



Weekly Topic for prayer and meditation, to impact lives.

Mercredi en Montagne

SEPTEMBER
2022

THE **PROMISE** IS FOR THE ONE WHO **OVERCOMES!**

"to him who overcomes I will give some of the hidden manna to eat. And I will give him white stone, and on the stone a new name written which no one knows except him who receives it".

(Revelation 2:17 NKJV)



«Therefore if anyone is in Christ, he is a new creation, the old has gone, the new has come»

(2 Corinthians 5:17)

CONTENT:

- * One topic of meditation per week
- * Scripture for daily meditation
- * Exhortation messages

**FAMILLE
DE GLOIRE**
Jean 17:22



**MESSAGE
OF THE
LORD FOR
THE YEAR
2022**

Honor God with all your heart

From **Revelation 4 :11** « *You are worthy, Ooh Lord, to receive glory and honour and power, for You created all things, and by your will they exist and were created.* » (New King James Version)

God wants you to honor Him with all your heart. To do this, you must ensure that you win all the victories over your soul and enter into the promise He made to you: « ***To him who overcomes I will give some of the hidden manna to eat. And I will give him a white stone, and on the stone a new name written which no one knows except him who receives it.*** » **Revelation 2 : 17b (NKJV)**. God's promise, his reward is for the one who has conquered.

TESTIMONY

I am a married woman and the mother of two wonderful children already. Recently, I got pregnant without knowing it, and after a while, I had a miscarriage. I had to go to the hospital for the curettage, but my husband and I had no finances. I even wanted to ask a mother for a loan but not having the conviction to do so, I remained calm. A few days later, I went to the hospital to visit a hospitalized sister, and I met a gynecologist in the hallways, I submitted my problem to him. He agreed to consult me for free, and the surprise was great: There was nothing left in me; without the need for human action, the Lord cleansed me completely. Glory be to God!

Following this testimony, if you also wish to have a new experience with God, open your heart to Him through this prayer: « ***Lord Jesus Christ, I make a covenant with you today. I open my heart to you and receive you sincerely. Fill me with your love. Amen!*** ». You are now a child of God.

Halleluiah!

Advice: If you are not yet a member of a Christian community, ask the Lord to guide you to one of them to exercise your faith.

Note: The Bible verses shown are taken from the translations '**New king James Version (NKJV)**', '**English Standard Version (ESV)**', '**Amplified Bible Classic Edition (AMPC)**' and '**New Living Translation (NLT)**'.

Happy year 2022! In perfect peace!



THE VISION

"Mercredi En Montagne"

Mercredi en Montagne is a movement inspired by God for the restoration of lives and families. It operates in prayer cells.

Through this movement, God works to transform a soul so that he can manifest the character of Christ, his life becomes a testimony that promotes the salvation of those close to him (family, neighbour, colleague etc.). Only the Word of God unites all the people who connect to this programme. It welcomes everyone, believer or not, and allows everyone to start or continue serving God in their assembly.

Under the inspiration of the Holy Spirit, edification themes are developed every month in this booklet which is distributed free of charge and the Lord arouses in His people a spirit of consecration and sacrifice for His glory, This is the reason why edification meetings are held every Wednesday afternoon in the different prayer cells (Douala, Yaounde, Bafoussam, Bagangte, Bamendjou, Bangou, Ebolowa, Kribi, Fouban, Bertoua, Tchoutnoun, Baigom, Mbouda, Dschang, also in Canada, and in the Central African Republic).

Spreading the Gospel through the brochures and covering the whole nation remains our challenge. Families, couples, lives are restored; business leaders are won to Christ and impact their businesses. The 'prayer life' ministry was born, prayers are raised at watch times (12am, 2am, 4am, 6am, 8am, 10am, 12pm, 2pm, 4pm, 6pm, 8pm, 10pm) and numerous testimonies of healing, deliverance and life transformations are noted. The Lord has sentries to keep watch. Intense programs multiply throughout the year to create impact. Websites www.mercredienmontagne.com, www.ChercheDieu.com and several expansion projects have been launched with the aim of spreading the gospel on the earth. The vision is moving forward in obedience to this divine instruction : **« Enlarge the place of your tent, and let the curtains of your habitations be stretched out; do not hold back; lengthen your cords and strengthen your stakes. For you will spread abroad to the right and to the left, and your offspring will possess the nations and will people the desolate cities» (Isaiah 54: 2-3).**

Glory to God!

WEDNESDAY PROGRAM

Great prayer union every Wednesday.
Fasting without food or drink is observed from **00 a.m. to 6 p.m.**

04h30am-5 :30am	Morning devotion (Praises, worship, prayer, meditation)
3:00pm-6:00pm	Prayer in cells or individually (cities without cells)
6:30pm-8:00pm	Second meeting (Douala-Ndogbong only)



DAILY PRAYER CHAIN OPEN TO ALL

'PRAYER LIFE'

(The Sentinels)

You, son of God, regardless of your Christian assembly, take at least 5 minutes and join your voice to that of a multitude to raise these prayers where you are (at the market, at home, at the office, in a means of transportation, etc.) at the indicated watch times (12am, 2am, 4am, 6am, 8am, 10am, 12pm, 2pm, 4pm, 6pm, 8pm, 10pm)

This prayer program is inspired by the Holy Spirit and is intended to saturate the spiritual atmosphere of each day by raising up true intercessors for the Heavenly Kingdom.

You can choose one or more hours of watch and thus participate effectively in this chain of prayer. In case of misunderstanding or revelations, please contact us

Our contacts: +237 675 204 082 / 678 660 809

Glory to God who always hears us.



HOUR	PRAYER TOPICS
00:00 a.m.	<p>Let us pray for those who are under the oppression of lodges or witchcraft</p> <p>- John 8 (36): «Therefore if the Son sets you free, you shall be free indeed .» Let us pray in the name of Jesus Christ that those bound or oppressed by sects and witchcraft (quote them) will come to the knowledge of the Lord Jesus Christ for their complete deliverance.</p> <p>Let us pray that those delivered from sects and witchcraft by Jesus Christ will remain firm in the faith, for «There is now no condemnation for those who are in Jesus Christ.» Rom 8 : 1</p>
01:00 a.m.	<p>Let us pray for the Church and persecuted Christians in Cameroon and in the Nations</p> <p>- Psa 7 : 2 « Save me from all those who persecute me; And deliver me. », ». Let us doom to failure the maneuvers of the world of darkness that aim to persecute the works of the Church in Cameroon and in the Nations.</p> <p>- Let us pray for the persecuted christians in Cameroon and in the Nations for «Peter was therefore kept in prison, but constant prayer was offered to God for him by the church. lui. » Acts 12 :5</p>
02:00 a.m.	<p>Let us pray for the Great Commission of Evangelism in the World</p> <p>- Let us pray to the Master of the harvest to increase the number of workers for a greater harvest (salvation of souls) throughout the world. «And they continued steadfastly in the apostles' doctrine and fellowship, in the breaking of bread, and in prayers. » Ac 2: 42</p> <p>- Let us pray that the Holy Spirit will strengthen every worker of the Lord's harvest in times of weakness, trial, and temptation, for «But he who endures to the end shall be saved » Math 24: 13</p>
03:00 a.m.	<p>Let us pray for evangelism in professional circles</p> <p>- In the name of Jesus Christ, let us overthrow any obstacle to evangelization in business in Cameroon and in nations as it is written : « Finally, brethren, pray for us, that the word of the Lord may run swiftly and be glorified, just as it is with you, and that we may be delivered from unreasonable and wicked men; for not all have faith». 2 Th 3 : 1-2</p> <p>- Let us commend to the grace of the Lord Jesus and to the power of the Holy Spirit, all those who proclaim the Gospel in companies in Cameroon and in nations so that the Father's love may be revealed for the salvation of souls in these professional environments. 2 Th 3 : 1-2</p>
04:00 a.m.	<p>Let us pray for the salvation of youth in Cameroon and in the nations</p> <p>- Let us give thanks to the Holy Spirit for Christian youth in Cameroon and in the nations; Let us lift all depravity of youth through prostitution, drugs and alcohol Pv 4: 11 « I have taught you in the way of wisdom; I have led you in right paths. » Let us pray for the salvation of the souls of young people in the Nations and ask the Holy Spirit to reveal to them the way forward for eternal life in the peace and joy of Christ. .</p>
05:00 a.m.	<p>Let us pray for the sick in Cameroon and in the Nations</p> <p>- Let us raise our voices and intercede for the healing of the sick, especially those who are abandoned and rejected « Car For I will restore health to you And</p>



	<p><i>heal you of your wounds,' says the Lord, 'Because they called you an outcast saying: "This is Zion; No one seeks her." » Jérémie 30: 17</i></p> <p>Jr 33 :6 « Behold, I will bring it health and healing; I will heal them and reveal to them the abundance of peace and truth. » on this word of scripture, let us pray for the sick (quote them) and proclaim their healing in Jesus Christ.</p>
06:00 a.m.	<p>Let us pray for peace and prosperity in our families</p> <ul style="list-style-type: none"> - Let us reverse all reasoning of misery, poverty and sterility in our families (quote them) because the Lord « Yet He sets the poor on high, far from affliction, And makes their families like a flock.» Ps 107 : 41 - Let us cast out all spirits of laziness in our families (quote them) and pray to the Lord to put in the hearts of our family members a permanent motivation for work well done because « In all labor there is profit, But idle chatter leads only to poverty » Pr 14 : 23
07:00 a.m.	<p>Let us pray for singles and widowers in our families</p> <ul style="list-style-type: none"> - Let us implore God's favor in the lives of single and widowed people who wish to remarry so that they may find the person God desires for their future because « And the Lord God said, "It is not good that man should be alone; I will make him a helper comparable to him » Gen 2 :18 - Let us pray that the Lord will strengthen every person who has to raise his children alone, that he will never lack enough to provide for their needs and that from the East or the West will come for help so that this task may be well accomplished.
08:00 a.m.	<p>Let us pray for harmony in couples</p> <ul style="list-style-type: none"> - Let us give thanks to God for the conforming couples already formed and stand up against all forms of divorce and separation because « Therefore what God has joined together, let not man separate.» Mark 10 :9 - Stand up against all forms of domestic violence; let us invoke mutual forgiveness and tolerance and break the path to the enemy who would like to sow division in couples
09:00 a.m.	<p>Let us pray for the realization of God's plans in the nations</p> <ul style="list-style-type: none"> - 1 Th 5 : 18 « in everything give thanks; for this is the will of God in Christ Jesus for you. » Thus, let us thank God for His blessings in these circumstances that His Church and the Nations of the whole world are going through. - In the name of Jesus Christ, let us cry out to our Father that he may overthrow Satan's plans on the nations and that only his plans may be realized on the peoples of the earth. « The Lord brings the counsel of the nations to nothing; He makes the plans of the peoples of no effect, The counsel of the Lord stands forever, The plans of His heart to all generations. » Ps 33 : 10-11
10:00 a.m.	<p>Pray for School Programs and Students in nations</p> <ul style="list-style-type: none"> - Let us pray for the ministers of education in Cameroon and for all the staff involved in education (quote them) so that in this school year 2022/2023, the school curriculum in Cameroon will be inspired and imposed by the Holy Spirit. Pr 22 : 6 - Let us pray for the deliverance of students addicted to drugs, pornography, theft, violence, homosexuality etc. so that they believe in Jesus Christ and live a



	new life . « For this purpose the Son of God was manifested, that He might destroy the works of the devil. » 1jn 3 : 8
11:00 a.m.	<p>Let us pray for the ministries in charge of health in the Nations</p> <ul style="list-style-type: none"> - Consecrate to the Lord Jesus Christ, all the hospitals of Cameroon and each Nation (quote them) so that the reign of Christ may be fully manifested and the darkness may dissipate : « our kingdom come. » Math 6 : 10 - Let us pray that the Lord will give wisdom and intelligence to the leaders of the Ministries of Health and to all medical personnel in the world so that they will work effectively for the improvement of health infrastructure to care for the sick without any discrimination of any kind. Jr 17 : 14
12:00 a.m.	<p>Pray for food supply in Cameroon and nations</p> <ul style="list-style-type: none"> - Let us pray for the staff of the Ministry of Employment and Enterprises to work with wisdom and intelligence according to the Holy Spirit for the supply of food and basic necessities in Cameroon and in the nations. 1 Tm 2 : 2 - Pv 12 : 11 « He who tills his land will be satisfied with bread, But he who follows frivolity is devoid of understanding. » Let us pray for the unemployed in Cameroon that they will stop pursuing vain things because « Whatever your hand finds to do, do it with your might... » Ecc/9 : 10
01:00 p.m.	<p>Let us pray for the ministries in charge of justice in the Nations</p> <ul style="list-style-type: none"> - Let us submit to the will of God, the hearts of the ministers of justice and their collaborators in each country so that they may receive God's instruction to conduct themselves wisely and pronounce justice as written in Psa 2 : 10-11 « Now therefore, be wise, O kings; Be instructed, you judges of the earth, Serve the Lord with fear, And rejoice with trembling ». - Punish any spirit of corruption acting in the courts of Cameroon and the Nations; let us pray for ourselves to be « blameless and harmless, children of God without fault in the midst of a crooked and perverse generation » Phi 2 : 15
02:00 p.m.	<p>Pray for the Ministries of Transport in the Nations</p> <ul style="list-style-type: none"> - Pray for the leaders of the Ministry of Transport and those involved in transport (motorcycle, taxi, bus, plane, train, etc.) to work effectively with intelligence and wisdom respecting the safety rules inspired by the Holy Spirit. 1 Tm 2 : 1-3 - Détruisons tous les pièges des ténèbres visant à causer des accidents de circulation et prions que Dieu déploie ses anges pour assurer la sécurité du transport au Cameroun. Isaiah 54 : 17
03:00 p.m.	<p>Let us pray for the global economic system</p> <ul style="list-style-type: none"> - Let us pray that a new just and sustainable economic system will be set up in Cameroon and in the Nations, as it is written : « And my God shall supply all your need according to His riches in glory by Christ Jesus. » Ph 4 : 19 - 1 John 3 : 17 « But whoever has this world's goods, and sees his brother in need, and shuts up his heart from him, how does the love of God abide in him? » Let us therefore pray that those who have abundant riches, driven by the love of God, will show great financial generosity for the poorest in the world. .
04 :00 p.m.	<p>Let us pray for peace and security in Cameroon and in the Nations</p> <ul style="list-style-type: none"> - Ps 33 : 12 « Blessed is the nation whose God is the Lord, The people



	<p><i>He has chosen as His own inheritance!</i> » Let us pray for the army, police and gendarmerie to turn totally to the Lord for instructions for peace and national security.</p> <p>- Let us take authority in the name of Jesus over the demons who instrumentalize the war in Cameroon and cancel all their works « <i>For the kingdom is the Lord's, And He rules over the nations</i>» Ps 22 : 28</p>
05 :00 p.m.	<p>Let us pray for peace and the restoration of nations at war</p> <p>- On this day of grace, let us pray about the Nations that the Peace of Christ and the Righteousness of God may reign there (especially in war zones) indeed, « <i>The Lord lift up His countenance upon you, And give you peace.</i> »</p> <p>Numbers 6 : 26</p> <p>- Let us beg the Lord for the salvation of souls in nations at war and pray for the reconstruction of those nations . « <i>Evening and morning and at noon I will pray, and cry aloud, And He shall hear my voice</i> ». Ps 55 : 17</p>
06 :00 p.m.	<p>Pray for MEM and Church leaders in the nations</p> <p>- Let us pray that the Holy Spirit will give direction to the leaders of the MEM movement and the Church in Cameroon that he will strengthen them and provide for all their needs. « <i>And my God shall supply all your need according to His riches in glory by Christ Jesus</i> » Ph 4 :19</p> <p>- Let us pray for each leader of MEM and the Church in Cameroon (quote them) so that the Holy Spirit will strengthen him and grant him to be: « <i>but hospitable, a lover of what is good, sober-minded, just, holy, self-controlled For there are many insubordinate, both idle talkers and deceivers, especially those of the circumcision.</i> » Titus 1: 8-9</p>
07 :00 p.m.	<p>Let us pray for the beloved who are tempted by adultery and debauchery</p> <p>- Bless the Lord for the fidelity of couples and the abstinence of Christians to the MEM movement; let us pray that they will continue to resist temptation in all its forms. Indeed « <i>Résistez au diable et il fuira loin de vous.</i> » James 4 : 7</p> <p>- Let us annul all alliances (carnal or spiritual) between those guilty of adultery (quote them) and pray for the reconciliation of couples who are victims of adultery and debauchery . Is 54 : 17</p>
08 :00 p.m.	<p>Let us pray for the outpouring and manifestation of the Holy Spirit in MEM and the body of Christ in general</p> <p>- Let us invoke the Holy Spirit so that he may descend and reproach himself on every person called as it is said « <i>in the last days, says God, That I will pour out of My Spirit on all flesh</i> » Acts 2 : 17a</p> <p>- Let us proclaim a perfect communion of God's children with the Spirit in order to continually receive revelations, prophecies, dreams and visions from the Lord to walk always in accordance with His Word</p>
09 :00 p.m.	<p>Pray for the fruits of the Holy Spirit in the MEM movement</p> <p>- Let us celebrate Jesus Christ for the fruits of the Holy Spirit that He has already made available in the Body of Christ and proclaim their manifestation «<i>But the fruit of the Spirit is love, joy, peace, longsuffering, kindness, goodness, faithfulness, gentleness, self-control;</i> » Gal 5 : 22 – 23a</p> <p>- Proclaim that intercessors rise up in all nations to bear the burdens of peoples and that the favor of God is always manifest. Ezech 22 :30</p>



10 :00
p.m.

Let us pray for the unity of the body of Christ

- John 17 : 21 « that they all may be one, as You, Father, are in Me, and I in You; that they also may be one in Us » Let us proclaim this true word in the body of Christ

- Let us rise up against every form of division in the Church of Christ, banish the subjects of discord and invoke the total cohesion of the children of God regardless of their denomination : « **There is neither Jew nor Greek, for you are all one in Christ Jesus » Galatians 3 : 28**

11 :00
p.m.

Let us pray for the flourishing of Christians in the world

- John 16 : 24 « Ask, and you will receive, that your joy may be full. » let us pray that Christians will have perfect joy in asking for and receiving in the name of the Lord Jesus the Christ.

- Let us pray that the Holy Spirit will always grant us the knowledge we need to be truly free from the lies and traps of the enemy, for Jehovah says : « **My people are destroyed for lack of knowledge » Hosea 4 : 6**



SUBTHEMES OF THE MONTH

1. **'It is not a human being you have to defeat'**
(Ephesians 6 : 12a)
2. **'Jesus gave you the victory, you must overcome evil'**
(Revelation 3 : 21)
3. **'The promise is for the one who overcomes'**
(Revelation 2 : 17)
4. **'The external enemy is there to reveal your own weaknesses'**
(Romans 8 : 28)

These sub-themes are provided for you to read more carefully while holding your Bible close to you. Take notes that will help you to meditate in more depth on the message that the Lord will give you personally.

You can join us through the 15 cells in Cameroon and 2 cells beyond (Central Africa and Canada). You can also do it virtually through the live stream on our Facebook page 'mercredi en montagne' at the indicated times, and the replay on our YouTube page 'mercredi en montagne'. In this way you will be able to commune with brothers and sisters who have the same passion as you: to discover the greatness of the love of our Lord and Saviour Jesus Christ and to be submitted to him.

If you have any questions related to these teachings or outside of them, or if you need prayer, please contact us.

Our contacts: +237 672 901 907 / 697 610 026 / 678 547 556

Glory to God who works mightily !



**MESSAGE
OF THE
MONTH :
SEPTEMBER
2022**

The promise is for him who overcomes

Jesus Christ defeated death by overcoming evil: pride, lies, hatred, etc. This victory defeated all his enemies. It was then that the promise of salvation for all mankind was fulfilled. This is the key that the Lord gives you to possess your promises « ***To him who overcomes I will give some of the hidden manna to eat. And I will give him a white stone, and on the stone a new name written which no one knows except him who receives it» Revelation 2 :17b (NKJV).***

**DETAILED
PROGRAM:**

Wed. 31 Aout	<ul style="list-style-type: none"> ✓ Bible study of the week ✓ Praise - Worship - Intercession - Thanksgiving ✓ Subtheme 1: 'It is not a human being you must overcome' (Ephesians 6:12a) ✓ Group Prayer, Testimonies, Announcements, etc
Wed. 07 Sept	<ul style="list-style-type: none"> ✓ Bible study for the week ✓ Praise - Worship ✓ Intercession - Thanksgiving ✓ Subtheme 2: 'Jesus gave you victory, you must overcome evil' (Revelation 3:21) ✓ Group prayers, testimonies, announcements, etc.
Wed. 14 Sept	<ul style="list-style-type: none"> ✓ Bible study for the week ✓ Praise - Worship ✓ Intercession - Thanksgiving ✓ Subtheme 3: 'The promise is for him who overcomes' (Revelation 2:17) ✓ Group prayers, testimonies, announcements, etc.
Wed. 21 Sept	<ul style="list-style-type: none"> ✓ Bible study for the week ✓ Praise - Worship - Intercession - Thanksgiving ✓ Subtheme 4: 'The external enemy is there to reveal your own weaknesses' (Romans 8:28) ✓ Group Prayer, Testimonies, Announcements, etc.

**HIGHLIGHT
S OF THE
MONTH :**

- ∠ September 2022 proclamations
- ∠ Septembre 2022 calendar, Bible reading in one year



SUBTHEME 1

WEDNESDAY 31TH
AUGUST 2022

IT IS NOT A HUMAN BEING YOU
HAVE TO DEFEAT

Say these prayers as a family: from 31 August to 06 September

- 1- Father, my family and I want to live the promises that are reserved for us, fill our hearts with your kind of love,
- 2- I desire to live in love and unity with all people, in my home, my family, my surroundings.

Ephesians 6 :12a NLT

For we are not fighting against flesh-and-blood enemies».

The heavenly Father did not want the great human family to fight each other. The apostle Paul in this opening verse has come to express God's will: one man should not fight against another! God wants peace in the world! The Lord did well to create all human beings from a couple Adam and Eve, all are brothers and sisters: ***(Genesis 1 :28a NLT) « Then God blessed them and said, "Be fruitful and multiply. Fill the earth and govern it».*** No matter what race or nationality a man is, he is your brother and you must not fight him. In Proverbs 6, King Solomon gives you the example of the ants, who, without a leader or master, work together in perfect solidarity and without fighting. All human families should be like that too! That is why you must change the way you look at the people you meet. Admit that they are all from the same family as you and learn to identify the spirit that animates them when adversity passes through them to reach you.

Jesus Christ came to restore love and unity among people : ***(Galatians 3 :28 NKJV) « There is neither Jew nor Greek, there is neither slave nor free, there is neither male nor female; for you are all one in Christ Jesus».*** Just after his resurrection, he comes to give peace : ***(Luke 24 :36b NKJV) « Peace to you! ».*** God wants peace in your home, in your family, in your Christian assembly, with your friends, neighbours, strangers, etc. He wants you to understand that it is not His will that there should be wars all over the world. He wants you to understand that it is not His will that there should be wars all over the world. He does not want couples to divorce, families to split up, brothers and sisters in Christ to hate each other! ***(Ephesians 6 :12a NLT) « For we are not fighting against flesh-and-blood enemies».*** So if you engage in conflict, know that you do not have God's



blessing. He telling you : ***(Matthew 5 :44 NKJV) « ... I say to you, love your enemies, bless those who curse you, do good to those who hate you, and pray for those who spitefully use you and persecute you. ».*** Raise this prayer: 'Father, I choose to love my enemies... (Name them). I bless them and refuse to look upon them as my enemies'. ***(John 13 :34 NKJV) « A new commandment I give to you, that you love one another; as I have loved you, that you also love one another. ».*** He did not say 'beware', 'hate' but he said 'love'! God's plan for His children is harmony, unity, love. He did not plan for man to be the enemy of man! The Lord gives you this precious advice, do not fight against your neighbour. Woman, do not fight your rival : ***(Luke 6 :29 NKJV) « To him who strikes you on the one cheek, offer the other also. And from him who takes away your cloak, do not withhold your tunic either ».*** No matter how intense the conflict, God suggests forgiveness, reconciliation, letting go. Jesus Christ is living proof of this. If you sincerely forgive, you will never be confused. ***(Matthew 6 : 14 NKJV) « For if you forgive men their trespasses, your heavenly Father will also forgive you. ».*** So forgive all those who have offended you or all those who hate you: 'Father, I understand that you do not agree with me when I consider my brother, friend, spouse, etc. to be my enemy. I forgive ... (Name names) for the evil he has done to me. I let go and also ask forgiveness of all those I have offended. Amen ! (Romans 12 :18 NLT) « If it is possible, as much as depends on you, live peaceably with all men ». Your real enemy is not the man of the same nature as you. If the conflict comes from others, the Lord is faithful and will act in your favour.

**Receive this
prayer and
say Amen !**

I declare on your life that you love your enemies, you seek and pursue peace, you manifest your nature as a son of God; your heart is filled with love for God and for others without exception in Jesus' name. Amen !

Meditation Texts	Thursday	1 st /09/22	Ephesians 6 : 10-20
	Friday	02/09/22	Genesis 1 : 24-31
	Saturday	03/09/22	Galatians 3 : 15-29
	Sunday	04/09/22	Matthew 5 : 38-48
	Monday	05/09/22	John 13 : 21-36
	Tuesday	06/09/22	Luke 6 : 27-36
	To be shared : The first Apostles Acts 17-19		



SUBTHEME 2
WEDNESDAY 07TH
SEPT 2022

**JESUS HAS GIVEN YOU VICTORY,
YOU MUST OVERCOME EVIL**

Say these prayers as a family: from 07 to 13 September

- 1- Father, because Christ endured and loved us in spite of all the evil done to him, grant us the grace to do the same for others,,
- 2- Lord, having been born at the cross where you accomplished everything, I have the victory.

Revelation 3 :21 NKJV

To him who overcomes I will grant to sit with Me on My throne, as I also overcame and sat down with My Father on His throne.»

Jesus Christ talks a lot about victory. Several times in the book of Revelation you will notice that He makes promises to the one who will overcome. What victory is He talking about? And yet he has already won the victory over sin on the cross for us?

Indeed, Jesus the Christ came to earth in human nature and lived in that nature (John 1:14). He had the same emotions as you: he wept over the death of his friend Lazarus. He had the same feelings as every human being! It was not the spirit of Jesus that carried the cross to the place of murder, that suffered the insults and whips of the Roman soldiers, that groaned in pain at the cross; it was not his spirit that received the blows, the mockery, but it was his physical body! It is Jesus the man! Yes, it was a man's rib that was pierced, a man's feet and hands that were pierced to hang him on wood. It was a man's head that received the crown of thorns, his nerve endings were overexcited, he was severely tested, what suffering ! **(Isaiah 53 :4a) « Surely He has borne our grievances, And carried our sorrows;».**

All this torture for him to speak evil of men, to pray for men to suffer, to utter words of curses or to ask for the death of his enemies; and so he would have failed in his mission of saving humanity. But Jesus overcame evil: he forgave instead of cursing; he saved instead of destroying. This is the victory of Jesus Christ over evil, over the curse, over death and over the devil! **(Luke 23 :34b NKJV) Father, forgive them, for they do not know what they do».**

(Matthew 28 :18b-19a) « All authority has been given to Me in heaven and on earth..... Go...». You have been given the power to go to men and win over the evil they do to you. You have been given the power to control your emotions, to neutralise the thoughts of hatred and revenge that can come



over you when you are oppressed. As a child of God, you have been anointed by Jesus to love your enemies, to repay evil with good. Yes, if you have received Jesus into your heart, you have received the power to love your enemies, to bless those who mistreat you instead of cursing them : ***(John 1 :12a NKJV) But as many as received Him, to them He gave the right to become children of God, to those who believe in His name».*** In other words, Jesus says: "Those who open their hearts to me are given the ability to do as I do; to love men who want me dead, to forgive the unforgivable. I have anointed them to bless their enemies. My spirit works in them to be my imitators.

So, what are the oppressions you are experiencing right now? Who is it from? Know that this is an opportunity to make your anointing and your nature as a child of God work. You need to win over the evil that is being done to you! : ***(Romans 12: 19-21 NKJV) « Beloved, do not avenge yourselves, but rather give place to wrath; for it is written, Vengeance is Mine, I will repay, says the Lord. Therefore if your enemy is hungry, feed him; If he is thirsty, give him a drink; For in so doing you will heap coals of fire on his head. Do not be overcome by evil, but overcome evil with good.».*** Activate your supernatural ability to love your enemies, to do good to the one who curses you, by taking time out to pray and beg for God's mercy in the lives of your enemies. David had reason and even opportunity to want Saul dead, but he did not. Do not pray that they die or that God punish them, but ask God to do them good. Before God, you will have overcome!

**Receive this
prayer and
say Amen !**

I declare on your life that all those who present themselves to you as enemies, you have victory over all forms of hatred and evil thoughts about them in Jesus' name.

Meditation Texts <u>To be shared :</u> The first Apostles Acts 20-23	Thursday	08/09/22	Revelation 3 : 14-22
	Friday	09/09/22	Isaiah 53 : 1-12
	Saturday	10/09/22	Luke 23 : 26-34
	Sunday	11/09/22	Luke 23 : 35-46
	Monday	12/09/22	Romans 12 : 1-8
	Tuesday	13/09/22	Romans 12 : 9-21



SUBTHEME 3

WEDNESDAY 14
SEPT 2022

THE PROMISE IS FOR HIM WHO
OVERCOMES!

Say these prayers as a family : from 17 to 23 September

- 1- Father, my family and I want to live the promises you have given us;
- 2- Grant us victory over all forms of death, so that we may preserve unity through the bond of perfection.

Revelation 2 :17 NKJV

T*o him who overcomes I will give some of the hidden manna to eat. And I will give him a white stone, and on the stone a new name written which no one knows except him who receives it.»*

It is one thing to have the promise, it is another to live it. God wants you to live out the promises he has given you. This passage in Revelation 2:17 means in other words that, If you come to the end of oppression to keep calm, forgive and bless your enemies, the Lord God will reward you in a special way. If you achieve salvation in spite of opposition, you will have God's reward! More concretely:

1° If you obtain victory over the threats of division in your family. Not only do you pray intensely so that it does not divide, you accept to humble yourself and keep a low profile in order to save the family unity, you do not hate your brothers but you always manage to love them, you are saving the work of God from the danger of death, you have won the victory! **(Romans 12 : 18 NLT) Do all that you can to live in peace with everyone».** Sooner or later, you will be distinguished and crowned among your brothers and sisters.

2° If you are married and you are subject to the rejection and hatred from your partner. You pray and fast to save your marriage from divorce, for the salvation of your partner's soul. You accept loss to win his or her heart for Christ. You endure rejection, slander and hate. If you continue to do the will of God as it is written for man : **(Ephesians 5 :25 NKJV) « Husbands, love your wives, just as Christ also loved the church and gave Himself for her».** Aussi pour la femme : **(1 Peter 3 :1 NKJV) Wives, likewise, be submissive to your own husbands, that even if some do not obey the word, they, without a word, may be won by the conduct of their wives,».** You have overcome



divorce, you will receive God's reward because you have saved His work from destruction.

3° If you continue to remain faithful in your ministry, to work without pride or jealousy, to remain loyal to your position and to your spiritual leaders, you will have overcome the winds of destruction that come in subtle ways against the work of God and He will reward you: **(Relation 3 :12 NKJV) « He who overcomes, I will make him a pillar in the temple of My God, and he shall go out no more. I will write on him the name of My God and the name of the city of My God »**. If you are loyal to your boss or supervisor and show him or her respect despite any ill treatment, you will gain victory over pride. God will reward you and raise you above your colleagues because: **(Luke 14 : 11 NKJV) « he who humbles himself will be exalted. »**

4° If you continue to love those who persecute you for the sake of the gospel, you do not pray that they will die but that they will be forgiven and saved, the Lord will reward you: **(1 Peter 4:14 NKJV) If you are ^{le}reproached for the name of Christ, blessed are you, for the Spirit of glory and of God rests upon you. »**. The glory of God will shine on your life.

The promise is for him who has overcome! **(Revelation 2 :17 NKJV) « To him who overcomes I will give some of the hidden manna to eat. And I will give him a white stone, and on the stone a new name written which no one knows except him who receives it »**. The Lord Himself will give you the hidden manna, that is, the glorious presence of Jesus (the bread of life) through the Holy Spirit who will come to fulfil in your life all the promises God has made to you. And that's not all! He will give you a stone with a new name written on it. In other words, he will change your life, he will do something new that will be unique to you, adapted to your particular case. Wow! God is faithful, he feels committed to your situation and obliged to fulfil his promise when you have overcome evil with good.

**Receive and
say Amen !**

I declare on your life that you overcome evil with good as a child of God in Jesus' name. Amen !

Meditation Texts	Thursday	15/09/22	Revelation 2 : 12-17
	Friday	16/09/22	Ephesians 5 : 22-33
	Saturday	17/09/22	1 Peter 3 : 1-7
	Sunday	18/09/22	Revelation 3 : 1-13
	Monday	19/09/22	1 Peter 4 : 1-11
	Tuesday	20/09/22	1 Peter 4 : 12-19
	<p>To be shared : The first Apostles Acts 24-26</p>		



SSS
SUBTHEME 4
WEDNESDAY 21TH
SEPT 2022

**THE EXTERNAL ENEMY IS THERE TO
UNVEIL YOUR OWN WEAKNESSES!**

Say these prayers as family : from 24 to 30 September :

- 1- Father, I thank you for the means you have given to reveal my weaknesses,
- 2- I accept each weakness and treat it sincerely and deeply.

Romans 8 :28 NKJV

A*nd we know that all things work together for good to those who love God, to those who are the called according to His purpose».*
When God calls you to serve him, He makes a covenant with you and from then on He makes all situations work together to achieve the purpose for which He has called you. You will not always understand why people stand against your call, against your ministry. God sometimes creates adversity to reveal your own weaknesses. Sometimes there is a very hidden pride in you that God wants to break in order to use you, so he may allow someone who owes you respect and submission to despise you. Your reaction will show whether you are proud or not. He may allow you to be denied places of honour at events, if you get angry and demand that place, it will reveal your pride or lack of self-control. In any case, everything and every situation will help to shape you into a useful instrument in God's hands.

You will have overcome when you know how to observe each adversity to see and appreciate the good that God wants to do in you. Instead of complaining all the time, you will give glory to God for the victory over this revealed weakness. You will grow in Christ and be able to experience the fulfilment of God's promises in your life. Joseph was called by God to save his family from the great famine that was coming. In order for him to leave their country and move to Egypt, the Lord allowed the jealousy of his brothers to work against him and they sold him into slavery. Joseph overcame the hatred of his brothers and was able to appreciate the good that the Lord had done for his family: **(Genesis 50 :20 NKJV) « But as for you, you meant evil against me; but God meant it for good, in order to bring it about as it is this day, to save many people alive».**

You must be tested like gold that must be passed through the fire to shine **(1 Peter 1 : 6-8 NKJV) « In this you greatly rejoice, though now for a little**



while, if need be, you have been ^[c]grieved by various trials, that the genuineness of your faith, being much more precious than gold that perishes, though it is tested by fire, may be found to praise, honor, and glory at the revelation of Jesus Christ, ». By this means, the Lord will make you discover your weaknesses every day. He says that your faith must undergo trials. For example, Joseph's faith underwent many trials and he was able to deal with them all successfully. The jealousy of his brothers, the accusation of Potiphar's wife. Joseph could have risen to the top of the Egyptian government and taken revenge on all his enemies, instead he dealt with his own weaknesses revealed by these situations and God's promises on his life were fulfilled.

You certainly have practical cases at hand, you need to be tested in your home, in your workplace and everywhere you go so that your weaknesses are revealed and dealt with. Every loving relationship is tested and can therefore go through turbulent times. The Lord wants to purify you for your calling. Look carefully at all the trials you go through and note your weaknesses: Do you complain a lot about your situation? Do you justify yourself? Do you hate the person who opposes you? Have you decided to end the relationship just because of the conflict? Do you shout at the person? Are you in a hurry to see the situation changed? Are you desperate? Do you pray for God's mercy or do you ask for God's justice? Identify all your weaknesses and pray to address them. This situation is working for your good.

**Receive this
prayer and
say Amen !**

I declare on your life that you are walking and fulfilling the missions for which God has created you, and everything you go through as turbulence contributes to purify you to reach the goal set by God in Jesus' name. Amen !

Meditation Texts To be shared : The first Apostles Acts 27-28	Thursday	22/09/22	Romans 8 : 28-39
	Friday	23/09/22	Genesis 37 : 1-17
	Saturday	24/09/22	Genesis 37 : 18-28
	Sunday	25/09/22	Genesis 50 : 15-26
	Monday	26/09/22	1 Peter 1 : 1-12
	Tuesday	27/09/22	Acts 16 : 22-34

Beloved, use these lines to record the highlights during the teachings and also your related prayer topics

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Handwriting practice lines consisting of multiple sets of three horizontal dashed lines.



Handwriting practice lines consisting of 20 horizontal dashed lines.



**SEPTEMBER 2022
PROCLAMATIONS**

« And Jesus said to him, "Today salvation has come to this house, because he also is a son of Abraham» (Luke 19 :9a NKJV). Glory to God! Jesus' entry into Zacchaeus' home triggered salvation in his life and he was restored. If Jesus has entered your life as he did Zacchaeus', proclaim with faith these words of restoration, Jesus is the answer to your prayers.

I praise you Father, for the grace you are giving me to know the year 2022;

I humbly enter the month of September 2022 with the testimony that Heavenly Father has reserved for me, and for my entire family;

Before I received Christ, I was lost and desperate, battered by the devil and my life had no meaning; I was given over to sin and destined for Hell.

But God loved me, and he proved his love by sending his son to die on the cross for me, and today I am saved.

Christ took me in, washed and cleansed me, changed my dirty clothes and gave me a white robe; he made me his heir;

Yesterday I was worthless, today I am a son of the most high. My God has changed my history and given me a glorious destiny.

I am made in the image of Christ, my body, soul, and spirit meet divine standards; I am inviolable territory, totally committed to the cause of the gospel.

My heart, which was once filled with hurt, resentment and hatred, is now saturated with love and forgiveness;

I have the heart of God, I forgive relentlessly, no matter how much my neighbour does, I forgive without counting the cost;

I hold no man as an enemy; I do not fight against flesh and blood, but I fight against Satan who hides behind every negative act;

I overcome evil, I do not allow myself to be dominated by it, but I always act for the good no matter what evil is done to me;

In this month of September 2022 when pupils and students return to school, God's favour gives me to provide for the educational needs of all those under my responsibility, and to do the same for strangers;

I bless the educational body in general; God's favour and the grace of success accompany them throughout the academic year;

No accident, no plague affects them in the name of Jesus Christ!

I have the victory of Christ, a victory that cannot be disputed and that is eternal; I live this victory from the 1st to the 31st, and

From January to December 2022, I and my house will serve the Lord!

I believe and I say "Amen".!



ONE YEAR BIBLE READING SCHEDULE

Beloved, your knowledge and your intimacy with God pass through the constant reading of the Bible which is his Word. This calendar is offered to you with a chronological reading plan, morning and evening. Checkmark in front of each text.

SEPTEMBER 2022

Date		Old Testament	New Testament
Thursday	1	2Kings 17	Acts 28.16-31
Friday	2	2Kings 18 : 1-12; 2Chr 2	Philippians 1
Saturday	3	2Chr 30 – 31	Philippians 2
Sunday	4	Mich 6 – 7	Philippians 3 :1 – 4:1
Monday	5	Isaiah 13 – 14	Philippians 4 : 2-23
Tuesday	6	Isaiah 15 – 16	Ephesians 1
Wednesday	7	Isaiah 17 – 18	Ephesians 2
Thursday	8	Isaiah 19 – 20	Ephesians 3
Friday	9	Isaiah 21 – 23	Ephesians 4 : 1-16
Saturday	10	Isaiah 24 – 25	Ephesians 4 :17 – 5 :17
Sunday	11	Isaiah 26 – 27	Ephesians 5 :18 – 6:24
Monday	12	Isaiah 28 – 29	Philemon
Tuesday	13	Isaiah 30 – 31	Colossians 1 : 1-23
Monday	14	Isaiah 32 – 33	Colossians 1 :24 – 2:23
Thursday	15	Isaiah 34 – 35	Colossians 3 :1 – 4 :1
Friday	16	Proverbs 25 – 26	Colossians 4 : 2-18
Saturday	17	Proverbs 27 – 28	1 Peter 1 : 1-21
Sunday	18	Proverbs 29 – 30	1 Peter 1 :22 – 2 :10
Monday	19	Proverbs 31	1 Peter 2 :11 – 3 :12
Tuesday	20	Psalms 91 – 93	1 Peter 3 :13 – 4 :19
Wednesday	21	Psalms 94 – 95	1 Peter 5
Thursday	22	Psalms 96 – 97	1 Timothy 1
Friday	23	Psalms 98 – 100	1 Timothy 2
Saturday	24	Psalms 104 – 105	1 Timothy 3
Sunday	25	Psalms 106 – 107	1 Timothy 4
Monday	26	Psalms 111 – 113	1 Timothy 5
Tuesday	27	Psalms 114 – 116	1 Timothy 6
Wednesday	28	Psalms 117 – 118	Titus 1
Thursday	29	Psalms 119 : 1-48	Titus 2
Vendredi	30	Psaumes 119 : 49-88	Titus 3



2022 MONTHLY MEETINGS PROGRAM

Date	Activity	Time
25 September 2022	Praise/sharing/Message + Prayer of the month	2:30pm-6:15pm
30 October 2022	Praise/sharing/Message + Prayer of the month	2:30pm-6:15pm
27 November 2022	Praise/sharing/Message + Prayer of the month	2:30pm-6:15pm

➤ **MEN AT YADAH**

SPECIAL SEMINAR FOR MEN

THURSDAY 13 TO SATURDAY 15 OCTOBER 2022 « 2PM-7:30PM »

Info-line : 676 270 560 / 697 610 026

➤ **ATMOSPHERE OF HEALING**

FRIDAY 02 SEPTEMBER 2022 « 5PM-7:30PM »

Contact : 694 709 614 / 676 486 520

➤ **THE MESSAGERS OF GOOD NEWS**

SUNDAY 04 SEPTEMBER 2022 « 3PM-6PM »

Contact Douala : 672 901 907 / 696 903 639

➤ **THE YOUTHS OF GLORY**

SUNDAY 11 SEPTEMBER 2022 « 3PM-6PM »

Contact Douala : 676 718 955 ; Fouban : 694 143 032

➤ **MASSIVE EVANGELISM OUTREACH**

SATURDAY 17 SEPTEMBER 2022

IN FAMILIES AND ALL THE CELLS

➤ **THE MEN OF GLORY**

SUNDAY 18 SEPTEMBER 2022 « 3PM-6PM »

Contact Douala : 696 671 591 / 676 057 832

➤ **THE CHILDREN OF GLORY**

SATURDAY 24 SEPTEMBER 2022 « 2PM-5PM »

Contact Douala : 677 104 052 / 699 066 950

THE VISION

My beloved, it is a grace and a privilege to be part of a great family of Christ. This family has God as a father and Jesus Christ as first born. The bible says « Yet to all who received him, to those who believed in his name he gave the right to become children of God » (John 1:12).

To maintain a good relationship from father to son, it becomes necessary and even indispensable to take time with God through fasting, prayer and meditation on the word of God.

This is the reason why under the divine inspiration in March 2012, the program called «*Mercredi en Montagne*» was born and brings together people from diverse backgrounds in prayer cells every Wednesday in a spirit of fasting.

GOALS

- *Constitute prayer cells that welcome people who wish to deepen their relationship with God*
- *Establish a very large chain of national and international prayer every Wednesday.*
- *Impact lives, Restore homes, families, activities.*
- *Win souls to Christ and encourage them to find Christian assemblies for their edification.*

If you desire to join us in this divine mission, these are our contacts:

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**If you want to make a donation, contact us on:
676 270 560 / 694 751 673 / 676 036 054**