so that God's will be done . <b>Pr 22 : 6</b></li> </ul>
<p>09 :00 a.m.</p>	<p><b>Prayer for the Body of Christ</b></p> <ul style="list-style-type: none"> <li>- Let's give thanks to God for the growth of the Body of Christ and pray for faithfulness and perseverance of each member of the Body of Christ. <b>Hebrews 10 : 23</b></li> <li>- Let's implore the Holy Spirit to strengthen the beloved who are currently going through persecutions because of the Gospel, for the Lord Jesus said, <b>«If they persecuted Me, they will also persecute you » John 15 : 20b</b></li> </ul> <p><b>Pray for evangelism in Cameroon and in nations</b></p> <ul style="list-style-type: none"> <li>- Let's pray for those who persecute christians and pray that anyone who opposes the gospel (false pastor, witch doctor, sectarian, atheist, etc.) should meet Jesus Christ and convert as Saul did. <b>Acts 23 :6</b></li> <li>- Let's pray for the evangelists so that they do their work with love, perseverance and that the Holy Spirit confirm their message with signs and wonders. <b>Mark 16 : 20</b></li> </ul>
<p>12 :00 p.m.</p>	<p><b>Pray for fellowship in the Body of Christ</b></p> <ul style="list-style-type: none"> <li>- Let's give thanks to our Heavenly Father for the life of each member of our Christian community (name them) and let's pray <b>« so that He may establish their hearts blameless in holiness before our God and Father» 1 Thessalonians 3 : 13</b></li> <li>- Let's renounce all communion with demons and proclaim fellowship in Christ in unity, truth and love within our Christian community because <b>« God is faithful, by whom you were called into the fellowship</b></li> </ul>

	<p style="text-align: center;"><b><i>of His Son, Jesus Christ our Lord » 1 Cor 1 : 9</i></b></p> <p><b>Pray for the Ministry of Employment in Cameroon and in other nations</b></p> <ul style="list-style-type: none"> <li>- Let's bless the Lord for the noble jobs already existing in Cameroon and pray that the ministers of employment of Cameroon and other nations should act according to God's plan for the creation of employment for all. <b>Amos 9 :14</b></li> <li>- Let's cancel every decree of unemployment, misery as well as the consequences in Cameroon and in the nations.</li> </ul>
03 :00 p.m.	<p><b>Pray for the growth of MEM and the Church</b></p> <ul style="list-style-type: none"> <li>- Let's pray for our growth and that of MEM and that of the Church of Christ in Cameroon <b>« <i>But grow in the grace and knowledge of our Lord and Savior Jesus Christ » 2 Peter 3:18a.</i></b></li> <li>- Let's pray to the Lord to fill our hearts with the desire to know His Word and to feed us with it in order to make our community grow in Jesus Christ, for <b>« <i>Jesus said to them, 'I am the bread of life' » John 6 :35</i></b></li> </ul> <p><b>Pray for the Ministry of Defense and the police of Cameroon and of other nations</b></p> <ul style="list-style-type: none"> <li>- Let's pray for the salvation of the military, gendarmes and policemen so that, believing in the Lord Jesus Christ, they do their work with justice and compassion, especially for the poor. <b>Jr 17 : 14</b></li> <li>- Let's beseech the Lord to make His peace reign in the regions at war in Cameroon and in the world; pray for the salvation of souls in these regions and the reconstruction of said regions. <b>« <i>The Lord lift up His countenance upon you, and give you peace » Number 6 : 26</i></b></li> </ul>
06 :00 p.m.	<p><b>Pray for families</b></p> <ul style="list-style-type: none"> <li>- Let's praise our God for His benefits in our families and pray for the salvation of souls and the reign of Jesus Christ in devastated and abandoned families. <b>Hebrews 7 : 25</b></li> <li>- Let's pray for reconciliation and unity within families and couples (name them); may the Holy Spirit grant them the grace to be humble and to forgive one another so that they may be healed from inner wounds and tears. <b>Eph 4 :32</b></li> </ul> <p><b>Prayer for the Ministry of Justice and prisoners in Cameroon and in nations</b></p> <ul style="list-style-type: none"> <li>- Let's pray for the Minister of Justice, for those who speak the law and judge the accused so that they should be honest, farsighted and objective in their court decisions. <b>Ps 119 : 142</b></li> <li>- Let's pray for the release of those imprisoned in an unjust and abusive</li> </ul>



	<p>manner; let's overthrow the principalities and demons operating in the prisons of Cameroon and the world in order to improve the living conditions in those prisons. <b>Gen 39 : 21</b></p>
<p>09 :00 p.m.</p>	<p><b>Let's raise excellent thanksgiving to the Lord</b></p> <ul style="list-style-type: none"> <li>- <b>1 Cor 7: 23</b> « <i>You were bought at a price; do not become slaves of men</i> ». Our Lord and Savior Jesus Christ redeemed us; let's raise to Him excellent thanksgiving for the salvation of our souls. 1 Cor 14 : 17</li> <li>- <b>James 1:2</b> « <i>My brethren, count it all joy when you fall into various trials</i>»; let's give thanks to our Heavenly Father in the trials we go through and remember His blessings in our lives.</li> </ul> <p><b>Pray for the media and social networks in Cameroon and in nations</b></p> <ul style="list-style-type: none"> <li>- Let's bless the Lord for the positive impact of the Christian media and social networks in communicating the Gospel and denouncing the works of darkness in Cameroon and in the nations. <b>Eph 5 : 11</b></li> <li>- Let's pray for a better use of the media and social networks to convey light in the world and stop all its harmful effects on youth and populations. <b>2 Tim 2 : 22</b></li> </ul>

**SUBTHEMES OF THE MONTH**

These subthemes are made available to you so that you can read them with greater attention while holding your Bible close to you. Take notes that will help you to meditate deeply on the message the Lord will give you personally.

You can join us through 15 cells in Cameroon and 2 cells beyond (Central African Republic and Canada). You can also do it virtually using the live sessions on our FaceBook page '*mercredi en montagne*' at the appointed times, and the Replays on our YouTube channel '*mercredi en montagne*'. You will thus be able to fellowship with brothers and sisters who have the same passion as you: To discover the greatness of the love of our Lord and Savior Jesus Christ and be subject to Him.

If you have questions related or not to these teachings, or need prayers, please contact us.

Our contacts: +237 672 901 907 / 697 610 026 / 678 547 556

Glory be to God who acts powerfully.

## MESSAGE OF THE MONTH: SEPTEMBER 2020

### My house shall be called a house of prayer.

In this month of September 2020, the Lord reminds every Christian of the capital role they must play in this world: TO PRAY. This is why Jesus Christ said, « *It is written, 'My house shall be a house of prayer', but you have made it a den of robbers!* » (Luke 19:46 ESV). It's all about examining your prayer life, the state of your heart. You must manifest life and communicate it around you: Be a house of prayer for all nations, make your heart a house of prayer.

### SUBTHEMES OF THE MONTH:

Wed. 02 September	<b>God is looking for His home</b>
Wed. 09 September	<b>House of prayer = House of faith</b>
Wed. 16 September	<b>You are the house of God : Take care of it</b>
Wed. 23 September	<b>How to bear fruits in prayer?</b>

### SHARING OF THE MONTH:

Wed. 02 September	Meditation sharing (reading calendar)
Wed. 09 September	<b>Natural principles established by the Creator</b> (part 1)
Wed. 16 September	<b>Natural principles established by the Creator</b> (part 2)
Wed. 23 September	Meditation sharing (reading calendar)

### FAMILY MOMENT :

Recommendations

**WEDNESDAY, SEPTEMBER 2, 2020**

**'GOD IS LOOKING FOR HIS HOME'**

**W**hen you read the Bible from Genesis to Revelation, you see that the Lord has always assigned Himself a house on earth. A place where He stands to have relationships with men. He started with a geographical location, the Garden of Eden: **« Then the Lord God planted a garden in Eden in the east, and there He placed the man He had made. » (Genesis 2: 8 NLT).** In this garden God used to come to man's encounter, He could communicate with him, give him instructions. Likewise at the time of Moses, God asked him several times to meet Him on the mountain (Exodus 24:12), finally He asked the people to build Him a sacred tent where He would come to live among them: **« And let them make Me a sanctuary, that I may dwell among them. » (Exodus 25: 8).** It is in this sacred tent called "the Tent of Meeting" that the Ark of the Covenant rested, it is there that the Lord descended whenever He wanted to speak to His people; it was the house of God. When God's people moved, the tent had to be dismantled and rebuilt in the new place of residence. This is how things were done until the construction by King Solomon, of the temple of Jerusalem where people would come from everywhere to worship the Lord (1 Kings 6). Just as for the building of the sacred tent and the ark Moses had received very specific instructions, so also Solomon had built the temple according to the plans left by David his father.

However, the disobedience of the people of Israel repeatedly placed them under the yoke of their enemies and the temple was destroyed: **« As the Lord had said beforehand, Nebuchadnezzar carried away all the treasures from the Lord's Temple and the royal palace. He stripped away all the gold objects that King Solomon of Israel had placed in the Temple» (2 kings 24:13 NLT).** Yes, God is looking for His home. There was therefore no longer a place where God could come and speak with men. Whenever the temple was destroyed, God would raise men to rebuild the temple. He always arranged for the temple to be rebuilt and the temple objects to be put back in their place. So in the days of Ezra, God awakened the spirit of King Cyrus to authorize the rebuilding of the temple: **« Whoever is among you of all his people, may his God be with him, and let him go up**

***to Jerusalem, which is in Judah, and rebuild the house of the Lord, the God of Israel—he is the God who is in Jerusalem» (Ezra 1:3 ESV).***

But God in His perfect plan had prepared His house before the foundation of the world, the place He had chosen for Himself and where He would dwell permanently with man. This is why in His plan of salvation He sent Jesus Christ to fully fulfill this plan. He had to find a way to speak with men no longer from mouth to mouth but from heart to heart: the Holy Spirit came. Wow! God has found His temple: **« I will give you a new heart and put a new spirit within you» (Ezekiel 36:26a NKJV)**. God thus put His Heart and His Spirit in man.

However, even today God's house is not as He desires it to be; He has described it as: a royal palace, adorned with precious stones of all kinds, gold and diamonds, shining and brilliant. Its corridors are paved with gold and its walls covered with glittering stones, a house of celebration and rejoicing because of His presence. He walks, He searches and what He sees, some beautiful houses but which do not shine as they should, others dilapidated and dirty, still others in the swamps; or beautiful shiny but empty houses not furnished, others gloomy and sad with guests but no joy, and still others with greedy people doing service for money...: **« But you are a chosen race, a royal priesthood, a holy nation, a people for his own possession, that you may proclaim the excellencies of him who called you out of darkness into his marvelous light» (1 Peter 2:9 ESV)**. This is the house of God. God is looking for His house; has He found it with you?

#### Prayer:

Holy Father, I need you, I proclaim to be this royal priesthood and this chosen race. Come and dwell in me and find Your home in my heart in the name of Jesus Christ. Amen!

#### Meditation texts

Thursday	03/09/20	Genesis 2 : 1-17
Friday	04 /09/20	Exodus 25 : 8-22
Saturday	05/09/20	2 Kings 24 : 1-17
Sunday	06/09/20	Ezra 1 : 1-11
Monday	07/09/20	Ezekiel 36 : 22-38
Tuesday	08/09/20	1 Peter 2 : 1-10



WEDNESDAY, SEPTEMBER 9, 2020

**'HOUSE OF PRAYER = HOUSE OF FAITH'**

**V**ery often when we want to define someone, we look for the expression that will perfectly qualify them and for that we look at them in their character and habits, what they do the most. Likewise, when you want to learn to dance, you go to a dance hall.

So, what can you do in a house of prayer? Pray. The house of prayer is the house that establishes relationships, relationship with God and relationship with men. However you have to be careful because who says relationship says AGREEMENT: « ***Do two walk together, unless they have agreed to meet?*** » (***Amos 3:3 ESV***). When you pray, make sure that you are in the will of God or that your prayer topic is in accordance with the Word of God. He says: « ***And this is the confidence that we have toward Him, that if we ask anything according to His will He hears us*** » (***1 John 5:14 ESV***); always seek to be in the will of God, otherwise your prayer is an abomination (Proverbs 28: 9).

In a relationship when one speaks it is for the other to listen and respond: it is dialogue. The Lord simply wants you to acknowledge your sins and confess them humbly before Him. Be sincere: to acknowledge your sin is to recognize that you are not in His will or your request is not in accordance with His Word. If you do so, the barrier that separates you will fall: « ***Listen! The Lord's arm is not too weak to save you, nor is His ear too deaf to hear you call. It's your sins that have cut you off from God. Because of your sins, He has turned away and will not listen anymore*** » (***Isaiah 59:1-2 NLT***). Above all, do not feel guilty; you are already forgiven through the blood of Jesus. God is Love, He is good; feel free to speak to Him as to a father who is always ready to take you in his arms.

When you pray in His will, believe that He is listening to you and that He has answered you even if you do not see anything yet; it is FAITH: « ***And if we know that He hears us, whatever we ask, we know that we have the petitions that we have asked of Him*** » (***1 John 5:15 NKJV***). The Lord wants men and women of faith, those who know Him and who know how to trust in Him completely (Mark 11:23). Yes, your prayer must be carried by your faith; it can undergo the tests of time but it will always end in victory and fulfillment.

When you pray, don't multiply words as if you are flattering or seducing: « ***When you pray, don't babble on and on as the Gentiles do. They think their prayers are answered merely by repeating their words again and again***» (Matthew 6 :7 NLT); but pray the Word, reminding God of what He says in His Word, and speak with sincerity of heart. You must believe that God has the capacity and the power to grant you what you ask of Him, He is the God who gives life to the dead: « ***That is what the Scriptures mean when God told him, "I have made you the father of many nations." This happened because Abraham believed in the God who brings the dead back to life and who creates new things out of nothing***» (Romans 4:17 NLT). He says He created all that exists on the earth and that nothing was made without Him (John 1: 3); is anything too hard or too wonderful for the Lord? Nothing is impossible for Him, even if the situation had already rotten as the body of Lazarus or the sterility at an advanced age of Elisabeth the mother of John the Baptist, He is not a man, He is God and He can do all things: « ***For with God nothing is ever impossible***» (Luke 1:37 AMPC).

Faith when it is manifested, rejoices the heart of God; so make a commitment to become a man or a woman of faith. The Word of God has given you the capacity to become, therefore faith resides in you, show it simply: « ***And without faith it is impossible to please Him, for whoever would draw near to God must believe that He exists and that He rewards those who seek Him***» (Hebrews 11:6 ESV). You must believe that God is faithful, capable and you will receive your answer at the appointed time. Your house of prayer will make a very big impact and glorify the Lord.

### **Prayer:**

Thank you Lord for the Holy Spirit who reveals and manifests faith in me. I declare as from now I am a man / woman who shows faith in prayer in the name of Jesus Christ. Amen!

### **Meditation texts**

Thursday	10/09/20	Amos 3 : 1-8
Friday	11/09/20	1 John 5 : 13-20
Saturday	12/09/20	Isaiah 59 : 1-15
Sunday	13/09/20	Matthew 6 : 5-15
Monday	14/09/20	Romans 4 : 16-25
Tuesday	15/09/20	Luke 1 : 26-37





**WEDNESDAY, SEPTEMBER 16, 2020**

**'YOU ARE THE HOUSE OF PRAYER: TAKE CARE OF IT'**

**B**uilding a house requires preliminary work and a careful study, especially if the builder wants to build something solid and durable. You were made in the image and likeness of God. From the beginning you were prepared to be the dwelling place of the Trinity, the sacred tent, the temple of God: **«For you are the**

**temple of the living God. As God has said: » (2 Corinthians 6:16b NKJV).** So you have a main mission: to pray. The center of your house is the Ark of the Covenant, which is your heart; it is he who must contain the tables of the law, and the prescriptions of the Lord.

God gives you this recommendation, make your house a place of prayer, make your heart a place of encounter of your human spirit with the Spirit of God. Speak to God and listen to Him, focus your attention on God and on His Word.

Consecrate your physical house to prayer, where you live, your house must become a prayer altar, saturate the atmosphere 24 hours a day with praise and worship. Bring your family together daily to pray, to listen to the Lord and worship Him.

You are the house of prayer, to dedicate yourself to prayer is to commit yourself to being a channel through which the kingdom of God is manifested on earth. Your prayer will lay the hand of God on a life, incline the eye of God on a situation, set the foot of God on a site, and draw the breath of God in an action. In short, through your prayer, God acts in lives and in nations. This was the case with Tabitha also called Dorcas: **« But Peter put them all outside, and knelt down and prayed; and turning to the body he said, "Tabitha, arise." And she opened her eyes, and when she saw Peter she sat up » (Acts 9:40 ESV).** What a Grace! Peter agreed to be the channel and the Spirit of God moved.

You were born in Christ to be an ambassador, the one through whom Christ wants to transmit life, to reconcile men with God by bringing them His message of love and salvation: **« So we are Christ's ambassadors; God is making His appeal through us. We speak for Christ when we plead, "Come back to God!" » (2 Corinthians 5:20 NLT).** You were born in Christ to be a priest (Revelation 5:10), an intercessor (1 Thessalonians 5:17).

To revive prayer in your life, your heart, in your house is to awaken the power of God; so get out of sleep, get out of heaviness, get out of laziness. If you don't pray for yourself, your family, your nation, your job, etc. nothing will happen according to God's perfect plan and you will spend the time complaining. Your prayer brings back life where there was death, it brings your projects and situations back to God's perfect plan: « **Call to me and I will answer you, and will tell you great and hidden things that you have not known**» (Jeremiah 33:3 ESV).

The time for Peter to die had not yet come, the enemy was prowling like a lion to stop his destiny and prevent him from doing the good works that God had planned for him to do. The Church began to pray and the day before his execution he was miraculously released from prison by the intervention of an angel: « **And when Peter had come to himself, he said, "Now I know for certain that the Lord has sent His angel, and has delivered me from the hand of Herod and from all the expectation of the Jewish people"**» (Acts 12:11 NKJV). Your prayer puts the angels in action.

The house of prayer like any house needs to be maintained, cleaned and adorned. Cast out thieves (anger, gossip, lack of forgiveness, drugs, sexual immorality, alcoholism, smoking, masturbation, pornography, bribery, cheating, homosexuality, quarrels, division, jealousy, etc.) who have been hiding in closets and under beds; they have done too much of their business: « **God will destroy anyone who destroys this temple. For God's temple is holy, and you are that temple**» (1 Corinthians 3:17 NLT). Let the Holy Spirit take the whole place and accomplish the actions of healing and repair that must be done in lives.

### **Prayer:**

Father, grant me the grace to take seriously the channel of restoration that I am and to take care of my house of prayer in the name of Jesus Christ. Amen.

### **Meditation texts**

Thursday	17/09/20	2 Corinthians 6 : 1-18
Friday	18/09/20	Acts 9 : 36-42
Saturday	19/09/20	2 Corinthians 5 : 11-21
Sunday	20/09/20	Jeremiah 33 : 1-11
Monday	21/09/20	1 Corinthians 3 : 10-23
Tuesday	22/09/20	Matthew 7 : 24-29



**WEDNESDAY, SEPTEMBER 23, 2020**

### **'HOW TO BEAR FRUITS IN PRAYER?'**

**A** life of prayer is a life where the main characteristic is listening to the Lord and not a life where you spend most of the time talking. No! To pray is above all to listen, to contemplate, to adore. It is to have a relationship with God, to dialogue with Him, to come into His presence with an attitude of total submission to Him and ready to do His will. To pray is to accept that God will do His will and not yours. It is an attitude of the heart: to go before God agreeing to whatever He is going to say. Know that before being called to pray for others, you are first called to worship God: **« *And Jesus answered and said to him, "Get behind Me, Satan! For it is written, 'You shall worship the Lord your God, and Him only you shall serve'"*» (Luke 4:8 NKJV).**

This is recommended:

- Get into the habit of worshipping Him, contemplating Him, admiring His works, praising Him with songs, your own words, worshipping Him in spirit and with a sincere heart as David did : **« *O Lord, our Lord, your majestic name fills the earth! Your glory is higher than the heavens*» (Psalm 8: 2 NLT).**

- Take the habit of thanking Him in whatever situation you are going through; He is faithful: **« *give thanks in all circumstances; for this is God's will for you in Christ Jesus* » (1 Thessalonians 5:18 NIV).**

What you must not do is to come directly with complaints, to come and impose your will or your plans on God, to scold or rebuke God. This is what Job did and it did not please God: **« *Then the Lord answered Job from the whirlwind: "Who is this that questions my wisdom with such ignorant words? Brace yourself like a man, because I have some questions for you, and you must answer them. "Where were you when I laid the foundations of the earth? Tell me, if you know so much"*» (Job 38:1-4 NLT).**

This is recommended to you:

- Develop a thirst to listen to God speaking to you, lend an ear to the Holy Spirit who always has something to say. During worship, pay attention to the words you hear in your mind. If you do not receive any word, open your Bible and read the text that is submitted to you. In any case, always reading a verse or an extract from the Bible, it is also listening to God and it is part of praying. The message intended for you will resound in your mind in a special way and will attract your gaze, it should be noted

immediately: « ***This is what the Lord, the God of Israel, says: 'Write in a book all the words I have spoken to you'***» (Jeremiah 30:2 NIV).

What is not good is listening by looking at the lives of others, seeing yourself already perfect, telling yourself that it does not concern you. You must not listen with a distracted heart or refuse to take notes, telling yourself that your memory will retain everything: you risk forgetting.

This is still recommended to you:

- Pray and proclaim the word you have received, believe with all your heart what God has said to you, make it a prayer topic and let the Holy Spirit act until it is answered: « ***Truly, I say to you, whoever says to this mountain, 'Be taken up and thrown into the sea,' and does not doubt in his heart, but believes that what he says will come to pass, it will be done for him*** » (Mark 11:23 ESV).

What you must not do is to receive a Word and keep silent: the Holy Spirit needs your mouth to act. You don't have to focus on setting the time of fulfillment, counting the hours, days, and months. You risk getting discouraged and giving up.

Finally, it is recommended to intercede for others, your country and the world, carry the burdens of souls and commit to praying until it is answered: « ***Share each other's burdens, and in this way obey the law of Christ***» (Galatians 6:2 NLT). It is not good to pray only for yourself, your family, your needs etc. because the love of God poured into your heart has to push you to pray for others: « ***o whoever knows the right thing to do and fails to do it, for him it is sin*** » (Jams 4:17 ESV). Do what rejoices the heart of God; this is how you will bear fruit in your prayers.

### **Prayer:**

Heavenly Father, I thank you for the guidance you are giving me today. I declare that I now bear fruit in my prayers in the name of Jesus Christ Amen!

### **Meditation texts**

Thursday	24/09/20	Psalm 8 : 1-10
Friday	25/09/20	1 Thessalonians 5 : 14-28
Saturday	26/09/20	Job 38 : 1-14
Sunday	27/09/20	Jeremiah 30 : 1-11
Monday	28/09/20	Mark 11 : 20-26
Tuesday	29/09/20	Galatians 6 : 1-10

## PROCLAMATIONS YEAR 2020

« *Death and life are in the power of tongue; anyone who likes it will eat the fruits*» (Proverbs 18:21). The Lord has accomplished everything with the Word and He has given you the power through your mouth to proclaim the blessings and see glorious destinies come to pass. Proclaim with faith the following words inspired by the Holy Spirit and give thanks to God who will certainly accomplish them each in His time (Mark 11:24).

1- I believe in the work of Christ on the cross: When He died, my old man died; when He rose from the dead, my divine nature rose with Him. All the curses that were weighing on me and on my offspring have been removed. We are now blessed (Romans 6: 4-6).

2- In this year, in this season, I accomplish what the Lord created me for. My family, my offspring, the body of Christ, the movement "*mercredi en montagne*", each for their part, accomplish what God created them for, in the name of Jesus Christ (Ephesians 2:10).

3- I take possession of any place where I find myself according to the Lord's recommendation in Joshua 1 verse 3 and I bring the presence of God everywhere (name the places). His glory is manifested by signs and miracles because He is with me (Matthew 28: 20b).

4- In this season, I live total restoration and the Lord replaces in my life the years that the great army of locusts, jeelk, etc., had devoured in the name of Jesus Christ (Joel 2:25). I proclaim physical restoration of the movement "*mercredi en montagne*", of each of my brothers and sisters in faith.

5- "In the name of Jesus, I declare that no one will stand before me. Any opposition to my destiny and that of my brothers in Christ bows its knees at the mention of the name of Jesus (Joshua 1: 5).

6- I hold the Word of God in my heart so that I will not sin against Him (Psalm 119: 11). I adorn myself with good works as I joyfully await the return of Jesus Christ and I refuse all sorts of distraction (Revelation 19: 7-8). I stay awake, I keep my zeal and my flame does not go out in the name of Jesus.

7- For this year 2020:

God's favor is with me every day, 24 hours a day

I live a year of spiritual power, glory, abundance, victory and I overcome all the conflict situations of my life

I show the character of Christ and I keep it high in my life.

I manifest divine health and I serve the Lord with total devotion.

I bless my family and all those around me. AMEN! PRAISE TO GOD!

## FAMILY MOMENT

The Lord poured out a special anointing on the movement *mercredi en montagne* for the restoration of couples and families. It is therefore essential for anyone who joins this movement to submit to this power released by the Heavenly Father and to receive the restoration of his family, his couple.

**'Family moment'** was inspired by the Holy Spirit to remind us of our role as intercessors for our family or our couple: **« For Zion's sake (list the names of individuals) I will not hold My peace, And for Jerusalem's sake (name the family) I will not rest, Until her righteousness goes forth as brightness, And her salvation as a lamp that burns» (Isaiah 62: 1 NKJV).**

It's a matter of devoting one to two Wednesdays per month to raise families before the throne of grace (Hebrews 4:16), pray for salvation (John 6:44), pray for reconciliations in couples and families (2 Corinthians 5:18-20), pray for sincere forgiveness, that God's love should ablaze hearts. Pray for hunger for the Word and thirst for God in hearts (Amos 8:11). Pray and destroy any opposition to the glorious destiny of couples and families (Isaiah 54:17; Joshua 1: 5).

### **Some verses to proclaim for the family:**

1-Father, my family and I have sinned against you; I admit our transgressions towards you; wash away the penalty of our sins and heal us. (Psalm 32:5). I do not hide our iniquities from you (list them), I confess them before you, grant my family your mercy (Proverbs 28:13)

2- Father in the name of Jesus Christ, fulfill the promises you said about my couple and my family, renew your covenant with us again (Genesis 17:7). And grant us the grace to live them (Acts 16:31)

3- Father, let the blood of Jesus Christ cancel all the consequences of bad words spoken against my couple, my children, my family and may this blood rather speak in our favor. (Hebrews 12:24)

4- Father, replace the years that the devourer had taken to my couple, to each member of my family and to our projects. By the blood of Christ, I close the door to the angel of death, to the plague, to the devourer and to the destroyer (Joel 2:25 and Exodus 12:23-24).

5-By the blood of Jesus, the curse has been removed from my family, the light of Christ now enlightens my couple, my family and salvation is received by my spouse as well as by each member of my family in the name of Jesus Christ (Acts 26:18).

May the anointing of God be poured out on you and your family in the name of Jesus.



## ONE YEAR BIBLE READING CALENDAR

### AUGUST 2020

DAYS		Old Testament	New Testament
Saturday	1	Psalm 57,58,59	Romans 5
Sunday	2	Psalm 60,61,62	Romans 6
Monday	3	Psalm 63,64,65	Romans 7
Tuesday	4	Psalm 66,67,68	Romans 8:1-21
Wed.	5	Psalm 69,70,71	Romans 8:22-39
Thursday	6	Psalm 72,73	Romans 9:1-16
Friday	7	Psalm 74,75,76	Romans 9:17-33
Saturday	8	Psalm 77,78	Romans 10
Sunday	9	Psalm 79,80	Romans 11:1-18
Monday	10	Psalm 81,82	Romans 11:19-36
Tuesday	11	Psalm 83,84	Romans 12
Wed.	12	Psalm 85,86	Romans 13
Thursday	13	Psalm 87,88	Romans 14
Friday	14	Psalm 89,90	Romans 15:1-13
Saturday	15	Psalm 91,92,93	Romans 15:14-33
Sunday	16	Psalm 94,95,96	Romans 16
Monday	17	Psalm 97,98,99	1 Corinthians 1
Tuesday	18	Psalm 100,101,102	1 Corinthians 2
Wed.	19	Psalm 103,104	1 Corinthians 3
Thursday	20	Psalm 105,106	1 Corinthians 4
Friday	21	Psalm 107,108,109	1 Corinthians 5
Saturday	22	Psalm 110,111,112	1 Corinthians 6
Sunday	23	Psalm 113,114,115	1 Cor. 7:1-19
Monday	24	Psalm 116,117,118	1 Cor. 7:20-40
Tuesday	25	Psalm 119 : 1-88	1 Corinthians 8
Wed.	26	Psalm 119 : 89-176	1 Corinthians 9
Thursday	27	Psalm 120, 121,122	1 Cor. 10:1-18
Friday	28	Psalm 123, 124,125	1 Cor. 10:19-33
Saturday	29	Psalm 126, 127,128	1 Cor. 11:1-16
Sunday	30	Psalm 129, 130,131	1 Cor. 11:17-34
Monday	31	Psalm 132, 133,134	1 Corinthians 12

### SEPTEMBER 2020

DAYS		Old Testament	New Testament
Tuesday	1	Psalm 135, 136	1 Corinthians 13
Wed.	2	Psalm 137, 138,139	1 Corinthians 14 : 1-20
Thursday	3	Psalm 140, 141,142	1 Corinthians 14 : 21-40
Friday	4	Psalm 143, 144,145	1 Corinthians 15 : 1-19
Saturday	5	Psalm 146, 147	1 Corinthians 15 : 20-34
Sunday	6	Psalm 148, 149,150	1 Corinthians 15 : 35-58
Monday	7	Proverbs 1,2	1 Corinthians 16
Tuesday	8	Proverbs 3,4,5	2 Corinthians 1
Wed.	9	Proverbs 6,7	2 Corinthians 2
Thursday	10	Proverbs 8,9	2 Corinthians 3
Friday	11	Proverbs 10,11,12	2 Corinthians 4
Saturday	12	Proverbs 13,14,15	2 Corinthians 5
Sunday	13	Proverbs 16,17,18	2 Corinthians 6
Monday	14	Proverbs 19,20,21	2 Corinthians 7
Tuesday	15	Proverbs 22,23,24	2 Corinthians 8
Wed.	16	Proverbs 25,26	2 Corinthians 9
Thursday	17	Proverbs 27,28,29	2 Corinthians 10
Friday	18	Proverbs 30,31	2 Corinthians 11 : 1-15
Saturday	19	Ecclesiastes 1,2,3	2 Corinthians 11 : 16-33
Sunday	20	Ecclesiastes 4,5,6	2 Corinthians 12
Monday	21	Ecclesiastes 7,8,9	2 Corinthians 13
Tuesday	22	Ecclesiastes 10,11,12	Galatians 1
Wed.	23	Song of songs 1,2,3	Galatians 2
Thursday	24	Song of songs 4,5	Galatians 3
Friday	25	Song of songs 6,7,8	Galatians 4
Saturday	26	Isaiah 1,2	Galatians 5
Sunday	27	Isaiah 3,4	Galatians 6
Monday	28	Isaiah 5,6	Ephesians 1
Tuesday	29	Isaiah 7,8	Ephesians 2
Wed.	30	Isaiah 9,10	Ephesians 3

## PROGRAM FOR MONTHLY MEETINGS 2020

Date	Activity	Time
August 30, 2020	Praise/Sharing/Message + Monthly Prayer	2:30pm - 6:00pm
September 27, 2020	Praise/Sharing/Message + Monthly Prayer	2:30pm - 6:00pm
October 25, 2020	Praise/Sharing/Message + Monthly Prayer	2:30pm - 6:00pm

➤ **'HFC'(HOLIDAYS FOR CHRIST) WILL BE HELD**  
**FROM SATURDAY 05 TO SATURDAY, SEPTEMBER 19, 2020**

Meeting days: Tuesday, Thursday, Friday and Saturday  
 « 09:00 am – 03:00 pm »

For more information: 676 718 955 / 696 772 581

➤ **THE 'MESSENGERS OF THE GOOD NEWS' WILL MEET**  
**ON SATURDAY, SEPTEMBER 12, 2020**

« 04:00pm - 06:00pm »

Douala contact: 672 901 907 / 696 903 639

➤ **THE YOUTHS OF GLORY WILL MEET ON**  
**SUNDAY, SEPTEMBER 13, 2020**

« 03:00pm - 06:00pm »

Douala contact: 676 718 955 / 676 029 307

Foumban : 694 143 032 / Bagangte : 681 986 612

➤ **MONTHLY EVANGELISM DAY**  
**SATURDAY, SEPTEMBER 19, 2020**

In all the prayer cells

➤ **MEN OF GLORY WILL MEET ON**  
**SUNDAY, SEPTEMBER 20, 2020**

« 04:00pm - 06:30pm »

Douala contact: 694 751 673 / 676 270 560

Foumban : 694 143 032

➤ **THE CHILDREN OF GLORY WILL MEET ON**  
**SATURDAY, SEPTEMBER 26, 2020**

« 02:00pm - 05:00pm »

Douala contact: 677 104 852 / 696 772 581

Foumban: 694 143 032

## THE VISION

My beloved, it is a grace and a privilege to be part of a great family of Christ. This family has God as a father and Jesus Christ as first born. The bible says « Yet to all who received him, to those who believed in his name he gave the right to become children of God » (John 1:12).

To maintain a good relationship from father to son, it becomes necessary and even indispensable to take time with God through fasting, prayer and meditation on the word of God.

This is the reason why under the divine inspiration in March 2012, the program called «*Mercredi en Montagne*» was born and brings together people from diverse backgrounds in prayer cells every Wednesday in a spirit of fasting.

## GOALS

- *Constitute prayer cells that welcome people who wish to deepen their relationship with God*
- *Establish a very large chain of national and international prayer every Wednesday.*
- *Impact lives, Restore homes, families, activities.*
- *Win souls to Christ and encourage them to find Christian assemblies for their edification.*

If you desire to join us in this divine mission, these are our contact:

Douala - Cameroon

Tél : (00237) 697 547 726 / 676 036 054 / 656 670 707

Yaoundé - Cameroon

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Nkongsamba - Cameroon

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Canada

Tél : (00237) 438 7 / 514 400 04 17

If you want to make a donation, contact us on:  
676 270 560 / 694 751 673 / 676 036 054