



Weekly Topic for prayer and meditation, to impact lives.

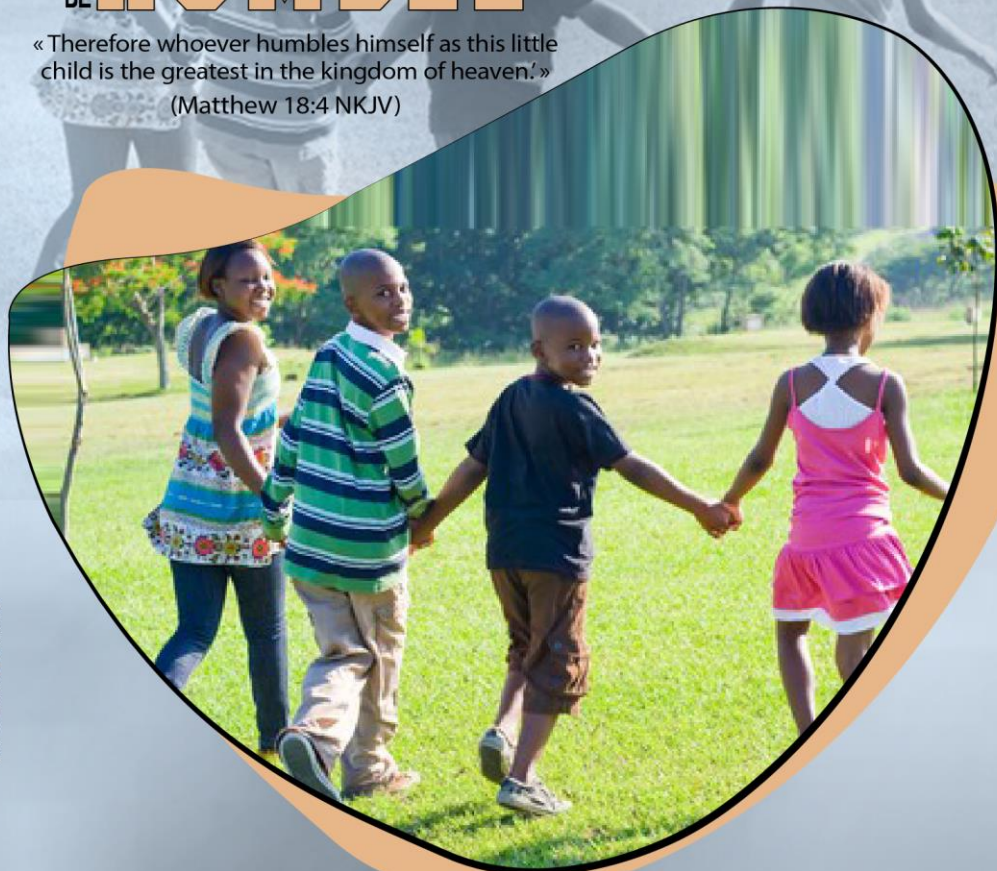
*Mercredi en Montagne*

OCTOBER  
**2022**

# HONOUR GOD BY YOUR CHARACTER. BE **HUMBLE**

« Therefore whoever humbles himself as this little child is the greatest in the kingdom of heaven! »

(Matthew 18:4 NKJV)



Free Distribution

*« Therefore if anyone is in Christ, he is a new creation, the old has gone, the new has come »*

(2 Corinthians 5 : 17)

## CONTENT:

- \* One topic of meditation per week
- \* Scripture for daily meditation
- \* Exhortation messages

**FAMILLE  
DE GLOIRE**

Jean 17 : 22





**MESSAGE  
OF THE  
LORD FOR  
THE YEAR  
2022**

***Honour God with all your heart***

From **Revelation 4:11** « *You are worthy, O Lord, to receive glory and honour and power, for You created all things, and by your will they exist and were created*» (New King James Version)

God wants you to honour Him with all your heart. He is with you every day and takes pleasure in remaining in a humble heart: « ***Therefore whoever humbles himself as this little child is the greatest in the kingdom of heaven***» **Matthew 18:4(NKJV)**. Humility is the character trait that honours God, that pleases Him and that makes you prosper. Honour God with your character, be humble.

**TESTIMONY**

I testify of the grace of God for the transformation of the life of my son Daniel. In fact, since the death of my husband his father, Daniel began to behave like a thug everywhere he found himself. At school, he spent his time breaking the walls of the fence to skip class; I don't even remember the number of bags of cement and concrete blocks that I had to spend as penalties to schools. At a certain point, I sent him to his uncle in Ebolowa; even there, it was from runaway to runaway, no matter the advice and the punishments, he did not change. Back in Yaounde where we live, I went down to Douala, and with the leaders of the movement, we continued to pray for him.

But the great trigger happened at the 'YOUTH AT YADAH' seminar. The Lord has TOTALLY changed my son to the point where today I am able to entrust him with the house and some money and I come back to see everything intact.

Following this testimony, if you also wish to have a new experience with God, open your heart to Him through this prayer: « ***Lord Jesus Christ, I make a covenant with you today. I open my heart to you and receive you sincerely. Fill me with your love. Amen!*** ». You are now a child of God.

Halleluiah!

Advice: If you are not yet a member of a Christian community, ask the Lord to guide you to one of them to exercise your faith.

Note: *The Bible verses shown are taken from the translations 'New king James Version (NKJV)', 'English Standard Version (ESV)', 'Amplified Bible Classic Edition (AMPC)' and 'New Living Translation (NLT)'.*

**Happy year 2022! In perfect peace!**



October  
2022

## THE VISION

### "Mercredi En Montagne"

*Mercredi en Montagne* is a movement inspired by God for the restoration of lives and families. It operates in prayer cells.

Through this movement, God works to transform a soul so that he can manifest the character of Christ, his life becomes a testimony that promotes the salvation of those close to him (family, neighbour, colleague etc.). Only the Word of God unites all the people who connect to this programme. It welcomes everyone, believer or not, and allows everyone to start or continue serving God in their assembly.

Under the inspiration of the Holy Spirit, edification themes are developed every month in this booklet which is distributed free of charge and the Lord arouses in His people a spirit of consecration and sacrifice for His glory, This is the reason why edification meetings are held every Wednesday afternoon in the different prayer cells (Douala, Yaounde, Bafoussam, Bagangte, Bamendjou, Bangou, Ebolowa, Kribi, Fouban, Bertoua, Tchoutnoun, Baigom, Mbouda, Dschang, also in Canada, and in the Central African Republic).

Spreading the Gospel through the brochures and covering the whole nation remains our challenge. Families, couples, lives are restored; business leaders are won to Christ and impact their businesses. The 'prayer life' ministry was born, prayers are raised at watch times (00am, 1am, 2am, 3am, 4am, 5am, 6am, 7am, 8am, 9am, 10am, 11am, 12pm, 1pm, 2pm, 3pm, 4pm, 5pm, 6pm, 7pm, 8pm, 9pm, 10pm, 11pm) and numerous testimonies of healing, deliverance and life transformations are noted. The Lord has sentries to keep watch. Intense programs multiply throughout the year to create impact. Websites [www.mercredienmontagne.com](http://www.mercredienmontagne.com), [www.ChercheDieu.com](http://www.ChercheDieu.com) and several expansion projects have been launched with the aim of spreading the gospel on the earth. The vision is moving forward in obedience to this divine instruction: **« Enlarge the place of your tent, and let the curtains of your habitations be stretched out; do not hold back; lengthen your cords and strengthen your stakes. For you will spread abroad to the right and to the left, and your offspring will possess the nations and will people the desolate cities» (Isaiah 54: 2-3).**

Glory to God!

## WEDNESDAY PROGRAM

Great prayer union every Wednesday.  
Fasting without food or drink is observed from **00 a.m. to 6 p.m.**

4:30am-5:30am	Morning devotion (Praises, worship, prayer, meditation)
3:00pm-6:00pm	Prayer in cells or individually (cities without cells)
6:30pm-8:00pm	Second meeting (Douala-Ndogbong only)



## DAILY PRAYER CHAIN OPEN TO ALL

### 'PRAYER LIFE'

(The Sentinels)

You, son of God, regardless of your Christian assembly, take at least 5 minutes and join your voice to that of a multitude to raise these prayers where you are (at the market, at home, at the office, in a means of transportation, etc.) at the indicated watch times (00am, 1am, 2am, 3am, 4am, 5am, 6am, 7am, 8am, 9am, 10am, 11am, 12pm, 1pm, 2pm, 3pm, 4pm, 5pm, 6pm, 7pm, 8pm, 9pm, 10pm, 11pm)

This prayer program is inspired by the Holy Spirit and is intended to saturate the spiritual atmosphere of each day by raising up true intercessors for the Heavenly Kingdom.

You can choose one or more hours of watch and thus participate effectively in this chain of prayer. In case of misunderstanding or revelations, please contact us

Our contacts: +237 675 204 082 / 678 660 809

Glory to God who always hears us.



October  
2022

HOURS	PRAYER TOPICS
00 :00 a.m.	<b>Pray for the salvation of a multitude of souls in the nations</b> <ul style="list-style-type: none"><li>- Let us praise the Lord for the evangelists and pray that they proclaim the Gospel with love, perseverance and that the Holy Spirit may confirm the message with signs and wonders. <b>Mark 16: 20</b></li><li>- Let us pray for the conversion of anyone who opposes the Gospel (false pastor, witch doctor, sectarian, atheist, etc.); that he/she should encounter Jesus Christ and repent. <b>Acts 23: 6</b></li></ul>
01 :00 a.m.	<b>Pray for the growth and manifestation of the gifts of the Holy Spirit at MEM</b> <ul style="list-style-type: none"><li>- <b><i>Isaiah 10:24, 27 «...O my people, who dwell in Zion, do not be afraid of the Assyrian! ... It shall come to pass in that day that his burden will be taken away from your shoulder, and his yoke from your neck; And the yoke shall be destroyed because of the anointing».</i></b> Let us pray that MEM and the people of God in Cameroon will be delivered from every yoke of the enemy.</li><li>- Let us make sterile any seed that the enemy has planted in our lives and let us proclaim the growth of the seeds planted in our lives by the Holy Spirit. <b>Isaiah 54: 17</b></li></ul>
02 :00 a.m.	<b>Pray for the youth in Cameroon and in the nations</b> <ul style="list-style-type: none"><li>- Let us exalt Jesus Christ for the youth in Cameroon and in the nations; let us make sterile any seed that the enemy has sown in the youth, then let us proclaim the growth of the seeds deposited in the Youth by the Holy Spirit. <b>Isaiah 54: 17</b></li><li>- <b><i>1 John 3: 8b « The reason the Son of God appeared was to destroy the works of the devil ».</i></b> Let us proclaim the destruction of the works of the devil on the youth (name them), in particular sexual abuse, sects, drugs, homosexuality, lesbianism, pedophilia, theft, laziness, etc.</li></ul>
03 :00 a.m.	<b>Pray for the destruction of the works of the devil in Cameroon and in the nations</b> <ul style="list-style-type: none"><li>- Let us cancel and condemn all unfruitful works of darkness (list them) in Cameroon and in the nations, in the name of Jesus Christ. Indeed, it is written: <b><i>«...have no fellowship with unfruitful works of darkness, but rather expose them» Eph 5: 11.</i></b></li><li>- Let us proclaim the destruction of the works of the devil (list them) in Cameroon and in the nations because <b><i>« The reason the Son of God appeared was to destroy the works of the devil » 1 John 3: 8b</i></b></li></ul>
04 :00 a.m.	<b>Pray for the medical authorities in Cameroon and in the nations</b> <ul style="list-style-type: none"><li>- Let us entrust to the Holy Spirit the Ministry of Public Health of Cameroon, the infrastructures and all the medical personnel (name them) so that the will of God may be done for the well-being of the sick. <b>Prov 22: 6</b></li><li>- <b><i>Mark 1: 34 «... He healed many who were sick with various diseases, and cast out many demons».</i></b> So, let us give thanks to God for the healing of the sick and the demon-possessed, for the medical profession and the</li></ul>



	people who assist these patients.
05 :00 a.m.	<p><b>Pray for orphans and widows in the nations</b></p> <ul style="list-style-type: none"> <li>- Let us pray for orphans and widows (name them) so that they believe in Jesus Christ and that no one should abuse their rights. Indeed, <b>« A father of the fatherless, a defender of widows, is God in His holy habitation » Ps 68: 5</b></li> <li>- <b>Psalm 128: 2 « You then enjoy the work of your hands, you are happy, you prosper »</b>. Let us proclaim this word in the lives of orphans and widows (name them) so that nothing should prevent them from prospering and enjoying the work of their hands.</li> </ul>
06 :00 a.m.	<p><b>Pray for the Ministry of Territorial Administration of Cameroon and of nations</b></p> <ul style="list-style-type: none"> <li>- Let us praise the Holy Spirit for His dominion in the Ministry of Territorial Administration of Cameroon and its staff, the infrastructure and institutions involved. <b>Prov 22 : 6</b></li> <li>- Let us destroy any demonic altar erected in public places in Cameroon (Crossroads, Hospitals, markets, schools, etc.) and let us bind the strong men who are there, in the name of Jesus Christ. <b>Hosea 10: 2 «The Lord will break down their altars, He will spoil their images ».</b></li> </ul>
07 :00 a.m.	<p><b>Pray for those who announce the gospel in the nations</b></p> <ul style="list-style-type: none"> <li>- Let us give thanks to God for the perseverance of the workers of the Lord's harvest and for the salvation of a multitude of souls. <b>« And they continued steadfastly in the apostles' doctrine and fellowship, in the breaking of bread, and in prayers » Acts 2: 42</b></li> <li>- Let us pray that the Holy Spirit will strengthen every worker in the Lord's harvest in times of weakness, trial and temptation, for <b>« he who endures to the end shall be saved » Matthew 24: 13</b></li> </ul>
08 :00 a.m.	<p><b>Pray for the Ministry of Employment of Cameroon</b></p> <ul style="list-style-type: none"> <li>- Let us raise our hands to the Lord, praise Him and rejoice for the impact of the presence of His children in enterprises in Cameroon and for the noble jobs already existing in Cameroon. <b>Amos 9 :14</b></li> <li>- Let us pray that the Ministry of Employment of Cameroon will work in justice and the creation of jobs for all. <b>« You then enjoy the work of your hands, you are happy, you prosper » Psalm 128:2</b></li> </ul>
09 :00 a.m.	<p><b>Pray for the expansion of the Kingdom</b></p> <ul style="list-style-type: none"> <li>- Let us pray that the grace which has been given to each of us according to the measure of Christ's gift will be utilized <b>«for the equipping of the saints for the work of ministry, for the edifying of the body of Christ » Eph 4: 7, 12.</b></li> <li>- Let us pray for the vision and missions of the MEM movement and the Church in Cameroon so that each member may adhere to it and contribute effectively. <b>Is 54 : 2-3</b></li> </ul>
10 :00 a.m.	<p><b>Pray for infertile couples</b></p> <ul style="list-style-type: none"> <li>- <b>1 Thess 5: 18 « In everything give thanks; For this is the will of God in Christ Jesus for you »</b>. Let us give thanks to God for the trials</li> </ul>





	<p>that infertile couples are currently going through (list the names), for the victory is already won in the name of Jesus Christ.</p> <ul style="list-style-type: none"><li>- Let us revoke all decrees of sterility, division, sickness and early death in couples looking for a child in the name of Jesus Christ. <b>Isaiah 54 : 17</b></li></ul>
11 :00 a.m.	<p><b>Pray for the projects of MEM and of the Church in Cameroon</b></p> <ul style="list-style-type: none"><li>- Let us pray that the multiple plans which the children of God have in their hearts will find grace in the eyes of our Father who is in heaven. Indeed, <b>«There are many plans in a man's heart, nevertheless the Lord's counsel that will stand » Prov 19: 21.</b></li><li>- Let us pray that Christians renounce any project that does not conform to God's will for their lives and that they allow themselves to be instructed by the Holy Spirit in order to carry out God's plans for each of them because <b>« The preparations of the heart belong to man, but the answer of the tongue is from the Lord » Prov 16: 1</b></li></ul>
12 :00 p.m.	<p><b>Pray for the knowledge of the Truth at MEM and in the Church</b></p> <ul style="list-style-type: none"><li>- <b>John 8: 32 « And you shall know the truth, and the truth shall make you free »</b>; let us praise the Lord Jesus who has set us free by revealing to us the truth of His Gospel.</li><li>- Let us pray that the Holy Spirit will always grant us the knowledge we need to be truly free from the lies and snares of the enemy because the Lord says, <b>« My people are destroyed for lack of knowledge » Hosea 4: 6</b></li></ul>
01 :00 p.m.	<p><b>Pray for God's Justice in the Nations</b></p> <ul style="list-style-type: none"><li>- Let us praise the Holy Spirit for the leaders of the ministries of justice in the nations to grant them more wisdom and intelligence in the implementation of Justice according to God for the nations. <b>1 Tim 2: 2</b></li><li>- Let us implore our Lord Jesus to bring His justice to prisons and let us bring to light the networks of corruption and injustice that imprison people abusively because <b>«Righteousness exalts a nation, but sin is a reproach to any people » Prov 14: 34</b></li></ul>
02 :00 p.m.	<p><b>Pray for funding for the Gospel in the Nations</b></p> <ul style="list-style-type: none"><li>- Let us raise excellent thanks to the Lord for the financial and material provision He makes available to Christians for the proclamation of the gospel in the world. <b>Haggai 2: 8</b></li><li>- Let us cancel every decree of poverty in the treasury of evangelism ministries and in the life of every member of the Body of Christ; <b>« The silver is mine, and the gold is mine, says the Lord of hosts » Haggai 2: 8</b></li></ul>
03 :00 p.m.	<p><b>Pray for unity in the Body of Christ</b></p> <ul style="list-style-type: none"><li>- Let us pray for the unity of faith and knowledge of the Son of God in the MEM movement and in the Church of Christ on earth. <b>Eph 4 :13</b></li><li>- Let us pray for mutual forgiveness among Christians as indicated in <b>Col 3: 13 « bearing with one another, and forgiving one another, if anyone has a complaint against another; even as Christ forgave you, so you also must do ».</b></li></ul>





04 :00 p.m.	<p><b>Pray for the deliverance of the captives of poverty</b></p> <ul style="list-style-type: none"> <li>- Let us pray that the love of God will be manifest in words and deeds in Cameroon and in the world. Indeed, « <b><i>whoever has this world's goods, and sees his brother in need, and shuts up his heart from him, how does the love of God abide in him?</i></b> » <b>1 John 3:17.</b></li> <li>- Let us pray so that each destitute person may turn to the light (Christ) and not to the darkness in order to find his/her daily bread because « <b><i>Who executes justice for the oppressed, who gives food to the hungry. The Lord gives freedom to the prisoners</i></b> » <b>Ps 146: 7.</b></li> </ul>
05 :00 p.m.	<p><b>Pray for the healing of sexually abused people around the world</b></p> <ul style="list-style-type: none"> <li>- Let us revoke all trauma caused by the sexual abuse on young people so that they will be healed in their hearts and let us pray for the conversion of the perpetrators of this abuse. « <b><i>Behold, I will bring it health and healing; I will heal them and reveal to them the abundance of peace and truth</i></b> » <b>Jer 33:6.</b></li> <li>- <b>1 John 3: 8b « The reason the Son of God appeared was to destroy the works of the devil ».</b> Let us proclaim the destruction of the works of the devil on abused people, including sexual abuse, sects, drugs, homosexuality, lesbianism, pedophilia, theft, laziness, etc.</li> </ul>
06 :00 p.m.	<p><b>Pray for the international relations of Cameroon</b></p> <ul style="list-style-type: none"> <li>- Let us thank the Holy Spirit for the leaders of the Ministry of Foreign Relations to grant them more wisdom and intelligence in diplomatic relations between Cameroon and other nations. <b>1 Tim 2: 2</b></li> <li>- Let us stop all pernicious interference in the multiple crises that Cameroon is going through and let us pray for a fair collaboration between Cameroon and other States. <b>Luke 14: 32.</b></li> </ul>
07 :00 p.m.	<p><b>Pray for the Ministries of Education in Cameroon and in the nations</b></p> <ul style="list-style-type: none"> <li>- For the ministries in charge of education in Cameroon and in the nations, let us bless the Lord and pray that wisdom and intelligence will be granted to all those involved in education for a well-educated and upright people. <b>1 Tim 2: 2</b></li> <li>- Let us proclaim a peaceful and successful school year with a multitude of souls saved in schools in Cameroon and in the nations because God « <b><i>desires all men to be saved and to come to the knowledge of the truth</i></b> ». <b>1 Tim 2: 4</b></li> </ul>
08 :00 p.m.	<p><b>Pray for those saved today</b></p> <ul style="list-style-type: none"> <li>- For those who have confessed Jesus Christ as Lord today, let us bless our God and pray for their spiritual growth so that they may be true disciples of Christ and bear abundant fruit, for <b>Matthew 28: 19a</b> says : « <b><i>Go therefore and make disciples of all the nations...</i></b> ».</li> <li>- Let us cancel all the plans of the world of darkness on the new converts (discouragement, ignorance, etc.) and let us proclaim the realization of God's plans in their life (prosperity, health, peace, joy etc.). Indeed, « <b><i>For I know the thoughts that I think toward you, says the Lord, thoughts of peace and not of evil, to give you a future and a hope</i></b> » <b>Jer 29: 11</b></li> </ul>



09 :00 p.m.	<b>Pray for prisoners in Cameroon</b> <ul style="list-style-type: none"><li>- Let us sing and celebrate the Lord Jesus who strengthens the faith of the beloved in prison so that they announce the Gospel there with boldness. Indeed, « <b>at midnight Paul and Silas prayed, and sang praises unto God, and the prisoners heard them,... and every one's bands were loosed</b> » <b>Acts 16: 25-34.</b></li><li>- Let us pray for the improvement of prison conditions and for the impact of the Gospel in the prisons of Cameroon. <b>Acts 16: 25 - 31</b></li></ul>
10 :00 p.m.	<b>Pray for transport in Cameroon and around the world</b> <ul style="list-style-type: none"><li>- Let us proclaim the dominion of the Holy Spirit over the decrees and decisions taken in connection with transport in Cameroon and in the nations because « <b>The name of the Lord is a strong tower: the righteous run to it and are safe</b> ». <b>Prov 18 : 10</b></li><li>- Let us be grateful for all the means of transport in service in Cameroon (land, rail, air and maritime transport) and let us pray that they will be used for an efficient and safe transport of people and goods. « <b>God is our refuge and strength, a very present help in trouble</b> » <b>Ps 46: 2.</b></li></ul>
11 :00 p.m.	<b>Let us pray for the reign of Christ in our families</b> <ul style="list-style-type: none"><li>- Let us pray for unity within our families, dialogue, truth, forgiveness, reconciliation, fidelity and love in couples and families (name them) and let us proclaim the reign of Christ. <b>1 Cor 3: 11</b></li><li>- Let us pray to the Lord so that the Holy Spirit will fill us with the fear of God and enable us to pray as a family continually as Corneille and his family did : « <b>a devout man and one who feared God with all his household,...and prayed to God always</b> » <b>Acts 10: 2</b></li></ul>



## SUBTHEMES OF THE MONTH

1. **'God is with you every day'**  
(Matthew 28:20)
2. **'Honour God with your character, be humble'**  
(Matthew 18 :4)
3. **'Honour God with the heart of a child'**  
(Matthew 18 :4)
4. **'Character is the recipient that receives the anointing'**  
(1 Corinthians 3:16)
5. **'Your humility will make you prosper'**  
(Philippians 2: 6-8)

These sub-themes are provided for you to read more carefully while having your Bible close to you. Take notes that will help you to meditate in depth on the message that the Lord will give you personally.

You can join us through the 15 cells in Cameroon and 2 cells abroad (Central Africa and Canada). You can also do it virtually through the live broadcasts on our FaceBook page 'mercredi en montagne' at the indicated times, and the replay on our YouTube page 'mercredi en montagne'. In this way you will be able to commune with brothers and sisters who have the same passion as you: to discover the greatness of the love of our Lord and Saviour Jesus Christ and to be submitted to Him.

If you have any questions related to these teachings or outside of them, or if you need prayer, please contact us.

Our contacts: +237 672 901 907 / 697 610 026 /  
678 547 556

Glory to God who works mightily!





October  
2022

**MESSAGE  
OF THE  
MONTH:  
OCTOBER  
2022**

Jesus Christ announced to His disciples that He will be always with them until the end of the world (Matthew 28:20). Indeed, He is present through the Holy Spirit who has come to dwell in you. Know that He is the first to undergo your character. Honour Him, be humble  
« *Therefore whoever humbles himself as little child is the greatest in the kingdom of heaven* » **Matthew 18:4 (NKJV).**

**DETAILED  
PROGRAM :**

Wed. 28 <sup>th</sup> September	<ul style="list-style-type: none"> <li>✓ Bible study of the week</li> <li>✓ Praise – Worship – Testimonies, Announcements – Thanksgiving – Intercession</li> <li>✓ Subtheme 1 : <b>'God is with you every day'</b> (Matthew 28:20)</li> <li>✓ Group Prayer, Reception and Closing</li> </ul>
Wed. 05 <sup>th</sup> October	<ul style="list-style-type: none"> <li>✓ Bible study of the week</li> <li>✓ Praise – Worship – Testimonies, Announcements – Thanksgiving – Intercession</li> <li>✓ Subtheme 2 : <b>'Honour God with your character, be humble'</b> (Matthew 18 :4)</li> <li>✓ Group Prayer, Reception and Closing</li> </ul>
Wed. 12 <sup>th</sup> October	<ul style="list-style-type: none"> <li>✓ Bible study of the week</li> <li>✓ Praise – Worship – Testimonies, Announcements – Thanksgiving – Intercession</li> <li>✓ Subtheme 3 : <b>'Honour God with the heart of a child'</b> (Matthew 18 :4)</li> <li>✓ Group Prayer, Reception and Closing</li> </ul>
Wed. 19 <sup>th</sup> October	<ul style="list-style-type: none"> <li>✓ Bible study of the week</li> <li>✓ Praise – Worship – Testimonies, Announcements – Thanksgiving – Intercession</li> <li>✓ Subtheme 4 : <b>'Character is the recipient that receives the anointing'</b> (1 Corinthians 3:16)</li> <li>✓ Group Prayer, Reception and Closing</li> </ul>
Wed. 26 <sup>th</sup> October	<ul style="list-style-type: none"> <li>✓ Bible study of the week</li> <li>✓ Praise – Worship – Testimonies, Announcements – Thanksgiving – Intercession</li> <li>✓ Subtheme 4 : <b>'Your humility will make you prosper'</b> (Philippians 2 : 6-8)</li> <li>✓ Group Prayer, Reception and Closing</li> </ul>

**THE + OF  
THE MONTH**

- ∠ Proclamations of October 2022
- ∠ October 2022 Bible reading calendar in one year



SUBTHEME 1

WEDNESDAY 28<sup>TH</sup>  
SEPT 2022

'GOD IS WITH YOU EVERY DAY'

Say these prayers as a family: from « 28<sup>th</sup> Sept to 4<sup>th</sup> October »

- 1- Father, I thank you for the permanent presence of the Holy Spirit in my life and in the lives of many others (list)
- 2- Father, I pray that my conscience and that of others will be active and that nothing will grieve the Holy Spirit in our lives.

**Matthew 28: 20b NKJV**

**A**nd behold, I am with you always, even to the end of the age». Jesus Christ, seeing the challenges his disciples would face every day, gave them the above word to mark His faithfulness. He spoke so that no one would be unaware of it. This is information to be taken very seriously. The Almighty God is with you! The Lord is with you everywhere and every day, he is there when you sleep, walk, work, whatever you do, he is with you! **(Psalms 139: 1-3 NKJV): « O Lord, You have searched me and known me. You know my sitting down and my rising up; you understand my thought afar off. You understand my path and my lying down and are acquainted with all my ways ».** King David understood the hard way that he cannot run away from God.

You must ask yourself why you are reminded of God's promise to be with you every day! It is so that you are aware of his permanent presence in your life and that you pay attention to the actions you take, to the attitude you have in every situation you face. **(Hebrews 4:13 NKJV): And there is no creature hidden from His sight, but all things are naked and open to the eyes of Him to whom we must give account**». He wants you to watch your temper so that you do not despise Him. He is the first to suffer your bad words, to receive your blows, because he is always with you. Even if no one hears you whisper, he hears you. He is faithful in all his promises: **(Hebrews 13:5b NKJV) « I will never leave you nor forsake you ».** Receive this promise and pray: 'Father, I thank you for your glorious presence in my life, I accept that you are always and everywhere with me and in Jesus' name I walk in this consciousness'..

Remembering that God is with you reassures you and keeps you alert and respectful of Him. Very often there are moments of great pressure, you have



the impression that everyone is against you, the pressure rises. You can break down and say anything. Know that the Holy Spirit is with you to help you, talk to Him about everything and you will feel at ease. **(John 14:15-18 NKJV)** « *If you love Me, keep My commandments. And I will pray the Father, and He will give you another Helper, that He may abide with you forever—the Spirit of truth, whom the world cannot receive, because it neither sees Him nor knows Him; but you know Him, for He dwells with you and will be in you. I will not leave you orphans; I will come to you* ». In Christ you receive the Spirit of peace who dwells with you forever. You are never alone, He does not leave you orphaned. Consider His presence and be calm in the face of all your daily challenges.

He is with you to help you remain at peace in the face of all adversity. He helps you to control your emotions and remain calm when the situation causes you to become agitated. He helps you to control yourself and avoid abusive language. If you let him, he will totally transform your character into the likeness of Christ: **(Galatians 5 :22 NKJV)** « *But the fruit of the Spirit is love, joy, peace, longsuffering, kindness, goodness, faithfulness, gentleness, self-control* ». The Holy Spirit will infuse your spirit with his character and through a life of total surrender to God, of deep meditation on his Word, you will manifest the fruit of the Spirit. Then raise your voice and pray: 'Father, I surrender to you, by your Holy Spirit, neutralize in me any character that dishonours you. Help me to show patience, self-control, peace, faithfulness, gentleness, joy and love.

**Receive this  
prayer and  
say Amen !**

*I proclaim Jesus Christ, Lord of your life. You enjoy the abiding presence of the Holy Spirit (Emmanuel) in your life. I proclaim your total submission to His leadership, your obedience to His way to total transformation in Jesus' name!*

Meditation texts	Thursday	29/09/22	Matthew 28 : 1-10
	Friday	30/09/22	Matthew 28 : 11-20
	Saturday	1 <sup>st</sup> /10/22	Psalms 139 : 1-10
	Sunday	02/10/22	Psalms 139 : 11-18
	Monday	03/10/22	Hebrews 4 : 1-13
	Tuesday	04/10/22	Hebrews 13 : 1-6
	<u>To be shared :</u> <b>Hebrews 1-2</b>		



SUBTHEME 2

WEDNESDAY 05<sup>TH</sup>  
OCTOBER 2022

'HONOUR GOD WITH YOUR  
CHARACTER, BE HUMBLE'

Say these prayers as a family: from the 5<sup>th</sup> to 11<sup>th</sup> of October

- 1- Father, I repent for every form of pride manifested consciously or unconsciously and I pray that the same may be done for my brothers in faith and blood.
- 2- Lord, grant me the grace to work my character into the likeness of Christ. Grant the same grace to my family members.
- 3- Father, I choose to live in total humility in Jesus' name.

**Matthew 18:4 NKJV**

**Therefore whoever humbles himself as this little child is the greatest in the kingdom of heaven».**

Jesus Christ again speaks to His disciples about an important key to experiencing His abiding presence, the fullness of God and the fulfilment of the promises. This key is found in these Bible verses: ***(Matthew 18:3-5 NLT) « Then he said, "I tell you the truth, unless you turn from your sins and become like little children, you will never get into the Kingdom of Heaven. So anyone who becomes as humble as this little child is the greatest in the Kingdom of Heaven. And anyone who welcomes a little child like this on my behalf is welcoming me».*** The Lord Jesus Christ clearly says that unless you change and become like a child, you will not enter the kingdom of heaven, you will not experience the rest of the Lord. His Spirit will be grieved, He will not play His helping role in your life. Yes, the Holy Spirit is an indispensable helper in living God's promise. ***(John 16: 13-14 ESV) « When the Spirit of truth comes, he will guide you into all the truth, for he will not speak on his own authority, but whatever he hears he will speak, and he will declare to you the things that are to come. <sup>14</sup> He will glorify me, for he will take what is mine and declare it to you».*** Beware! An untreated character can cause you to do evil things that will grieve the Holy Spirit. This will be contempt!

If you do not change and become like children," Jesus Christ invites you to a change of character. Yes, it concerns you, you have inherited the vain way of life of your ancestors, you must be aware of it and desire a true transformation. Examine your character, the way you usually react in specific situations. Are you impulsive, repulsive, proud, smug, arrogant, sly,





cunning, gentle, calm, angry? How can you be described? You have ways of reacting that frustrate and alienate the people around you, which saddens the Holy Spirit. Ask the Father to help you identify these so that you can achieve true transformation: 'Father, I recognise that my way of behaving in situations is not in accordance with your will, I am ready for a real transformation in order to be like Christ, I need the help of the Holy Spirit'.

Another important point is that Jesus Christ asks you to become like children! He does not ask you to do the whims of children, even less to fall back into their weaknesses, their fragility. A child is the symbol of dependence, he has no power or status, he depends on his parents. You must be before God the Father as a child and depend totally on Him. In your life, it is the will of the Heavenly Father that must count, it is the guidance of the Holy Spirit that you must follow. This is humility. Jesus Christ said: **(Matthew 11:29b NKJV) « I am gentle and lowly in heart... »**. Jesus Christ had the heart of a child, he did nothing without submitting to His Father, and he was accountable to Him. He could as the Son of God do without this principle and assert his status, but : **(Philippians 2 : 6-8 ESV) « who, though he was in the form of God, did not count equality with God a thing to be grasped, but emptied himself, by taking the form of a servant, being born in the likeness of men. And being found in human form, he humbled himself by becoming obedient to the point of death, even death on a cross»**. Look at each underlined sentence and learn like Jesus Christ to humble yourself. If you do this work in depth, you are honouring God.

**Receive this  
prayer**

*I proclaim for you a life of total dependence on the Holy Spirit. No rebellion or insubordination thrives in your life in Jesus' name.*

Meditation texts	Thursday	06/10/22	Matthew 18 : 1-9
	Friday	07/10/22	Matthew 18 : 10-20
	Saturday	08/10/22	John 14 : 15-24
	Sunday	09/10/22	Galatians 5 : 16-26
	Monday	10/10/22	Matthew 11 : 25-30
	Tuesday	11/10/22	Philippians 2 : 1-11
<u>To be shared :</u> <b>Hebrews 3</b>			



SUBTHEME 3

WEDNESDAY 12<sup>TH</sup>  
OCTOBER 2022

**'CHARACTER IS THE RECIPIENT THAT  
RECEIVES THE ANOINTING'**

Say these prayers as a family: from the 12<sup>th</sup> to the 18<sup>th</sup> of October

- 1- Father, I thank you for the anointing you give to me and to all those you have chosen to do your work on this earth.
- 2- I pray that my character and that of my brothers (quote) will be shaped to receive and keep the anointing you have given us.

**1 Corinthians 3:16 NKJV**

**D**o you not know that you are the temple of God and that the Spirit of God dwells in you ?»

The Spirit of God dwells in you, the greatest authority in heaven and earth, what grace! Yes, when you accept Jesus Christ as Lord of your life, the Holy Spirit comes to give life to your spirit. You are saved immediately because your spirit that was dead comes back to life: **(Colossians 2:13a NKJV) « And you, being dead in your trespasses and the uncircumcision of your flesh, He has made alive together with Him ».** You can see into the spiritual, hear the voice of the Lord, follow Him and do His will. You are set apart, anointed to do His will: **(1 John 2:20 NKJV) « But you have an anointing from the Holy One, and you know all things».**

The anointing of God is the glorious presence of the Holy Spirit. It is the holy oil, invisible to men, which the Lord pours on all those who open their hearts to him. It is the anointing that makes possible the work of God through a life: **(Luke 4 : 18-19 NKJV) « The Spirit of the Lord is upon Me, Because He has anointed Me To preach the gospel to the poor; He has sent Me to heal the brokenhearted, To proclaim liberty to the captives And recovery of sight to the blind, To set at liberty those who are oppressed; To proclaim the acceptable year of the Lord ».** Jesus Christ, the Son of God, was anointed for His mission on earth (Acts 10:38). You too are chosen and anointed by the Father for the mission. All the spiritual power you can give off comes from the anointing you carry. Are you aware of this? Everyone carries a particular anointing to live the life of God, but what makes some more active and effective than others? Several elements can influence the amount of anointing you carry: the size of the mission: *the greater your mission, the stronger your anointing; your own sanctification: allows the anointing to unfold; your total obedience: pleases God and prompts Him to*



increase the anointing you bear; your depth with God: *activates the fullness of the Holy Spirit*; your awareness of the mission you are to accomplish: *gives value to the anointing*. You have your part to play in bringing the anointing you carry to its fullest potential. It is God who gives the anointing but you must receive it and take care of it. **(1 Corinthians 3:16 ESV)** « **Do you not know that you<sup>[s]</sup> are God's temple and that God's Spirit dwells in you**». Don't play with your body, don't defile it and watch over your soul. Samson had played with the anointing, he let his feelings take control and he died: **(Judges 16:20-21 NKJV)** « **And she said, "The Philistines are upon you, Samson!" So he awoke from his sleep, and said, "I will go out as before, at other times, and shake myself free!" But he did not know that the Lord had departed from him. Then the Philistines took him and [d]put out his eyes, and brought him down to Gaza. They bound him with bronze fetters, and he became a grinder in the prison**».

Your soul is all your emotions, your feelings, your will; it is what forges your character. That is why the Lord gives you this recommendation: **(1 Peter 1:15-16 NKJV)** « **but as He who called you is holy, you also be holy in all your conduct, because it is written, "Be holy, for I am holy**». Be holy in your conduct, manifest the divine holiness even in your character: **(Galatians 5:22 NKJV)** « **But the fruit of the Spirit is love, joy, peace, longsuffering, kindness, goodness, faithfulness, gentleness, self-control.** ». You must be gentle and humble like Jesus Christ for the anointing to teach and uplift you. You must be joyful, loving, peace-seeking, self-controlled and the anointing will draw souls, unfold in all its power. Your character is like a vessel that carries the anointing. The closer it is to the character of Christ, the more it is filled with anointing.

**Receive and  
say Amen !**

*Receive the power of God to transform your character.  
Receive the anointing for ministry in Jesus' name. Amen !*

Meditation texts	Thursday	13/10/22	1 Corinthians 3 : 8-17
	Friday	14/10/22	Colossians 2 : 8-15
	Saturday	15/10/22	1 John 2 : 18-29
	Sunday	16/10/22	Luke 4 : 14-22
	Monday	17/10/22	Judges 16 : 1-9
	Tuesday	18/10/22	Judges 16 : 10-21
<u>To be shared :</u> <b>Hebrews 4-5</b>			



SUBTHEME 4

WEDNESDAY 19<sup>TH</sup>  
OCTOBER 2022

'HONOUR GOD WITH THE HEART  
OF A CHILD'

Say these prayers as a family: from the 19<sup>th</sup> to 25<sup>th</sup> of October:

- 1- Father, I humble myself before you and I expose my heart to you so that you may cleanse it of all filth.
- 2- I present myself and my family to you and I desire for them and for myself the hearts of children, teachable in the name of Jesus.

**Matthew 18:4 NKJV**

**T**herefore whoever humbles himself as this little child is the greatest in the kingdom of heaven».

The followers of Jesus Christ walk together, do many things with their master. They see that there is equal treatment and power among them. So they want to see who among them will be the most elevated. Jesus answers them: **(Matthew 23:11 NKJV) « But he who is greatest among you shall be your servant »**. What a contrast with human customs! The greatest should be the one who dominates the most! The one who is the most senior, the most educated, the richest or the oldest! Christ asks that the greatest be the servant! The one who works hardest in the service of others. This response of Jesus Christ reflects the mind of God, which is far from human thinking. Only those who have a teachable heart and accept God's mind, His perfect will, can agree with Him.

**Then Jesus called a little child to Him, set him in the midst of them» (Matthew 18:2 ESV)**. Jesus leaves all adults with their knowledge, intellect, skills, experiences and calls a little child, a very young person, who is at the age of learning. A person who can easily give himself and trust him completely. He presents him as a model to follow!

Jesus Christ had this childlike heart, He valued the role of the father in the life of a child. He abandoned himself totally to his Father and knew how to refer to Him. He presented God to people as a father and not as a god **« In this manner, therefore, pray: Our Father in heaven, Hallowed be Your name» (Matthew 6:9 NKJV)**.

God makes all those who receive His Word His children. **(John 1:12-13 NKJV) « But as many as received Him, to them He gave the right to become children of God, to those who believe in His name: who were born,**



*not of blood, nor of the will of the flesh, nor of the will of man, but of God». The Father has begotten His children with the ability to manifest His nature, His character. You become a child of God by His will and He puts in you everything that will make you a child in His eyes. : **(Ezekiel 36:26 NKJV) « will give you a new heart and put a new spirit within you; I will take the heart of stone out of your flesh and give you a heart of flesh »**. He means here, I will give you a heart that is able to obey me totally and do my will. Pray to be that model: 'Father, I accept your heart and am willing to manifest your teachable character'*

***(John 4:34 NKJV) « Jesus said to them, "My food is to do the will of Him who sent Me, and to finish His work »**. The heart of Jesus is that of a person who takes pleasure in doing God's work, relentlessly and without complaint, with love. A heart that is totally submitted to the Heavenly Father and that learns every day and seeks to improve, Jesus learned from his physical father Joseph the carpenter. You must refuse that heart that spends time criticizing people, that sees itself above others. Refuse to be that person who covets the elevation, the position of others. Don't be a proud spiritual person, who already knows enough of the Word and has little to learn, who already has many revelations and is not renewed. Reject the heart that does not accept being challenged or criticized, that thinks it knows everything. Honour God with the heart of a child, he loves them: **(Mark 10:14) « Let the little children come to Me, and do not forbid them; for of such is the kingdom of God »**.*

**Receive this  
prayer and  
say Amen !**

*Under the authority and power of Jesus' name, I break every form of pride in you and call the promised new heart into your life in Jesus' name. Amen !*

Meditation texts	Thursady	20/10/22	Matthew 23 : 1-12
	Friday	21/10/22	1 Peter 1 : 13-25
	Saturday	22/10/22	Matthew 6 : 7-15
	Sunday	23/10/22	Ezekiel 36 : 22-30
	Monday	24/10/22	John 4 : 28-38
	Tuesday	25/10/22	Mark 10 : 13-16
	To be shared : <b>Hebrews 6</b>		



SUBTHEME 5

WEDNESDAY 26<sup>TH</sup>  
OCTOBER 2022

**'YOUR HUMILITY WILL MAKE YOU  
PROSPER'**

Say these prayers as a family: from 26<sup>th</sup> October to the 1<sup>st</sup> of November:

- 1- Father, I humble myself before you for myself and my family, I ask forgiveness for all the acts of disobedience we have done
- 2- I am willing and I pray that the same will happen to my whole family, to live a life of total humility in Jesus' name.

**Philippians 2: 6-8 ESV**

**W**ho, though he was in the form of God, did not count equality with God a thing to be grasped, but emptied himself, by taking the form of a servant, being born in the likeness of men. And being found in human form, he humbled himself by becoming obedient to the point of death, even death on a cross»

Jesus Christ is a leader of all generations, He is taken as an example by non-believers in their management books. You can see from the gospels that Jesus Christ did not blame his bravery on himself: **(John 14: 10b ESV) « The words that I say to you I do not speak on my own authority, but the Father who dwells in me does his works »**. Here He recognizes that it is His Father who does His works through Him. This gives glory to God. Similarly, if you work in a company, attribute your successes to your work team; do not try to show that you are the one who brings success. Value your colleagues or subordinates. If you are proud, you will be confused when people see that without you the company has prospered. Remember that it is God who gives success and he can do it with other people. There will always be someone better than you in whatever field you are in. Learn to put yourself aside so that others can be appreciated. If you do, you will be greater than the person who is raised by your humility: **(Luke 14:11a) « For whoever exalts himself will be humbled»**.

**(Luke 14:11b) « and he who humbles himself will be exalted »**. God promises to elevate, in other words to promote, to make known, to distinguish, to reward, the one who humbles himself. If you are humble, God will prosper you, no matter how long it takes, God is faithful. He will



order men to give you their favour. And the humble person is the one who gives glory to God by recognizing that he cannot do anything without Him. A humble person knows how to value his partners or fellow workers, those who are smaller or less qualified than he is. He cares for all and helps all without exception. God loves such people. To appreciate your degree of humility, look at whether you know how to collaborate with others; whether you know how to ask for forgiveness from people; whether you ask for help or whether you like to do things alone; whether you are used to hiding your skills. If you don't know how to recognize your weaknesses, let alone admit them, examine your attitudes carefully and change. Lift up this prayer: *'Father, I acknowledge in many ways such as (quote...) that I am not humble. I pray that every form of pride in me will fall. Lord, I come to draw from you the grace to walk in humility and I am willing to manifest it all my life in Jesus' name. Amen!'*

***(1 Peter 5:5 NKJV) « Likewise you younger people, submit yourselves to your elders. Yes, all of you be submissive to one another, and be clothed with humility, for God resists the proud, but gives grace to the humble ».*** A humble person submits easily and is willing to learn from everyone, old and young. This person grows faster and receives God's favour: ***(James 4:6a) But He gives more grace***». Jesus Christ humbled Himself and the Father exalted Him above every name. This is the blessing attached to humility. Be humble of heart and receive the excellent grace of elevation and prosperity in all areas of your life.

**Receive this  
prayer and  
say Amen !**

*I take authority over your life and destroy all forms of pride in Jesus' name. I call for the manifestation of God's character-changing power so that you may be humbled and prosper. Amen !*

Meditation texts	Thursday	20/10/22	John 14 : 1-12
	Friday	21/10/22	Luke 14 : 7-14
	Saturday	22/10/22	Luke 14 : 15-24
	Sunday	23/10/22	1 Peter 5 : 5-11
	Monday	24/10/22	James 4 : 1-10
	Tuesday	25/10/22	James 4 : 11-15
<u>To be shared:</u> <b>Hebrews 7</b>			



Beloved, use these lines to write down the highlights during the teachings and also your related prayer points

This image shows a full page of white paper with horizontal blue dashed lines. The lines are evenly spaced and run across the width of the page, providing a guide for handwriting practice. There are no margins, text, or other markings on the page.



October  
2022

## PROCLAMATIONS OCTOBER 2022

« *And Jesus said to him, "Today salvation has come to this house, » (Luke 19:9a NKJV).* Glory to God! Jesus' entry into Zacchaeus' home triggered salvation in his life and he was restored. If Jesus has entered your life as he did with Zacchaeus', proclaim with faith these words of restoration; Jesus is the answer to your prayers.

I praise you Father, for the grace you are giving me to know the year 2022;

I enter peacefully into the month of October 2022 with the elevation that the Heavenly Father has reserved for me, and for my entire family;

I am a son of God made in the image of Christ, copied from the divine model and produced in a unique copy;

Like Christ, I am humble, I do not seek vain glory, but I give glory at all times to my Heavenly Father;

I recognize deep inside me that everything I have or do is neither by my strength nor by my will, but it is by His Spirit who lives in me;

Like Christ, I am simple of heart, I do not suspect evil, but I sympathize unceasingly;

Like Christ, I am gentle. My presence is like fresh oil for those around me. I neither belittle them nor reject them; on the contrary, I raise them and I encourage them;

I constantly prepare myself to serve, great and small, no matter my social rank or my age;

As Christ recommended to me, I have a heart of a child, a teachable heart and dependent on the presence of his Father;

I do not allow myself to be distracted by my knowledge or my past experiences; I do not rely on my wisdom or the science of men, but I constantly consult my God for His direction;

In this month of October when the world celebrates teachers' day, I bless everyone who plays an educational role and I proclaim the favor of God in his/her life;

I declare the influence and impact of the Word of God in their lives and in the choice of lessons to be taught to learners;

I have the humility of Christ, a humility that is deep and which rejoices in the grace of God in the life of his neighbor; and I know, no matter the time, the hour of my elevation will come;

From January to December 2022, I and my household will serve the Lord!

I believe and I say "Amen"!



# **BIBLE READING CALENDAR IN ONE YEAR**

Beloved, your knowledge and intimacy with God comes through constant reading of the Bible, which is His Word. This calendar is proposed to you with a chronological plan of reading, morning and evening. Tick in front of each text for a better follow-up.

## **OCTOBER 2022**

Date		Old Testament	New Testament
Saturday	1	Psalms 119 : 89-136	2 Timothy 1
Sunday	2	Psalms 119 : 137-176	2 Timothy 2
Monday	3	Psalms 120 – 121	2 Timothy 3:1 – 4:8
Tuesday	4	Psalms 135 – 136	2 Timothy 4 : 9-22
Wednesday	5	2Kings 18:13 – 19:37 ; 2Chron 32:1-23	2 Peter 1
Thursday	6	Isaiah 36 – 37	2 Peter 2
Friday	7	2 Kings 20 : 1-11 ; Isaiah 38	2 Peter 3
Saturday	8	2 Kings 20 : 12-21; Isaiah 39; 2 Chr 32 :24-33	Hebrews 1
Sunday	9	Isaiah 40 – 41	Hebrews 2
Monday	10	Isaiah 42 – 43	Hebrews 3
Tuesday	11	Isaiah 44	Hebrews 4 : 1-13
Wednesday	12	Isaiah 45	Hebrews 4 :14 – 5 :10
Thursday	13	Isaiah 46 – 47	Hebrews 5 :11 – 6 :20
Friday	14	Isaiah 48 – 49	Hebrews 7
Saturday	15	Isaiah 50:1 – 52:12	Hebrews 8
Sunday	16	Isaiah 52:13 – 53:12	Hebrews 9
Monday	17	Isaiah 54:1 – 56:8	Hebrews 10 : 1-22
Tuesday	18	Isaiah 56:9 – 58:14	Hebrews 10 : 23-39
Wednesday	19	Isaiah 59 – 60	Hebrews 11 : 1-22
Thursday	20	Isaiah 61– 62	Hebrews 11 : 23-40
Friday	21	Isaiah 63 – 64	Hebrews 12
Saturday	22	Isaiah 65 – 66	Hebrews 13
Sunday	23	2Kings 21:1-18 ; 2Chr 33 :1-20; Nahum	Jude
Monday	24	2Kings 21 :19-26; 2Chr 33 :21-25; Zeph	John 1 : 1-18
Tuesday	25	2 Kings 22:1 – 23:30 ; 2Chr 34 – 35	John 1 : 19-51
Wednesday	26	Jeremiah 1 – 3	John 2
Thursday	27	Jeremiah 4–6	John 3 : 1-21
Friday	28	2 Kings 23:31 – 24:7 ; 2 Chr 36:1-8 ; Jer 7:1 – 8:17	John 3 : 22-36
Saturday	29	Jeremiah 8 :18 – 10 :25	John 4 : 1-42
Sunday	30	Jeremiah 11 – 13	John 4 : 43-54
Monday	31	Jeremiah 14 – 16	John 5 : 1-18



October  
2022

## PROGRAM OF 2022 MONTHLY MEETINGS

Date	Activity	Time
30 <sup>th</sup> October 2022	Praise/Sharing/Message + Prayer of the month	2:30pm-6:15pm
27 <sup>th</sup> November 2022	Praise/Sharing/Message + Prayer of the month	2:30pm-6:15pm

### ➤ MEN AT YADAH SPECIAL SEMINAR FOR MEN

**THURSDAY 20 TO SATURDAY 22 OCTOBER 2022 « 02P.M - 8:00P.M »**  
Info-line : 676 270 560 / 697 610 026

➤ 2<sup>ND</sup> ANNIVERSARY 'ATMOSPHERE OF HEALING'  
FRIDAY, 04<sup>TH</sup> NOVEMBER 2022 « 5:00PM - 8:30PM »  
Contact : 694 709 614 / 676 486 520

➤ 21 DAYS OF FASTING AND PROCLAMATIONS  
SPECIAL PROGRAM  
**FROM NOVEMBER 1<sup>ST</sup> TO 21<sup>ST</sup>, 2022**

➤ THE MESSENGERS OF THE GOOD NEWS  
**SUNDAY, 02<sup>ND</sup> OCTOBER 2022 « 03PM - 06PM »**  
Douala contact : 672 901 907 / 696 903 639

➤ ATMOSPHERE OF HEALING  
**FRIDAY, 07<sup>TH</sup> OCTOBER 2022 « 05:00PM - 07:30PM »**  
Contact : 694 709 614 / 676 486 520

➤ THE YOUTHS OF GLORY  
**SUNDAY, 09<sup>TH</sup> OCTOBER 2022 « 03PM - 06PM »**  
Douala contact : 676 718 955 ; Fouban : 694 143 032

➤ MASSIVE EVANGELISM OUTREACH  
**SATURDAY, 15<sup>TH</sup> OCTOBER 2022**  
IN FAMILIES AND ALL THE CELLS

➤ THE MEN OF GLORY  
**SUNDAY, 23<sup>RD</sup> OCTOBER 2022 « 03PM - 06PM »**  
Douala contact: 696 671 591 / 676 057 832

➤ THE CHILDREN OF GLORY  
**SATURDAY, 29<sup>TH</sup> OCTOBER 2022 « 02PM - 05PM »**  
Douala contact: 677 104 052 / 699 066 950

## THE VISION

My beloved, it is a grace and a privilege to be part of a great family of Christ. This family has God as a father and Jesus Christ as first born. The bible says « Yet to all who received him, to those who believed in his name he gave the right to become children of God » (John 1:12).

To maintain a good relationship from father to son, it becomes necessary and even indispensable to take time with God through fasting, prayer and meditation on the word of God.

This is the reason why under the divine inspiration in March 2012, the program called «*Mercredi en Montagne*» was born and brings together people from diverse backgrounds in prayer cells every Wednesday in a spirit of fasting.

## GOALS

- *Constitute prayer cells that welcome people who wish to deepen their relationship with God*
- *Establish a very large chain of national and international prayer every Wednesday.*
- *Impact lives, Restore homes, families, activities.*
- *Win souls to Christ and encourage them to find Christian assemblies for their edification.*

If you desire to join us in this divine mission, these are our contacts:

**Ndoghong Douala - Cameroon**

Tél : (00237) 697 547 726 / 676 036 054 / 656 670 707

**Yaoundé - Cameroon**

Tél : (00237) 693 873 582 / 679 559 959 / 697 840 404

**Bangangté - Cameroon**

Tél : (00237) 681 986 612

**Bafoussam - Cameroon**

Tél : (00237) 699 840 453 / 682 029 677

**Mbouda - Cameroon**

Tél : (00237) 677 162 463 / 677 430 348

**Bangou - Cameroon**

Tél : (00237) 677 388 740 / 674 972 728

**Ebolowa - Cameroon**

Tél : (00237) 674 097 467 / 677 445 362

**Foumban - Cameroon**

Tél : (00237) 699 816 746 / 677 478 335

**Baham - Cameroon**

Tél : (00237) 673 323 871

Site Web: [www.mercredienmontagne.com](http://www.mercredienmontagne.com)

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**Ari Douala - Cameroon**

Tél: (00237) 698 369 257 / 676 718 955

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**Dschang - Cameroon**

Tél: (00237) 675 682 167 / 694 829 785

**Bertoua - Cameroon**

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